

# VISION 2020

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***LEAD - MOTIVATE - PERFORM***

Swim Ontario reserves the right to implement changes as required.

Property of;



**How do our strengths and our strategic vision influence the choices we make, or do not make, as an organization?**



## **VISION 2020**



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*Committed to achieving an Olympic and/or World Championship podium performance by an Ontario trained athlete, individually or as a member of a Canadian relay team.*

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**What can each of us do to help the goals of Vision 2020 become a reality?**



# Presentation Overview

- 2016-17 Provincial Programming Highlights
- 2017-20 Provincial Programming
- 2017-20 Provincial Competition Schedule
- 2017-20 Regional Training Camps
- 2017-20 Funding Details



# Summary - High Performance Programming 2016-17

- **OJI**
  - Swimmers from the USA, Great Britain, Scotland
  - Provincial teams from NS, QC, ON
  - Club teams from AB, ON, QC, BC
- **World Gold Medal Clinic & Test Event Windsor December 2016**
  - Swim Ontario Youth ID team travelled to Windsor for FINA “Gold Medal” swim clinic and meet
- **Indianapolis Arena Pro Series March 2017**
  - Up to 12 Swimmers selected for each event
  - 1 Coach for event
  - 1 Team Manager
  - Biomechanics/sport science support
- **Canada Games ID Camps**
  - 5 camps scheduled for identified swimmers
  - 2 Camps for Para and Special Olympics Swimmers
  - 1 Camp combined for AB & PARA & Special Olympics
  - Used OSA Technical Team support to address athlete performance profile



# Swim Ontario & Swimming Canada Aligned Programming for 2017-2020

## Tour Team Opportunities:

### ■ OJI

- Standards slightly slower for 2017
- Swimmers from the USA, Great Britain and Japan
- Invites pending for additional USA clubs and Ireland
- Provincial teams Invited
- Club teams confirmed (AB, ON, QC, BC)

### ■ Arena Pro Series Team (January & March)

- Up to 12 Swimmers selected for each event
- 1 Coach for event
- 1 Team Manager
- Biomechanics / sport science support
- Senior team priority, then junior



# SO & SNC Aligned Programming for 2017-2020

## In-Reach Opportunities:

- We will have 2-4 camps for special invitees from OHPSI ID athletes. Camps will be centered on school breaks using OSA resources.
- We will have a handful of athletes visiting the OSA on a regular basis.
- We will provide “In-reach / Outreach IST support for the non centre / non OSA “carded athletes” as requested/negotiated by the club coach.

## SO - OHPSI Junior Team Training Camp:

We will plan for an OSA/Provincial Team Camp in February 2018



# SO & SNC Aligned Programming for Para Swimmers 2017-2020

## Strategies: 2017-2020

Strategies for the next quadrennial are currently being discussed at the strategic level with the Para Swimming National Coach and the SNC HP Director.

- 2-3 x per week (September-June) in-reach programming using OSA resources - for GTA (close) para swimmers
  - 2-3 x Yearly Para Camps for outliers 1-2 days at TPASC / OSA
  - As funds become available, we would like to develop a parallel HP Dev funding program similar to that available to able bodied athletes.
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- ❖ Develop qualification strategies for Para swimmers for Regional Competitions
  - ❖ Develop selection strategies for Para swimmers for Regional activities



# SO Provincial Meet Programming 2017-20

Dates 2017-18	Description
November (location & date TBC)	Can Am Champs (Para Only)
December 15-17	OJI at TPASC
February 17-18	Winter Festival
March 1-4	AA Champs – <b>Separate Location from Provincial Champs</b>
March 1-4	SO Provincial Champs
April 5-8	Can Swim Champs (incl Para)
April 12-15	Speedo Eastern Champs
June 15-17	Summer Festival
June 28 - July 1	AA Champs - <b>Separate Location from Provincial Champs</b>
June 28 - July 1	SO Provincial Champs
July 4	SO Open Water Championships
July 19-22	Can Trials/Can Swim Champs (incl Para)
July 25-30	Can Jr Champs
July / Aug	International Calendar Meets (NT, JrT & Para)





# Provincial Program Development & Delivery

## Swim Ontario Provincial Programming for 2017-20

Name	Ontario Winter Festival Championships	Ontario Summer Festival Championships	Ontario Spring and Summer AA Championships	Ontario Spring and Summer Provincial Championships
Dates	February – 2 weeks prior to Spring Provincials	Mid-June – 2 weeks prior to Summer Provincials	First weekend in March Same weekend as Provincials	First weekend in March
Days	2	3	4	4
Course	SC	LC	LC	LC
Format	Timed final	Timed final	Heats / Finals	Heats / Finals
Age Groups	10&U, 11, 12, 13	10&U, 11, 12, 13	13&U, 14, 15, 16, 17&O	13&U, 14, 15, 16, 17&O
Relay Age Groups	11&Under 12-13	11&Under 12-13	14&U 15&O (800 FR – OPEN)	14&U 15&O (800 FR – OPEN)
Qualifying	1 Festivals QT	1 Festivals QT	1 AA QT	1 Provincial QT
Meet De-Qualifying	3 or more Provincial QTs for 13 years old	3 or more Provincial QTs for 13 years old	3 or more Provincial QTs	
Targeted numbers	700 - 750	700 - 750	600 – 750	600 - 750
Max events	6	7	8	8
Bonus structure	1 QT = 3 Bonus 2 QT = 2 Bonus 3 QT = 1 Bonus	1 QT = 3 Bonus 2 QT = 2 Bonus 3 QT = 1 Bonus	1 QT = 2 Bonus 2 or more QTs = 1 Bonus to maximum allowable swims	1 QT = 2 Bonus 2 QTs = 2 Bonus 3 or more = 1 Bonus to maximum allowable swims
Program Comments	<u>13 and Under ONLY</u> De-qualifying Procedure for 13 year olds	<u>13 and Under ONLY</u> De-qualifying Procedure for 13 year olds Long Course 3-day format	QTs are 3.25% slower than Prov QT Heats and Finals Relays at end of session	Relays at end of session

# Provincial Program Development & Delivery

## Swim Ontario Provincial Programming for 2017-20 Summary

- Input from the Technical leadership and Sport Development Committee of Swim Ontario.
- The new provincial swim meet structure significant changes:
  - AA Championships (Spring & Summer) - Separate competition from Provincials – to be held at different venue with same format as Provincials
  - Festivals Championships
    - ✓ Winter 2 days SC
    - ✓ Summer 3 days LC
    - ✓ Competition for 13&U only (removal of 14 year olds)
- Bonus swim structure updated
- Seeding and overflow heats to be implemented if needed in afternoon session



# Provincial Program Development & Delivery

## Swim Ontario Provincial Programming for 2017-20 Summary

The standards have undergone an extensive review with the following goals in mind:

- Achieving a balance between Provincial and AA Champs subscriptions
- Ensuring overall proportionate gender distribution
- Desired number of qualifiers for financial viability of event



# Provincial Program Development & Delivery

## Swim Ontario Provincial Programming for 2017-20 Summary

### Provincial Champs

- SC Standards –
  - Looked at average over last four seasons
    - Female – top 24 rankings
    - Male – top 24 rankings for 13&U, 16, 17&O
    - Male – top 32 rankings for 14 & 15
  - Proposed standards: the slower of the top 24/32 average versus current standard except distance events that remain the same as current standards.
- LC Standards – 2% conversion from SC standards
- 67% times remain the same, 33% are slower (SC stats)



# Provincial Program Development & Delivery

## Swim Ontario Provincial Programming for 2017-20 Summary

### AA Champs

- SC Standards & LC Standards
  - Added 3.25% to respective SC and LC Provincial standards
    - ✓ Ensure subscription rates approach 700 for financial viability
  - 3.25% determined by aligning 13 year old Festival standards with 13&U AA Standards
  - Bonus swim structure different from Provincial Champs to balance subscription between Provincials and AA competitions.
  - Individual & Team awards and scoring aligned with Provincials Championships.

### Festival Champs

- Removed 14 year olds standards – 14 year olds have additional opportunities with AA Champs.
- 13 and Under standards remain unchanged.



# SO Provincial Team Programming 2017-20

Dates 2017-18	Description	YOB and Ranking Process
Oct 5-6	SO Dev Team Camp at TPASC	M/F: YOB 2006-2004 - Multi Event Selection from LCM 2017
October 19-20	Para Outlier in-reach Camp	
Dec 15-16	SO Dev Team Camp at TPASC	M/F: YOB 2006-2004 - Multi Event Selection from LCM 2017
Dec 15-17	OJI at TPASC	
Dec 16	OJI Fundamentals Camp	
Jan 18-20	Austin APS	Absolute Based on OnTrack Rank and World Rank LCM 2017
Jan 26-27	Para Outlier in-reach Camp	
May long	SO Dev Team Camp at TPASC	M/F: YOB 2006-2004 - Add swimmers based on results from Provincials
June 2-4	Santa Clara APS	Absolute Based on OnTrack Rank and World Rank LCM 2017
June 8-10 (TBC)	Para World Series Indianapolis	Ontario Team Selection based on prescribed Swimming Canada Criteria
June 8-9	Para Outlier in-reach Camp	
August	Team Ontario – San Francisco area	M/F: YOB 12-15 Selected for North American Challenge Cup

# SO Youth Development Team 2017-20

**We will have three camps for swimmers aged as follows:**

## I. Ages

- A. Age as of Dec 31 (YOB) 12-14 Female and 14-15 Male

## II. Camps

- A. Selection will be similar to the Canada Games Team selection
  - 1) Highest Percentage off OnTrack times
  - 2) Top 16 Males & Females based on 2017 LCM results
- B. The structure of the camps will be similar to the Canada Games ID Caps of the past two seasons
  - 1) Early October
  - 2) December – in conjunction with OJI
  - 3) May Long weekend

## III. Selection Tour Team

- A. August 3-6 (TBC) – North American Challenge Cup – San Francisco
  - 1) Selected using the Canada Games selection procedure
  - 2) Selection based on March/April performance window meets
  - 3) Team size TBD – will not exceed 6F & 6M



# SO Junior Team 2017-20

**We will have opportunities for swimmers aged as follows:**

## **I. Age & Eligibility**

- A. Age as of Dec 31 (YOB) 18 and Under Male & 17 and under Female
- B. Track 1 & 2 swimmers who are not Swimming Canada Carded

## **II. In reach Camps**

- A. Open to On Track Swimmers
  - 1) Highest Percentage of OnTrack times
  - 2) By Invitation in consultation with the home coach/program
  - 3) Camps will be on an ad hoc basis

## **III. Selection Tour Teams**

- A. January, February and March
  - 1) Arena Pro Series Austin & Indianapolis
  - 2) Team Ontario Provincial Camp Florida Feb 19 to 28
  - 3) Team size TBD – will not exceed 6F & 6M





# SO Senior Team 2017-20

## I. Ages & Eligibility

- A. Open
- B. Swimming Canada Carded and Podium Pathway Track 1 swimmers

## II. Camps

- A. HPCO/OSA In reach opportunities on an ad hoc basis in consultation with the coach athlete tandem.
- B. Approval from the Swimming Canada HPD

## III. January & March

- A. Arena Pro Series Austin & Indianapolis



## Summary of SO Aligned Regional Funding for 2017-2018

Regional Committee	Camps	Coaches	Approved Projects	Total Per Region
North West	\$6,000	\$800	\$16,000	\$22,800
North East	\$6,000	\$1,100	\$15,000	\$22,100
Eastern	\$6,000	\$1,500	\$13,500	\$21,000
Huronia	\$6,000	\$1,200	\$14,500	\$21,700
Central	\$8,000	\$3,400	\$15,600	\$27,000
Western	\$6,000	\$2,000	\$13,000	\$21,000
	\$38,000	\$10,000	\$87,600	\$135,600



# SO Aligned Regional Funding for Camps 2017-2020

## Swim Ontario will approve camp initiatives as follows

### All Regions Use the Same Swim Camp Template

1. Fall 2017 – Fundamentals Camp – dolphin kick & streamline focus
2. Fall 2017 – Learn to Train Camp – stroke efficiency, nutrition, dry-land focus
3. Winter 2018 – Fundamentals Camp – back and breast skills & start focus
4. Winter / Spring 2018 – Learn to Train Camp – IM skills, dry-land follow up focus

### Provincial Regional Outreach Programming

1. Swim Ontario will provide access to SO staff and OSA personnel to supplement regional camps as time & training schedules permit
2. Plan camps according to the SO Camp Template
3. Selection should use a percentage of the OnTrack times using the SO OnTrack tool.
4. Provide attendance lists of coaches and swimmers (VERY IMPORTANT)



# SO Aligned Regional Funding For Special Projects 2017-2020

**Swim Ontario will approve special projects initiatives as follows:**

## **All Regions**

1. Support Regional Swimmers to the SO Youth Team Camps at TPASC  
a) October, December, May
2. Support Regional Swimmers to either HPC-O & OSA opportunities.
3. Support Regional Swimmers for travel to Toronto (Airport /Train station) for team Ontario tour Teams.
4. Support travel expenses for IST personnel support for Regional Camps
5. Support Athletes invoiced for non-funded activities (i.e. Nation Jr. Team Activities, FISU Games etc.)
6. Support Para athletes travelling to camps/competitions/classification
7. Coach Travel expenses to approved SO program activities
8. Specific Officials' Education & Development projects
9. Specific Coaches' Education & Development projects



# SO Aligned Regional Funding for Officials 2017-2020

## SOOC Budget

<b><u>Income</u></b>	
Registration Fee	\$37,500.00
<i>Total income</i>	<i>\$37,500.00</i>
<b><u>Expenses</u></b>	
Level 3/4 training	\$2,000.00
Level 5 training	\$2,000.00
Open Water Swimming	\$500.00
Para-Swimming	\$1,500.00
<i>Total Funding</i>	<i>\$6,000.00</i>
Evaluations - level 4/5	\$6,500.00
Officials Dev. Misc	\$700.00
Pins/nameplates	\$750.00
Awards/recognition	\$750.00
SO Conference	\$1,500.00
Travel SO Conference / Symposium	\$2,500.00
OCRC Officials Symposium	\$2,000.00
Regional Officials Clinics	\$8,250.00
Travel Fund for Clinic deliveries	\$7,000.00
<i>Total Expenses</i>	<i>\$35,950.00</i>
Net	\$1,550.00

## Regional Officials

### Clinics

### Breakdown

**Central: \$4500**

**Eastern: \$750**

**Huronia: \$500**

**North East: \$500**

**North West: \$500**

**Western: \$1500**

## Travel Fund for Clinic

### Deliveries

**Mileage & Accommodations for clinic deliveries by application - budgets to be submitted by RORs for approval**

## SO Aligned Regional Funding for Officials 2017-2020

### Region specific official education and development

#### Mentoring

Funding for ROR or designate to attend regional championships

- Travel and Accommodation to attend regional championships

#### Facilitate communications – ROR team

Provide conference call line for ROR use

- Regional official meetings, as needed

**Central Region: \$250**

**Eastern Region: \$750**

**Huronian Region: \$1000**

**North East Region: \$1000**

**North West Region: \$1000**

**Western Region: \$1000**



# SO Aligned Regional Funding for Coaches 2017-2020

## Coach Education and Development

### Training & Certification Support

NCCP certification completion fundamentals through competition coach  
NCCP pathway or other professional development clinics  
Swim Ontario conference.

### Mentoring

Funding for COACHES to attend COMPETITIONS, PRACTICES, CAMPS for Travel and  
Accommodation, Both PARA And ABLE BODIED

### Region Led Clinics, Presentations, Meets

Funding for Coaches to ATTEND AGMS, clinics, presentations hosted by regions

**Central Region: \$3,400**

**Eastern Region: \$1,500**

**Huronian Region: \$1,200**

**North East Region: \$1,100**

**North West Region: \$800**

**Western Region: \$2,000**



# Sponsorship

- ✓ MINISTRY OF TOURISM, CULTURE & SPORT (MTCS)
- ✓ CANADIAN SPORT INSTITUTE ONTARIO (CSIO)
- ✓ OWN THE PODIUM (OTP)
- ✓ SWIMMING CANADA (SNC)
- ✓ NOTHERS
- ✓ TEAM AQUATIC SUPPLIES
- ✓ E VIDEO SOLUTIONS
- ✓ PICTURES IN MOTION
- ✓ TPASC





# Today's Preparation... Determines Tomorrow's Achievements



**Thank you!**