

# SWIM ONTARIO MASTERS

March 28, 2018

Dear Swim Ontario Masters Community,

We are proud that in our first year of operation we now have over 850 swimmers registered with 29 clubs across Ontario. Swim Ontario Masters is a member of a broader Masters community, including organizations across Canada, Masters Swimming Canada, Swimming Canada, with partners in other countries and FINA. We have accomplished this by being part of one agreed upon governing body, and upgraded registration system that ensures we are all aligned, where we can all help each other to have fun and grow and we continue to appreciate the ongoing input we have received from the entire Ontario Masters swimming community. As always, we are open to feedback so please feel free to reach out to us with your thoughts and questions at [masters@swimontario.com](mailto:masters@swimontario.com).

## Swim Ontario “Move Us Forward” Project Membership Survey

Many of you will have noticed that Swim Ontario distributed a membership survey as part of a project to review the organizational structure and delivery focus of Swim Ontario. While there was an opportunity for Masters input, we realize that many of the elements did not relate directly to the Swim Ontario Masters swimming experience. We are endeavoring to develop a custom Swim Ontario Masters Survey and look for volunteers with relevant survey experience to help us in this process. We are particularly focused on gaining additional insight to the barriers around club registration and swimmer development.

## Swim Ontario Provincial Masters Swimming Championships Barrie May 4-6

Registration for the competition is open and swimmers are encouraged to enter at the following link. <http://swimontario.com/page.php?id=3253>

The Swim Ontario Provincial Masters Championships are being hosted by the Barrie Trojan Masters Swim Club at the East Bayfield Community Centre at 80 Livingstone St., East Barrie. The facility is an 8 lane 25 metre pool with OSB 11 starting blocks and a new Quantum timing system. The event will feature a Friday afternoon/evening session and two sessions each on Saturday and Sunday. The early bird deadline is Tuesday April 3<sup>rd</sup> and final deadline is Tuesday April 24<sup>th</sup>. There is limited space for the 1,500 and 800 so please enter early as it's on a first come, first served basis. Please promote the championships to your teammates. Let's have a great turnout for our first Swim Ontario Provincial Masters Championships!



Please help promote our Social, organized thanks to the support of Marijana Primorac Morawski. This very casual social will be held at Michael & Marion's, located just five minutes from the pool. It will feature live music and a casual buffet dinner, and will provide an opportunity to socialize with your fellow Masters swimmers.

89 Bayfield Street, Barrie, ON L4M 3A7

**MICHAEL & Marion's**  
THE INTIMATE IN CASUAL FINE DINING

**Food, Drinks, Live Music  
Saturday, May 5, 6 PM**

<sup>\$</sup>45 includes tax and tips - drinks extra  
INTERAC e-transfer to:  
**heather@swimontario.com**  
password: **swimming**

**PROVINCIALS SOCIAL**

#### **Canadians Masters Championships Calgary Alberta May 19 to 21<sup>st</sup>**

Masters Swimming Canada is hosting the Canadian Masters Championships at the Repsol Sports Center in Calgary from May 19-21. For more information and to register for the event, please go to - <https://www.mastersswimmingcanada.ca/WP/en/2018-msc-nationals/registration/>

#### **EOMAC Semi Serious Meet March 11th**

Thank you to the Etobicoke Olympium Masters Aquatic Club for their support in hosting the first Swim Ontario Masters invitational competition. The event was well attended, featured three provincial records and a lot of fun, especially in the 'semi serious' portion of the event. Special thanks to all the volunteers, including the meet manager Bud Seawright, Steve Goodwin for running the event and Cameron Dewar as the Competition Coordinator. Results can be found at - <https://www.swimming.ca/en/meet/22636/>

National Records were set by Len Gushe in the 200 free 2:06.05 and 400 free 4:26.81 in the 55-59 age group. A provincial record was set by Katie Osborne in the Women's 50 Free 29.31 in the 55-59 age group.

Congratulations to all swimmers and, of course, the Semi Serious winners from EOMAC in the photo below!!



### **Calling all Swim Ontario Masters Clubs – we are looking for meet hosts!**

Your committee realizes we need to hit the road running for the next season. We need all our clubs to start thinking about how they can host or co-host invitationals, time trials and fun meets. They don't have to be huge but we want to offer more competition opportunities for our members. Swim Ontario will also be looking for a host for the 2019 Swim Ontario Provincial Masters Championships so please reach out if you are interested.

### **Reminder Swim Ontario Masters Independent Swimmer Category**

Swim Ontario has created a new Independent Swimmer Category called SO-M. The cumulative annual fee will be \$75 dollars. While it is our hope that most individuals will join existing Swim Ontario Masters clubs, we realize that this is not always possible. In response, we have created SO-M to ensure independent swimmers can participate in Masters swimming across the province. More details of this category are as follows:

*The Registration category Masters MSC – “SO-M” is for registrants wishing to compete as a masters only swimmer as recognized by Swim Ontario. The registration category Masters MSC – “SO-M” is limited to swimmers aged 18 and over. Swimmers registering in this category are eligible to participate in sanctioned Swim Ontario Masters activities (competition and training). MSC allows for registration with more than one club. The second and subsequent registrations must reflect the same Swimming Canada Swimmer ID number. If a swimmer registers only in this category, then they may only represent the call letters as SO-M at a sanctioned competitive event. Swimmers entered into sanctioned competitions in this category as SO-M may only swim on relays as SO-M.*

### **Swim Ontario Masters Contact - Meet Heather Dwinell**

Many of our master club administrators and coaches have already gotten to know Heather Dwinell as they learned about club affiliation and registration requirements. We are proud to announce that

Heather Dwinell will be your first point of contact when dealing with registration and day-to-day questions surrounding Masters swimming. If your queries are about coaching certification or competition she will guide you to the right person. Heather has extensive knowledge of the registration and affiliation portfolio having worked with the organization for many years and she brings a keen understanding of many aspects of Swim Ontario. Heather can be reached at 416- 426-7222 or [heather@swimontario.com](mailto:heather@swimontario.com)

### **Calling all Fitness Swimmers - Access to the Masters Swim Canada Million Metre Challenge**

Just a reminder that all Swim Ontario members, including those in our non-competitive category, have access to the Masters Swimming Canada Million Metre Challenge. The Million Meter Challenge was designed to promote swimming for health and fitness. The program encourages regular participation through tracking of cumulative distance swum as an individual or as a team, and recognition as swimmers reach various milestones. Swimmers record the distance swum in each workout and the system tracks their progress. For more information click [HERE](#).

### **Swim Ontario Masters Guiding Principles**

The Swim Ontario Masters Committee believes in a series of guiding principles which form the basis of our work today and into the future. Critical is our belief in the value of and need for an **aligned national strategy** with our partners, Masters Swimming Canada and Swimming Canada. We believe over time it is in the best interests of Masters swimmers in Ontario to have a **single governing body** that considers and meets the needs of all adult swimmers in the province, including fitness swimmers, competitive pool swimmers, open water swimmers and multi-sport athletes. A single provincial body facilitates swimmer registration, meet sanctioning, insurance, ranking and record-keeping, implementation of safe sport measures, coaching certification, member communications, and delivery of programs and special initiatives for the Masters swimming community.

Swim Ontario Masters promotes and supports fun, fitness, friendship, healthy living and competition for adults through swimming. Swim Ontario will promote, encourage, support and grow Masters swimming in all its forms in the province. Our goal is to be the **leading resource for adult swimming in the province** and to offer programs and services for all adult swimmers in the province that are effective, inclusive, safe, respectful and fun.