

SWIM ONTARIO

VISION 2020: LEAD – MOTIVATE - PERFORM



Memo

Re: Spring Provincials Format concerning oversubscription

Date: Feb. 22, 2018

To: Club entry and coaches

Due to the large subscription at Ontario Spring Provincials (935 swimmers and over 4200 swims), Swim Ontario and meet management have consulted with management and operational committee members and in order to manage the logistics and timelines with sessions, the following will be implemented for the competition

- All prelims sessions will run chase start (double ended) except for the PARA events
- Seeding for all events will be LCM qualifying times; SCM qualifying times; LCM bonus times; SCM bonus times
- The 50, 100 and 200 events, including bonus swims will be swum during the first wave of the prelims session
- Distance events (800 and 1500 Free) will run 2 per lane (except fastest heats) and be swum after a 30 minutes break / warmup in the session where necessary.
- The 400 IM will be seeded fastest to slowest and be swum timed final with fastest 8 swimmers of each age group swimming in finals session
- The 400 Free will be seeded fastest to slowest and be swum timed final with fastest 8 swimmers of each age group swimming in finals session
- The 400 Free will be moved to end of prelims session on Sunday and be swum as after a break / warmup in the session

Additional notes regarding PARA

- The PARA point system that will be used at this competition are the Hy-Tek British Point System - 2015 R1 chart.
- Out-of-province PARA swimmers have been granted an exemption by the Executive Director and will be eligible to advance to finals.

Preliminary Psych Sheets and draft timelines are posted [HERE](#). Any errors please email meetentries@swimontario.com. Final Psych Sheets will be posted Saturday, February 24 by noon.