



Olympic Recap!

Congratulations to the Olympic Team on a fantastic showing in Rio! Canadian Swimmers finished the meet with 6 medals and 15 finals swims! Congratulations to our Ontario represented swimmers and coaches: Javier Acevedo, Mack Darragh, Evan Van Moerkerke, Dominique Bouchard, Kennedy Goss, Audrey Lacroix, Brittany MacLean, Sandrine Mainville, Kylie Masse, Martha McCabe, Penny Oleksiak, Erika Seltenreich-Hodgson, Chantal Van Landeghem, Michelle Williams, Ben Titley, Linda Kiefer and Kevin Thorburn. Thank you to Dave Shewfelt officiating at all of the Olympic sessions!

Paralympic Forecast!

Good luck to all the swimmers preparing for the Paralympic Games in Rio September 7-18. Ontario has 6 swimmers on the team; congratulations to Alec Elliot, Devin Gotell, Gordie Michie, Nydia Langill, Tess Routliffe and Abi Tripp!

Conference & AGM Weekend

The Swim Ontario Annual Conference and AGM is being held in conjunction with the CSCTA Conference September 29-October 2 at the Toronto Airport Marriott. Information for both the conference and AGM can be found [HERE](#)

Club Affiliation

The new season is almost here and registration for clubs opens on September 1. Make sure that all of your affiliation documents have been received; they can be found on our website [HERE](#)

Registration/Insurance Update

Earlier this year, our insurance company informed Swim Ontario that registered swimmers residing in the US were not covered by insurance. Following negotiations between our broker, Swim Ontario and the insurer we are pleased to report that the insurer has agreed to cover US swimmers (past, present and future) as long as they are registered with Swim Ontario/Swimming Canada. These swimmers **MUST** obtain Travel Insurance that covers sports activities and includes accidents and illness.

TAS Scholarship Applications

Team Aquatic Supplies provides 12 scholarships to two swimmers from each region who combine both swimming excellence and academic achievement. Application deadline is September 2nd and information on this can be found [HERE](#)

Champions Fund Applications

The Champions Fund was created by Canada's dairy farmers to empower the female athletic community to provide a resource that can help change the game for Canada's young girls and women athletes. More information can be found [HERE](#).

Post Secondary Scholarship

Swim Ontario awards a financial scholarship to 2 Ontario swimmers to allow the recipients to allow the recipients to focus on swimming excellence while pursuing Post Secondary academics in Ontario. In 2016, two swimmers will each be awarded a \$10,000 scholarship over 2 years. Congratulations to Hannah Genich (SCAR/OSA) and Alexandre Perreault (OTTSC). Information on this scholarship can be found [HERE](#).

Research Opportunity

The University of Ottawa is conducting a survey about how athletes' personality influences sport practice and performance and they need your help. Athletes competing at any level are invited to complete the 20 minute, confidential survey. Swimmers under 18 will need parents to provide consent. This is a great opportunity to contribute to important research on sport psychology. More details, contact information and survey are found [HERE](#)

Concussion Protocol

Swim Ontario would like all clubs and coaches to be aware of the signs, symptoms and protocols of concussions in sport. Please read the Swimming Canada handout [HERE](#) and the Ministry of Tourism, Culture and Sport Guidelines [HERE](#).

Master Swimming Ontario Update

Swim Ontario would like all members know about some developments regarding Masters Swimming Ontario. Please click [HERE](#)

Officials Bulletin

The most recent Swim Ontario Officials Committee Bulletin can be found [HERE](#)

Officials Achievements

Congratulations to Daryle Martin and Suzanne Paulins on their nominations to the FINA Pool List #19. This list has been submitted to FINA and was developed in coordination with the Chair of the OCR.

Congratulations to Jeff Holmes, Charles Montpetit, Sandra Rousseau and Mary Jane Smith on become IPC Level 1 Technical Officials - Judge of Strokes at the Can Am Championships.

National Coaches Week

National Coaches Week is September 17-25! Be sure to thank your coach and check out activities run by Coaches Association of Ontario [HERE](#)

NCCP Courses

Upcoming Swimming 101 and 201 courses are available for registration and can be found [HERE](#)

Swim A Thon

Congratulations on another successful Swim A Thon Campaign! Top Achievers will be tabulated and results will be available very soon. Grant cheques will be mailed on Friday August 19 to club addresses. Swimming Canada has agreed to issue funds to Swim Ontario in 2 installments for the 2017 campaign. Clubs who complete their receipt reconciliations early will not have to wait as long for grant cheques next season.

Proudly Sponsored By



Record Breakers LC

Elan Daley - MAC
50FR - 11-12 Girls - 27.07

Amy Mehard - SWA
200FR - 11-12 Girls - 2:10.48

Guelph Marlins Aquatic Club
Markus Beckstead-Holman, William Beckstead-Holman, Colin Campbell, Russell Burton
200 Medley Relay - 2:04.32
400 Medley Relay - 4:33.83
400 Free Relay - 4:06.19
800 Free Relay 9:03.62

Gabe Mastromatteo - KSS
100BR - 13-14 Boys - 1:04.09
200BR - 13-14 Boys - 2:21.09

Etobicoke Swimming
Pavel Savelyeu, Alexander Milanovich, Amadeus Medeiros, Riley Loewen
400 Free Relay - 3:45.32

Olivia Anderson - ESWIM
1500FR - 15-17 Girls - 16:33.45

Penny Oleksiak - HPCO/TSC
100FR - 15-17/Open Girls - 52.70
100FL - 15-17/Open Girls - 56.63

Kylie Masse - WEST
100BK - Open Girls - 58.66

Brittany Maclean - ESWIM
400FR - Open Girls - 4:03.43

Record Breakers LC

Guelph Marlins Aquatic Club
Marcus Beckstead-Holman, William Beckstead-Holman, Colin Campbell, Russell Burton
200 Medley Relay - 2:02.84
400 Medley Relay - 4:26.97
200 Free Relay - 1:49.27
400 Free Relay - 5:59.50