

**Women 13 & Under**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	29.19	30.65	32.11	33.57	35.03
100 Free	1:03.21	1:06.37	1:09.53	1:12.69	1:15.85
200 Free	2:16.90	2:23.75	2:30.59	2:37.44	2:44.28
400 Free	4:48.18	5:02.59	5:17.00	5:31.41	5:45.82
800 Free	10:03.20	10:33.36	11:03.52	11:33.68	12:03.84
1500 Free	19:16.10	20:13.91	21:11.71	22:09.51	23:07.32
100 Back	1:11.32	1:14.89	1:18.45	1:22.02	1:25.58
200 Back	2:32.98	2:40.63	2:48.28	2:55.93	3:03.58
100 Breast	1:21.74	1:25.83	1:29.91	1:34.00	1:38.09
200 Breast	2:54.32	3:03.04	3:11.75	3:20.47	3:29.18
100 Fly	1:11.15	1:14.71	1:18.27	1:21.82	1:25.38
200 Fly	2:39.09	2:47.04	2:55.00	3:02.95	3:10.91
200 IM	2:37.43	2:45.30	2:53.17	3:01.04	3:08.92
400 IM	5:32.65	5:49.28	6:05.91	6:22.55	6:39.18

**Women 14-14**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	28.67	30.10	31.54	32.97	34.40
100 Free	1:01.86	1:04.95	1:08.05	1:11.14	1:14.23
200 Free	2:14.29	2:21.00	2:27.72	2:34.43	2:41.15
400 Free	4:44.29	4:58.50	5:12.72	5:26.93	5:41.15
800 Free	9:54.33	10:24.05	10:53.76	11:23.48	11:53.20
1500 Free	18:59.10	19:56.05	20:53.01	21:49.96	22:46.92
100 Back	1:10.12	1:13.63	1:17.13	1:20.64	1:24.14
200 Back	2:29.98	2:37.48	2:44.98	2:52.48	2:59.98
100 Breast	1:20.76	1:24.80	1:28.84	1:32.87	1:36.91
200 Breast	2:53.88	3:02.57	3:11.27	3:19.96	3:28.66
100 Fly	1:10.04	1:13.54	1:17.04	1:20.55	1:24.05
200 Fly	2:38.75	2:46.69	2:54.63	3:02.56	3:10.50
200 IM	2:33.07	2:40.72	2:48.38	2:56.03	3:03.68
400 IM	5:29.82	5:46.31	6:02.80	6:19.29	6:35.78

**Women 15-15**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	28.22	29.63	31.04	32.45	33.86
100 Free	1:01.16	1:04.22	1:07.28	1:10.33	1:13.39
200 Free	2:13.90	2:20.60	2:27.29	2:33.99	2:40.68
400 Free	4:42.70	4:56.84	5:10.97	5:25.11	5:39.24
800 Free	9:48.60	10:18.03	10:47.46	11:16.89	11:46.32
1500 Free	18:46.22	19:42.53	20:38.84	21:35.15	22:31.46
100 Back	1:08.57	1:12.00	1:15.43	1:18.86	1:22.28
200 Back	2:28.40	2:35.82	2:43.24	2:50.66	2:58.08
100 Breast	1:20.14	1:24.15	1:28.15	1:32.16	1:36.17
200 Breast	2:53.36	3:02.03	3:10.70	3:19.36	3:28.03
100 Fly	1:08.97	1:12.42	1:15.87	1:19.32	1:22.76
200 Fly	2:37.52	2:45.40	2:53.27	3:01.15	3:09.02
200 IM	2:31.49	2:39.06	2:46.64	2:54.21	3:01.79
400 IM	5:20.64	5:36.67	5:52.70	6:08.74	6:24.77

**Women 16-16**

		<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50	Free	27.91	29.31	30.70	32.10	33.49
100	Free	1:00.36	1:03.38	1:06.40	1:09.41	1:12.43
200	Free	2:10.16	2:16.67	2:23.18	2:29.68	2:36.19
400	Free	4:38.32	4:52.24	5:06.15	5:20.07	5:33.98
800	Free	9:36.50	10:05.33	10:34.15	11:02.98	11:31.80
1500	Free	18:24.94	19:20.19	20:15.43	21:10.68	22:05.93
100	Back	1:07.64	1:11.02	1:14.40	1:17.79	1:21.17
200	Back	2:25.04	2:32.29	2:39.54	2:46.80	2:54.05
100	Breast	1:19.70	1:23.69	1:27.67	1:31.66	1:35.64
200	Breast	2:52.01	3:00.61	3:09.21	3:17.81	3:26.41
100	Fly	1:08.07	1:11.47	1:14.88	1:18.28	1:21.68
200	Fly	2:31.78	2:39.37	2:46.96	2:54.55	3:02.14
200	IM	2:28.53	2:35.96	2:43.38	2:50.81	2:58.24
400	IM	5:17.94	5:33.84	5:49.73	6:05.63	6:21.53

**Women 17 & Over**

		<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50	Free	27.63	29.01	30.39	31.77	33.16
100	Free	59.75	1:02.74	1:05.72	1:08.71	1:11.70
200	Free	2:08.84	2:15.28	2:21.72	2:28.17	2:34.61
400	Free	4:35.51	4:49.29	5:03.06	5:16.84	5:30.61
800	Free	9:30.74	9:59.28	10:27.81	10:56.35	11:24.89
1500	Free	18:13.89	19:08.58	20:03.28	20:57.97	21:52.67
100	Back	1:06.95	1:10.30	1:13.65	1:16.99	1:20.34
200	Back	2:23.58	2:30.76	2:37.94	2:45.12	2:52.30
100	Breast	1:18.90	1:22.85	1:26.79	1:30.74	1:34.68
200	Breast	2:51.15	2:59.71	3:08.27	3:16.82	3:25.38
100	Fly	1:07.38	1:10.75	1:14.12	1:17.49	1:20.86
200	Fly	2:30.24	2:37.75	2:45.26	2:52.78	3:00.29
200	IM	2:27.03	2:34.38	2:41.73	2:49.08	2:56.44
400	IM	5:14.76	5:30.50	5:46.24	6:01.97	6:17.71

**Men 13 & Under**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	27.67	29.05	30.44	31.82	33.20
100 Free	1:00.33	1:03.35	1:06.36	1:09.38	1:12.40
200 Free	2:12.74	2:19.38	2:26.01	2:32.65	2:39.29
400 Free	4:39.74	4:53.73	5:07.71	5:21.70	5:35.69
800 Free	9:53.25	10:22.91	10:52.58	11:22.24	11:51.90
1500 Free	19:04.39	20:01.61	20:58.83	21:56.05	22:53.27
100 Back	1:09.11	1:12.57	1:16.02	1:19.48	1:22.93
200 Back	2:28.10	2:35.51	2:42.91	2:50.32	2:57.72
100 Breast	1:19.35	1:23.32	1:27.29	1:31.25	1:35.22
200 Breast	2:50.05	2:58.55	3:07.06	3:15.56	3:24.06
100 Fly	1:09.09	1:12.54	1:16.00	1:19.45	1:22.91
200 Fly	2:35.53	2:43.31	2:51.08	2:58.86	3:06.64
200 IM	2:31.50	2:39.08	2:46.65	2:54.23	3:01.80
400 IM	5:22.50	5:38.63	5:54.75	6:10.88	6:27.00

**Men 14-14**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	26.86	28.20	29.55	30.89	32.23
100 Free	58.32	1:01.24	1:04.15	1:07.07	1:09.98
200 Free	2:07.98	2:14.38	2:20.78	2:27.18	2:33.58
400 Free	4:32.27	4:45.88	4:59.50	5:13.11	5:26.72
800 Free	9:37.65	10:06.53	10:35.42	11:04.30	11:33.18
1500 Free	18:27.44	19:22.81	20:18.18	21:13.56	22:08.93
100 Back	1:07.22	1:10.58	1:13.94	1:17.30	1:20.66
200 Back	2:25.62	2:32.90	2:40.18	2:47.46	2:54.74
100 Breast	1:16.45	1:20.27	1:24.10	1:27.92	1:31.74
200 Breast	2:46.69	2:55.02	3:03.36	3:11.69	3:20.03
100 Fly	1:06.21	1:09.52	1:12.83	1:16.14	1:19.45
200 Fly	2:32.78	2:40.42	2:48.06	2:55.70	3:03.34
200 IM	2:24.88	2:32.12	2:39.37	2:46.61	2:53.86
400 IM	5:13.98	5:29.68	5:45.38	6:01.08	6:16.78

**Men 15-15**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	26.37	27.69	29.01	30.33	31.64
100 Free	57.15	1:00.01	1:02.86	1:05.72	1:08.58
200 Free	2:04.39	2:10.61	2:16.83	2:23.05	2:29.27
400 Free	4:27.28	4:40.64	4:54.01	5:07.37	5:20.74
800 Free	9:20.65	9:48.68	10:16.71	10:44.75	11:12.78
1500 Free	17:54.86	18:48.60	19:42.35	20:36.09	21:29.83
100 Back	1:05.47	1:08.74	1:12.02	1:15.29	1:18.56
200 Back	2:22.25	2:29.36	2:36.48	2:43.59	2:50.70
100 Breast	1:15.60	1:19.38	1:23.16	1:26.94	1:30.72
200 Breast	2:44.32	2:52.54	3:00.75	3:08.97	3:17.18
100 Fly	1:04.15	1:07.36	1:10.57	1:13.77	1:16.98
200 Fly	2:28.65	2:36.08	2:43.52	2:50.95	2:58.38
200 IM	2:22.32	2:29.44	2:36.55	2:43.67	2:50.78
400 IM	5:09.04	5:24.49	5:39.94	5:55.40	6:10.85

**Men 16-16**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	25.33	26.60	27.86	29.13	30.40
100 Free	55.06	57.81	1:00.57	1:03.32	1:06.07
200 Free	2:00.69	2:06.72	2:12.76	2:18.79	2:24.83
400 Free	4:20.37	4:33.39	4:46.41	4:59.43	5:12.44
800 Free	9:05.49	9:32.76	10:00.04	10:27.31	10:54.59
1500 Free	17:25.79	18:18.08	19:10.37	20:02.66	20:54.95
100 Back	1:02.57	1:05.70	1:08.83	1:11.96	1:15.08
200 Back	2:16.12	2:22.93	2:29.73	2:36.54	2:43.34
100 Breast	1:12.24	1:15.85	1:19.46	1:23.08	1:26.69
200 Breast	2:37.40	2:45.27	2:53.14	3:01.01	3:08.88
100 Fly	1:02.00	1:05.10	1:08.20	1:11.30	1:14.40
200 Fly	2:19.46	2:26.43	2:33.41	2:40.38	2:47.35
200 IM	2:16.92	2:23.77	2:30.61	2:37.46	2:44.30
400 IM	5:01.64	5:16.72	5:31.80	5:46.89	6:01.97

**Men 17 & Over**

	<b>Prov</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
50 Free	25.08	26.33	27.59	28.84	30.10
100 Free	54.51	57.24	59.96	1:02.69	1:05.41
200 Free	1:59.47	2:05.44	2:11.42	2:17.39	2:23.36
400 Free	4:17.74	4:30.63	4:43.51	4:56.40	5:09.29
800 Free	9:00.04	9:27.04	9:54.04	10:21.05	10:48.05
1500 Free	17:15.33	18:07.10	18:58.86	19:50.63	20:42.40
100 Back	1:01.94	1:05.04	1:08.13	1:11.23	1:14.33
200 Back	2:14.74	2:21.48	2:28.21	2:34.95	2:41.69
100 Breast	1:11.51	1:15.09	1:18.66	1:22.24	1:25.81
200 Breast	2:35.81	2:43.60	2:51.39	2:59.18	3:06.97
100 Fly	1:01.38	1:04.45	1:07.52	1:10.59	1:13.66
200 Fly	2:18.05	2:24.95	2:31.86	2:38.76	2:45.66
200 IM	2:15.53	2:22.31	2:29.08	2:35.86	2:42.64
400 IM	4:58.62	5:13.55	5:28.48	5:43.41	5:58.34