

# Ontario Provincial Programming Conference Presentation



# Provincial Meet Programming



## Rationale - Provincial Program Development & Delivery

The standards and programming have undergone an extensive review with the following goals in mind:

- Create more provincial meet opportunities for more of our members.
  - ❖ **The goal is 2300 swimmers between 3 meets in each of Winter/Summer**
- Achieving a balance between all of provincial meet subscriptions.
- Ensuring proportionate gender distribution for each provincial meet.
- Reach a desired number of qualifiers for financial viability of event



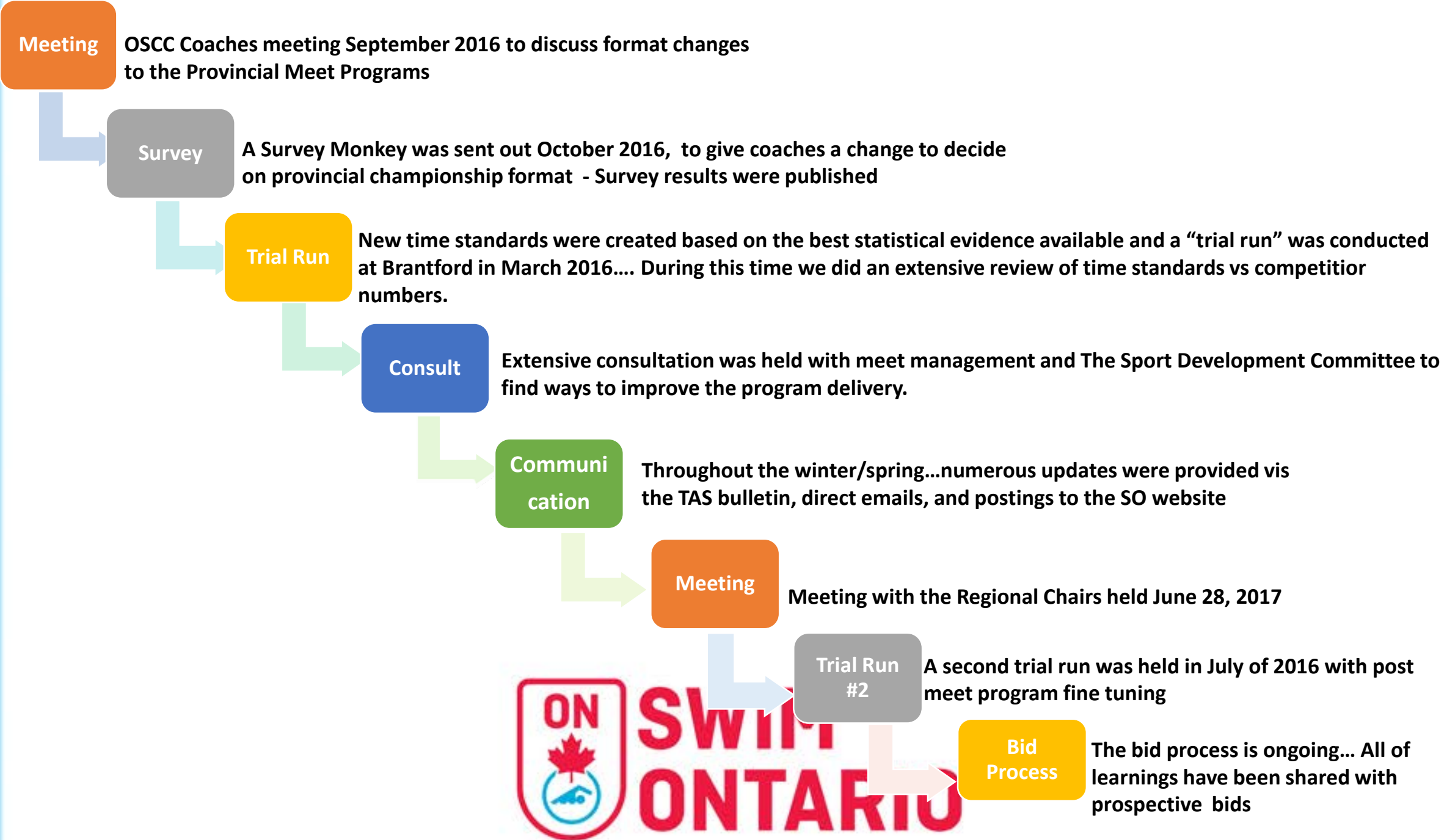
# Provincial Program Development & Delivery

## Swim Ontario Provincial Programming for 2017-20

Name	Ontario Winter Festival Championships	Ontario Summer Festival Championships	Ontario Spring and Summer AA Championships	Ontario Spring and Summer Provincial Championships
Dates	February – 2 weeks prior to Spring Provincials	Mid-June – 2 weeks prior to Summer Provincials	First weekend in March Same weekend as Provincials	First weekend in March
Days	2	3	4	4
Course	SC	LC	LC	LC
Format	Timed final	Timed final	Heats / Finals	Heats / Finals
Age Groups	10&U, 11, 12, 13	10&U, 11, 12, 13	13&U, 14, 15, 16, 17&O	13&U, 14, 15, 16, 17&O
Relay Age Groups	11&Under 12-13	11&Under 12-13	14&U 15&O (800 FR – OPEN)	14&U 15&O (800 FR – OPEN)
Qualifying	1 Festivals QT	1 Festivals QT	1 AA QT	1 Provincial QT
Meet De-Qualifying	3 or more Provincial QTs for 13 years old	3 or more Provincial QTs for 13 years old	3 or more Provincial QTs	
Targeted numbers	700 - 750	700 - 750	600 – 750	600 - 750
Max events	6	7	8	8
Bonus structure	1 QT = 3 Bonus 2 QT = 2 Bonus 3 QT = 1 Bonus	1 QT = 3 Bonus 2 QT = 2 Bonus 3 QT = 1 Bonus	1 QT = 2 Bonus 2 or more QTs = 1 Bonus to maximum allowable swims	1 QT = 2 Bonus 2 QTs = 2 Bonus 3 or more = 1 Bonus to maximum allowable swims
Program Comments	<u>13 and Under ONLY</u> <u>Short Course</u>	<u>13 and Under ONLY</u> Long Course 3-day format	QTs are 3.25% slower than Prov QT Heats and Finals Relays at end of session	Relays at end of session

# Consultation Process

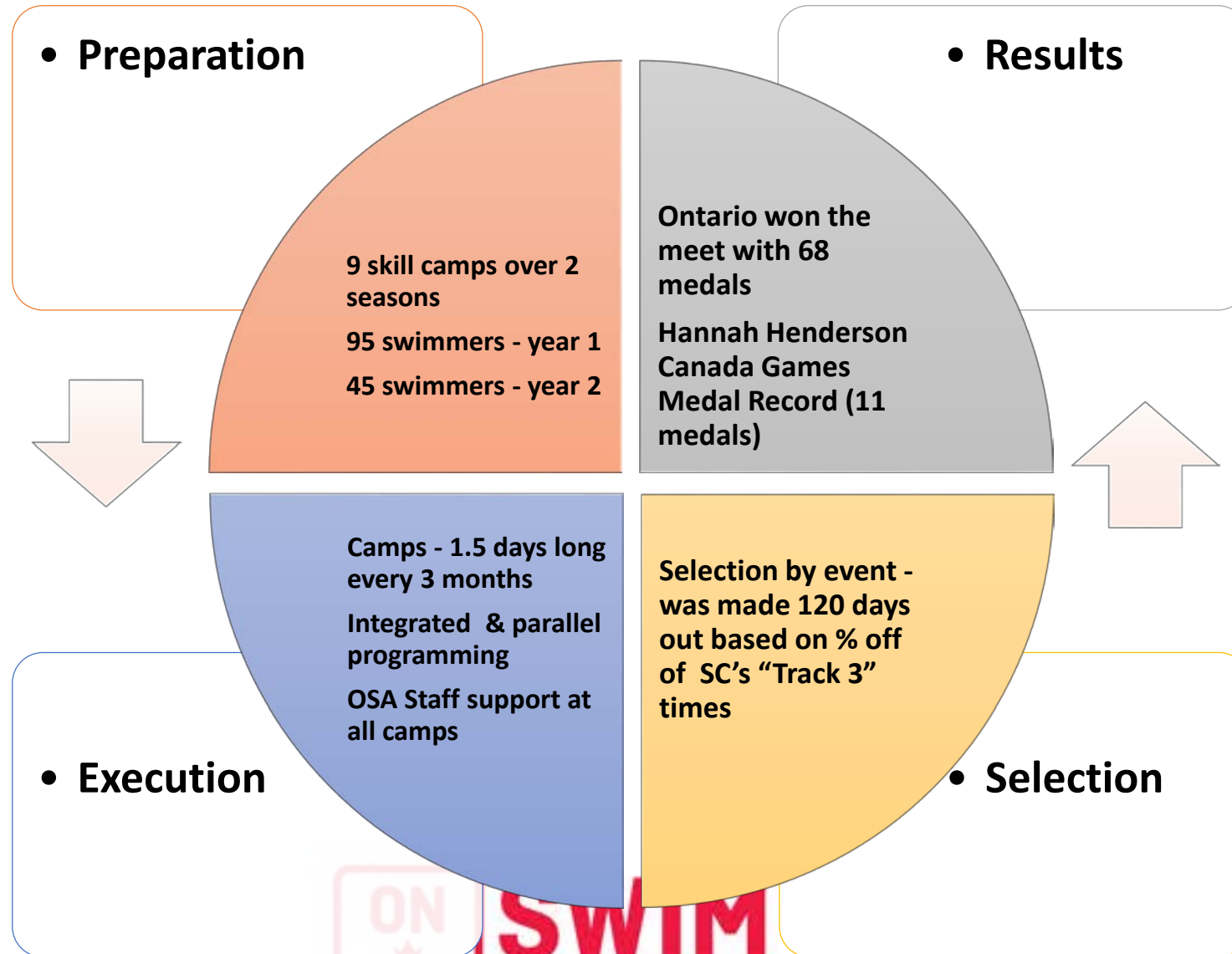




# **CAMPS & TOUR TEAMS**



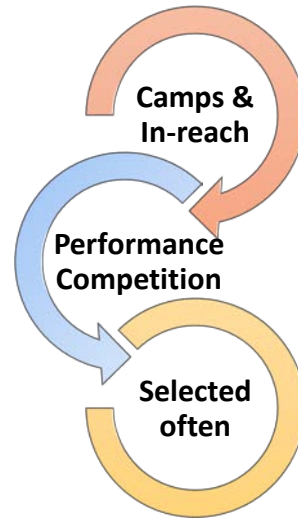
# The Canada Games Preparation Program





# Learnings From The Canada Games Program

- A. Performance reliability is not as predictable as older CSG age groups
- B. Improvement track is steep at this age group – review of the selection timelines in a worthwhile exercise
- C. The 13-15 age group is worthy of continued programming investment that is based on developmental reliability
- D. Provincial Programming developed off of these learnings



# Swim Ontario Provincial Team Programming 2017-20

Dates 2017-18	Description	YOB and Ranking Process
October 19-20	Para Outlier in-reach Camp	Para OSA Select Swimmers
November 3-4	SO Youth Team Camp	M/F: YOB 12-14 F & 14-15 M- Multi Event Selection from LCM 2017
Dec 15-16	SO Youth Team Camp at TPASC	M/F: YOB 12-14 F & 14-15 M- Multi Event Selection from LCM 2017
Dec 15-17	OJI at TPASC	Qualifiers
Dec 16	OJI Fundamentals Camp	Regional Selections
Jan 10-15 2017	Austin APS SO Senior & Junior Selection	Absolute - On Track Rank and World Rank LCM 2017
Jan 26-27	Para Outlier in-reach Camp	Para OSA Select Swimmers
February 19-28 (TBC)	Islamorada FL – SO Prov Team Camp	Age as of Dec 31 (YOB) M18&U & F17&U On Track swimmers who are not Swimming Canada Carded
May 2-8, 2018	Indianapolis APS – Junior Selection	Absolute - On Track Rank
May long	SO Youth Team Camp at TPASC	M/F: YOB 12-14 F & 14-15 M- Multi Event Selection from LCM 2017
May 31 – June 5 (TBC)	Santa Clara APS SO Senior Selection	Absolute - World Rank LCM 2017
June 8-10 (TBC)	Para World Series Indianapolis	Ontario Team Selection based on prescribed Swimming Canada Criteria
June 8-9	Para Outlier in-reach Camp	Para OSA Select Swimmers
August 2-6 (TBC)	SO Youth Team – Chicago (TBC)	M/F: YOB 12-14 Girls & 14-15 Boys Selected for North American Challenge Cup

# SO Youth Development Team 2017-20

**We will have three camps for swimmers aged as follows:**

## I. Ages

A. Age as of first day of the event 12-14 Female and 14-15 Male

## II. Camps

A. Selection will be similar to the Canada Games Team selection

- 1) Highest Percentage off OnTrack times – **Event based similar to Canada Games selection**
- 2) Top 16 Males & Females based on 2017 LCM results & applicable 2018 Performance Window results

B. The structure of the camps will be similar to the Canada Games ID Caps of the past two seasons

- 1) Early November
- 2) December – in conjunction with OJI
- 3) May Long weekend

## III. Selection Tour Team

A. August 3-6 (TBC) – North American Challenge Cup – Chicago (TBD)

- 1) Selected using the Canada Games selection procedure
- 2) Selection based on March/April performance window meets
- 3) Team size TBD – will not exceed 6F & 6M



# SO Junior Team 2017-20

**We will have opportunities for swimmers aged as follows:**

## **I. Age & Eligibility**

- A. Age as of Dec 31 (YOB) 18 and Under Male & 17 and under Female
- B. Track 1 & 2 swimmers who are not Swimming Canada Carded

## **II. In reach Camps**

- A. Open to On Track Swimmers
  - 1) Highest Percentage of OnTrack times
  - 2) By Invitation in consultation with the home coach/program
  - 3) Camps will be on an ad hoc basis

## **III. Selection Tour Teams**

- A. January, February and March
  - 1) Arena Pro Series Austin (Jan 2018) & Indianapolis (May 2018)
  - 2) Team Ontario Provincial Camp Florida Feb 19 to 28
  - 3) Team size TBD – will not exceed 6F & 6M



# SO Senior Team 2017-20

## I. Ages & Eligibility

- A. Open
- B. Swimming Canada Carded and Podium Pathway Track 1 swimmers

## II. Camps

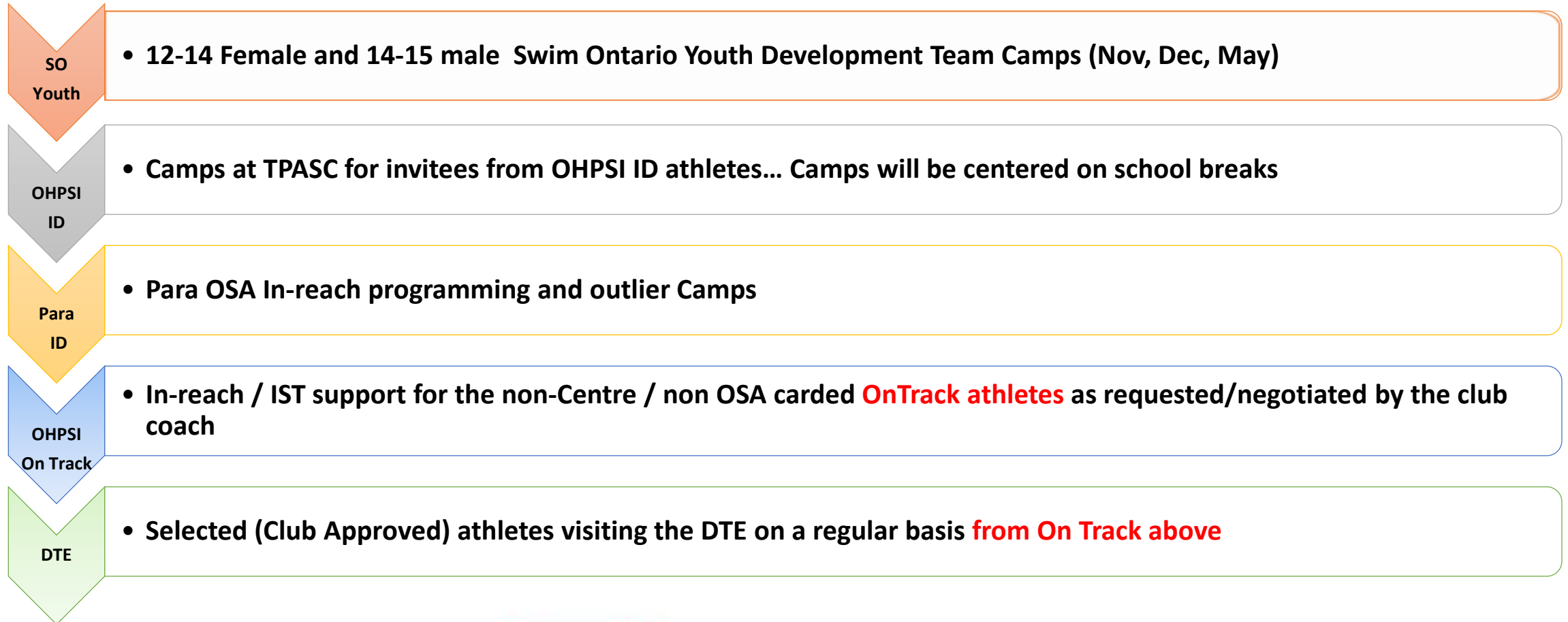
- A. HPCO/OSA In reach opportunities on an ad hoc basis in consultation with the coach athlete tandem.
- B. Approval from the Swimming Canada HPD

## III. January & March

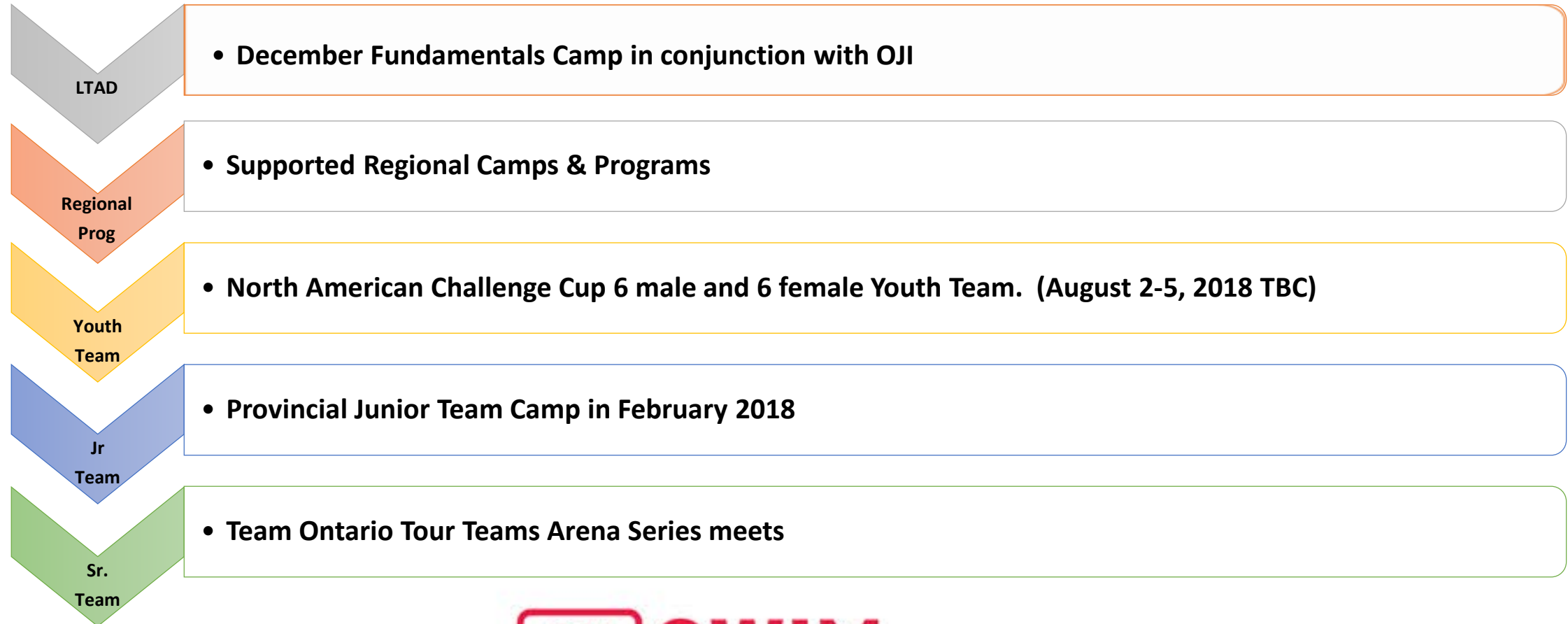
- A. Arena Pro Series Austin (Jan 2018) & Santa Clara (June 2018)



# Swim Ontario In-Reach Programs



# Swim Ontario Programming – Progression Targets



# **Partnerships**

## **Ontario High Performance Sport Initiative (OHPSI)**





# What is OHPSI?

The Ontario High Performance Sport Initiative, or *OHPSI* program is a funding program initiative that falls under **Priority 3 – Excellence** of the Ministry's (MTCS) Game ON Plan:

## Building on the Legacy of the Pan Am/Parapan Am Games

- The ministry revised the Ontario Sport Hosting Program, positioning the province as a key destination for national and international sporting events
- In June 2016, the ministry provided an additional \$7 million to the TO2015 Sport Legacy Fund to support the continued operation and maintenance of Pan Am/Parapan Am Games legacy facilities, including TPASC.

## Supporting High Performance Athletes

- Ontario invested \$19.51 million through various funding and partnered programs through PSO's to enhance coaching, training and competitive opportunities for athletes and their coaches.
- MTCS also continued to fund the Canadian Sport Institute Ontario to support Ontario's high-performance athletes and coaches.

The CSI-O OHPSI program is designed to support a comprehensive provincial high performance sport system that allows for sustained success of athletes and coaches at the very highest levels of international sport. There are just 20 sports selected into the OHPSI program and only 4 sports qualified for what is called "**Category 1**" funding.

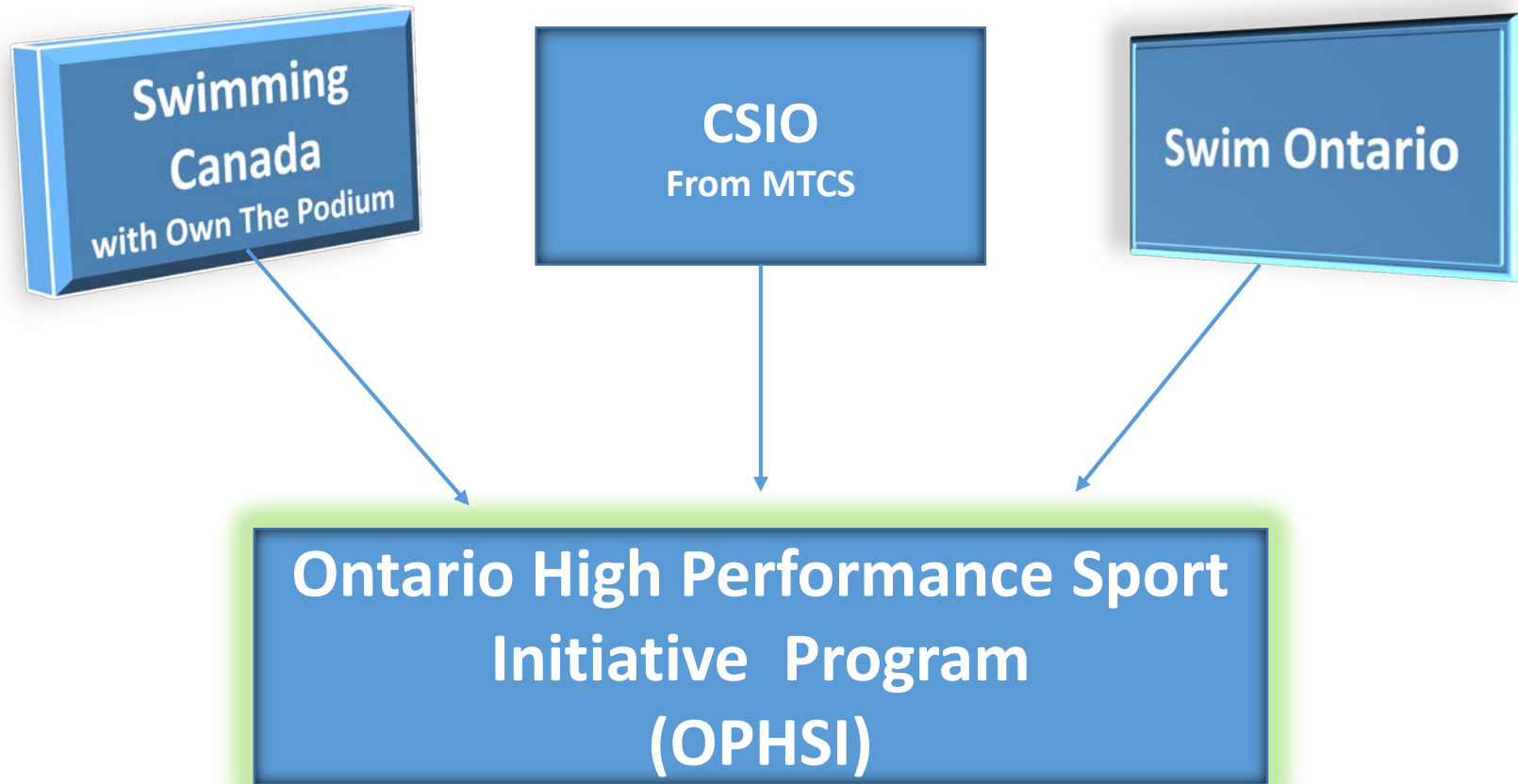


# OHPSI - Overarching Objective

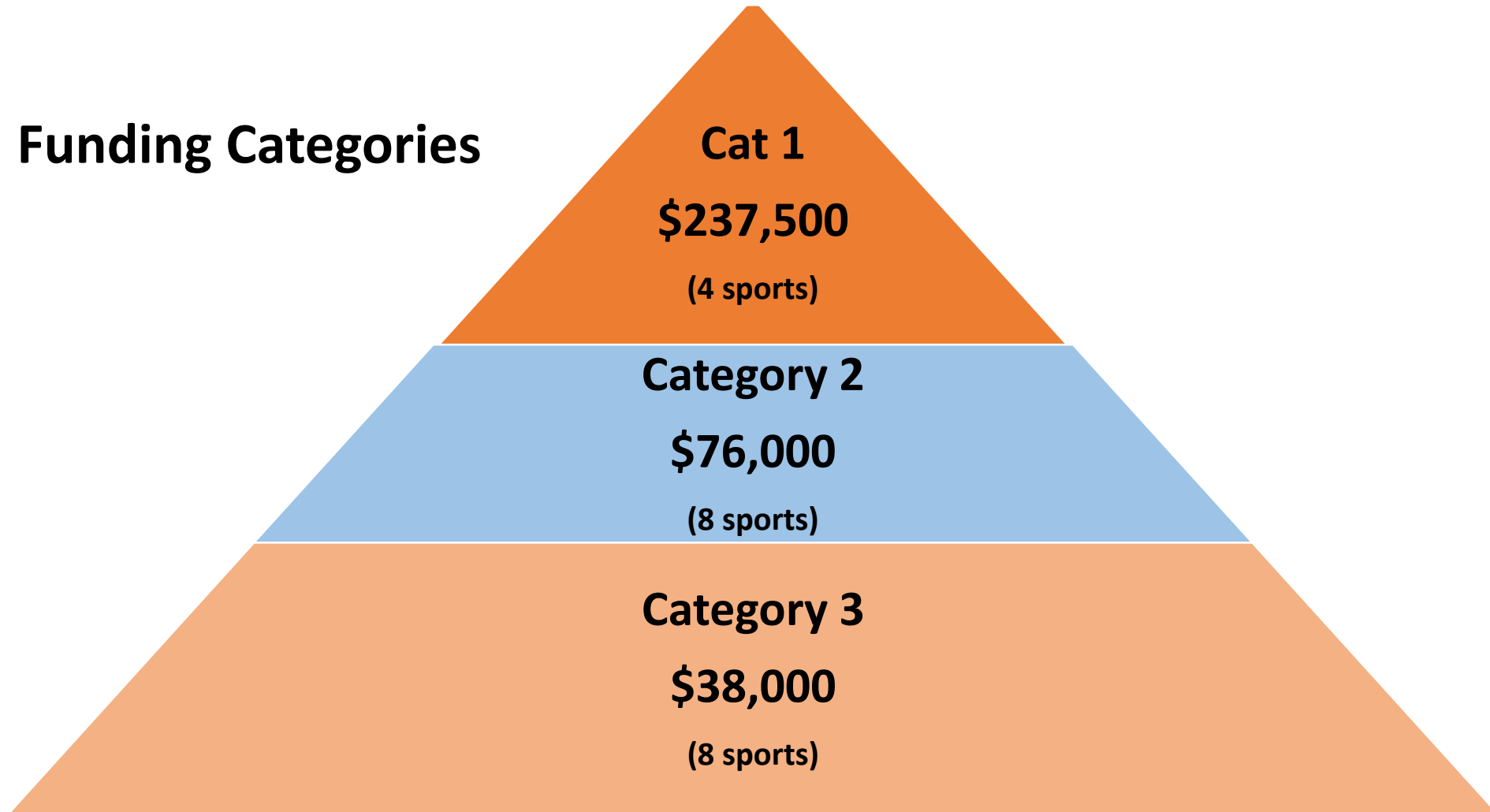
To provide high performance and **aligned pathway** enhancement that is athlete centered and coach led with optimal support to transition Ontario athletes towards the next stage in their development and ultimately contributing to future Olympic and Paralympic success”



# A Three-way OHPSI Partnership



## **OHPSI Funding Categories**



1. *Swim ON has been **approved** for OHPSI **Category 1** Sport funding*
2. *There are **ONLY 4** Category 1 Sports*



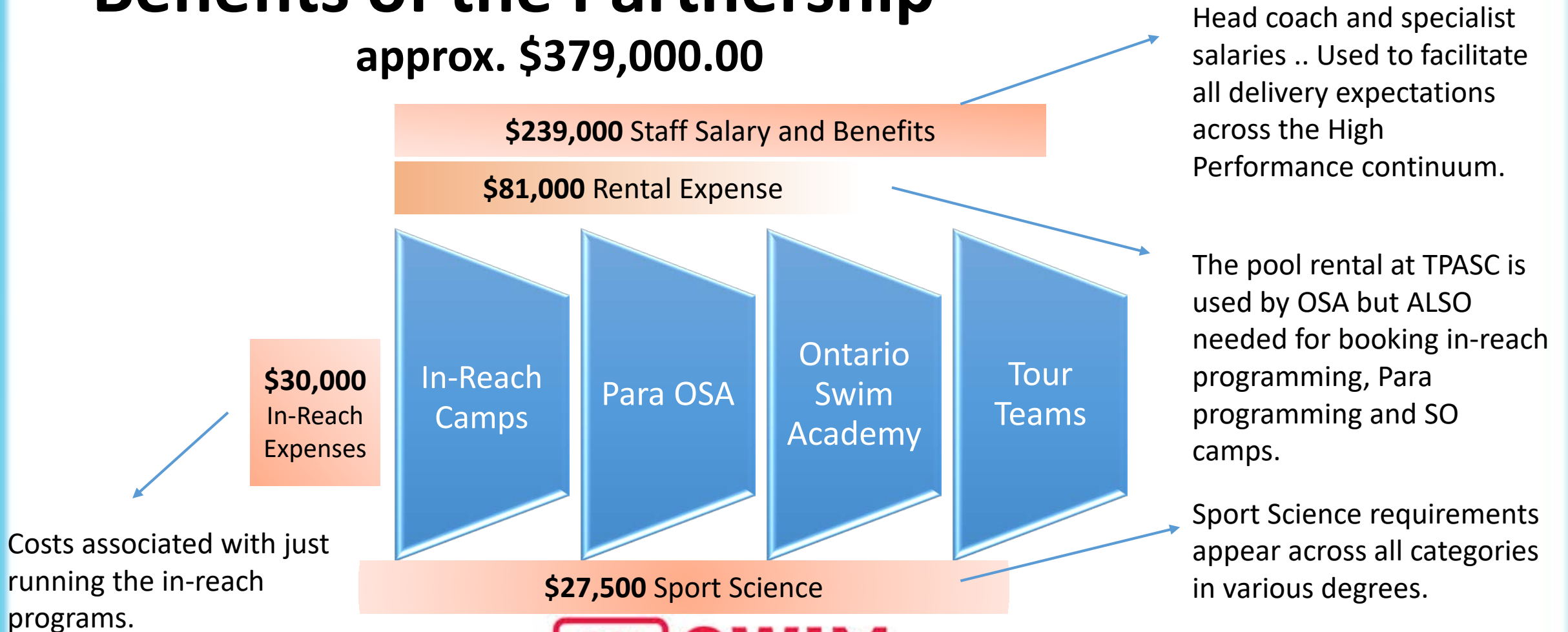
# Requirements of the Category 1 Partnership

1. Own The Podium – **prove** Swim ON has the foundation for success ✓
2. Performance Results – **prove** Swim ON is actually achieving success ✓
3. Leadership – **prove** Swim ON has the coaches and staff for high performance delivery ✓
4. Daily Training Environment – **prove** Swim ON has dedicated DTE for senior and junior streams of higher ranked athletes identified by the sport specific Podium Pathway ✓
5. Sport Science Integration – **provide** investment in coaches, expert people and technology ✓
6. National and Provincial alignment – **includes** strategies, goals and objectives ✓



# Benefits of the Partnership

approx. **\$379,000.00**



# Partnership Funds Contribute to the Following SO Programming”

OSA

Tour Teams

In-reach  
Camps

Coach  
Mentorship

Para OSA





# Summary of the Partnership

- There are **58 sports** and multi-sport organizations currently recognized by MTCS on their website.
- Swim Ontario is **1 of only 4** sports with the special benefits & service of a category 1 partnership.
- \$237,500.00 in Funding from CSIO.
- This partnership is **“all in”... mandatory programming** components must be met or Swim Ontario will be ineligible for a Category 1 Sport Funding enhancement.
- Additional benefits of our partnership include:
  1. Member of the Partner Management Team.
  2. Spin-off programming enhancements, that contribute strongly to our ongoing and future success.
  3. Access to additional leveraged funds :
    - a) \$138,600.00 in leveraged funds from Swimming Canada /OTP **contingent on OHPSI Cat 1 funding.**



# **ONTARIO SWIM ACADEMY (OSA)**



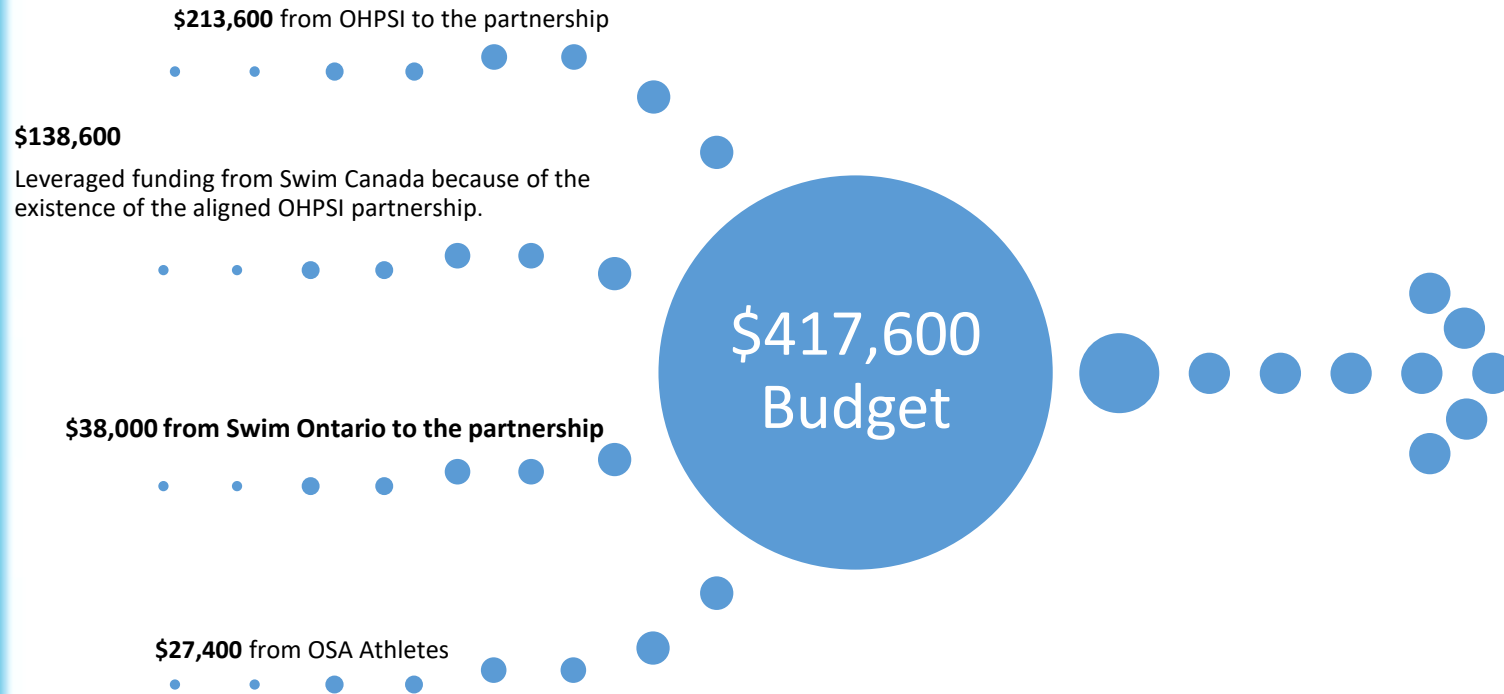
# What is the OSA?

## Both a Daily Training Environment and an In-Reach Program that:

1. Supports an optimal “training environment” for Ontario athletes with access to high performance sport programs, technical experts (full-time coaches and sport science/ medicine professionals), and services that enable Ontario athletes to train and develop skillsets necessary to achieve international podium performances in Olympic and Paralympic sports.
2. Is an Investment in full-time coaching and technical leadership positions that are closely aligned with the targeted athlete pool, while providing integrated professional development opportunities for the Ontario coach-athlete tandem.
3. Is a program dedicated to providing world-class sport science/sport medicine support to ensure that a holistic and NSO aligned approach is used to develop identified Ontario athletes.
4. Is a tiered development model that maximizes the opportunity for enhancing the skillsets of young swimmers, with the goal of increasing Ontario's ultimate contribution to Olympic and Paralympic podium success.



# OSA Related - Inflows



The OSA provides a world-class daily training environment and outreach service environment – both are fundamental requirements of the funding partners to receive Category 1 funding from OHPSI.

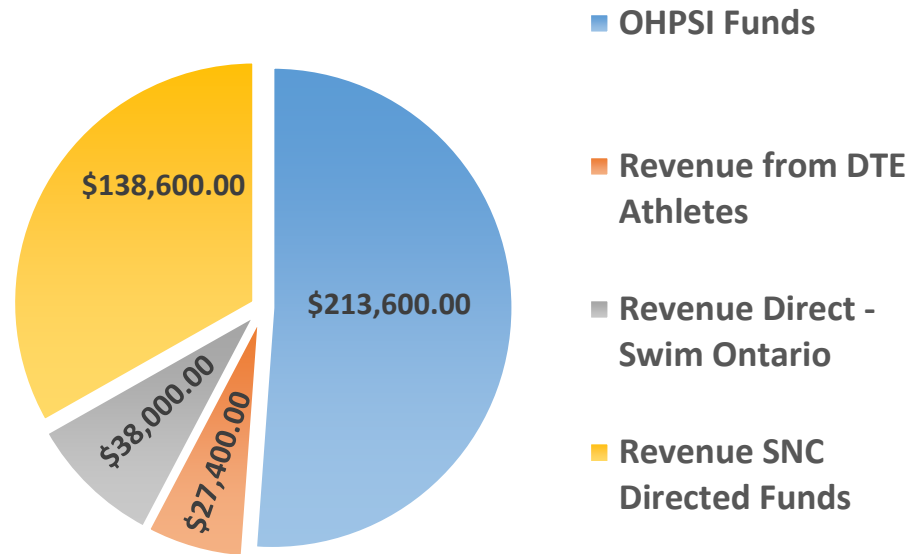
The partner investments (\$213,600 + \$138,600) are expensed to meet the performance targets of the program.



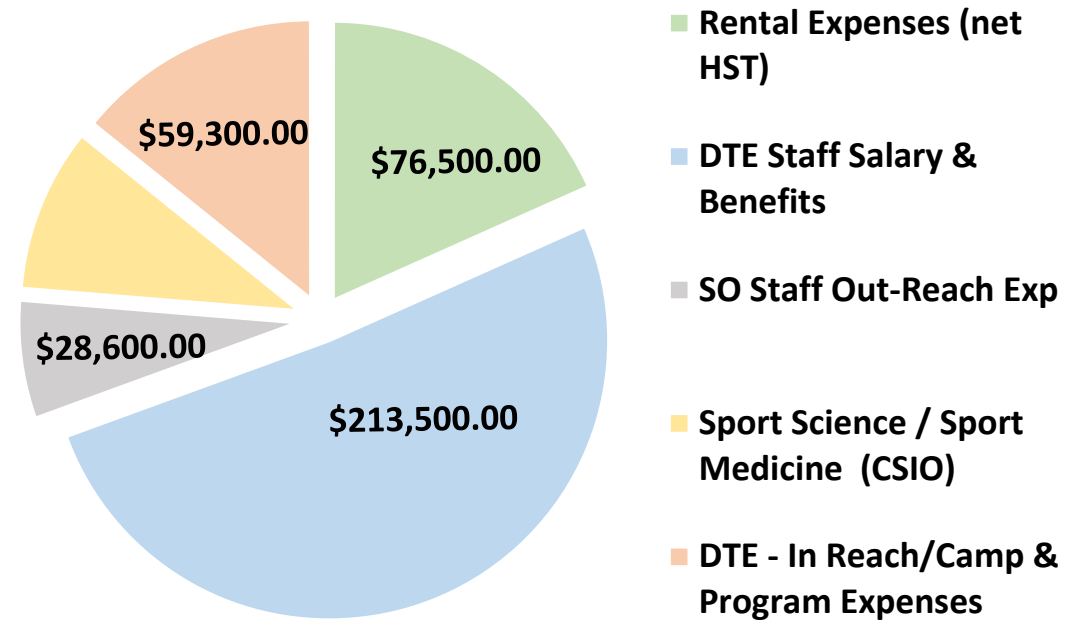
Condensed Revenue 2017-18 (Updated July 7 2017)		
OHPSI Funds	\$	213,600.00
Revenue from DTE Athletes	\$	27,400.00
Revenue Direct - Swim Ontario	\$	38,000.00
Revenue SNC Directed Funds	\$	138,600.00
	<b>\$</b>	<b>417,600.00</b>

Condensed Expenses 2017-18 (Updated July 7 2017)		
Rental Expenses (net HST)	\$	76,500.00
DTE Staff Salary & Benefits incl. Para	\$	213,500.00
SO Staff Out-Reach Exp	\$	28,600.00
Sport Science / Sport Medicine (CSIO)	\$	39,700.00
DTE - In Reach/Camp & Para & Program Expenses	\$	59,300.00
<b>Total Expenses</b>	<b>\$</b>	<b>417,600.00</b>

### OSA Revenue



### OSA EXPENSES



# Summary OSA Funding

Swim Ontario Contribution to partnership = **\$38,000.00**

Remaining Partners' Contributions = **\$379,600.00**



**PARA OSA**



# ONTARIO PARA SWIM ACADEMY

**The Para OSA program is integrated with the OSA. It is funded by Swim Ontario, Swimming Canada, and OHPSI / CSIO.**

## **Summary of Programming Details:**

1. Mon. Wed. & Fri. afternoon training opportunities with OSA Head Coach & Biomechanist.
2. Sessions run 2:30-4:00 pm October 1, 2017 through June 25, 2018.
3. The sessions will be on a drop-in basis and geared towards skill development, video analysis and specific designed testing as determined by the Senior Coach Paralympic Programs.
4. OSA staff will keep test results in a central location accessible to both the home club coach and Swimming Canada.
5. OSA Head Coach will offer mentorship opportunities for coaches in the program.
6. 2-3 "Outlier" in-reach camps will be offered on select weekends, with the same goals & objectives as the daily visitation program.





# ONTARIO PARA SWIM ACADEMY

## Coach Mentorship with Enhanced Training and Skill Development Opportunities for Athletes

- Enhanced training opportunity for Canada Games, NextGen, and podium potential athletes currently in the system
- Enhanced coach mentorship and coach development for coaches currently working in the OHPSI ID and NextGen level
- Enhanced daily training environment in the home club situation based on improved knowledge of the club coaches
- Development of a road map for coach mentorship development and athlete training and visitation that all sports can use to enhance their programs

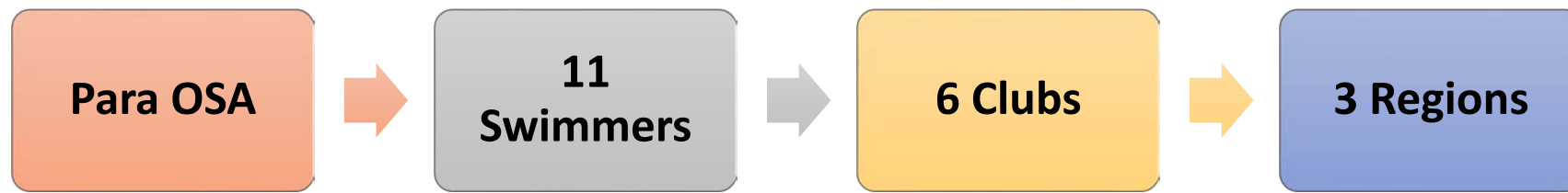
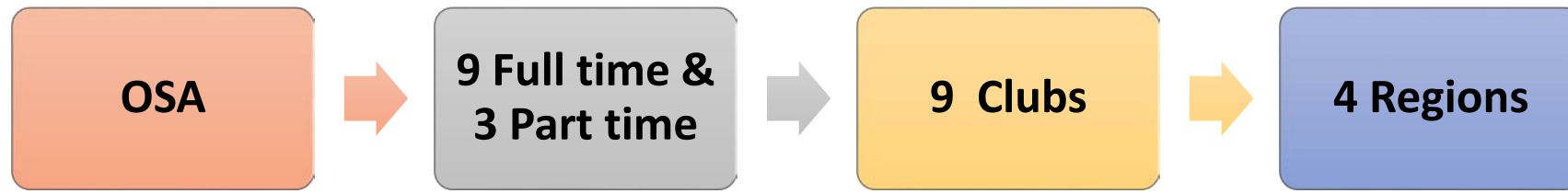
### Outcomes Across the Pathway:

**Participation:** Mentorship of coaches to improve the knowledge and skill levels for improved daily training environment in the home club situation, support all swimmers for progression within their programs

**Development:** Mentorship of coaches to improve the knowledge and skill levels for improved daily training environment in the home club situation, support all swimmers for progression within their programs

**Excellence:** Enhanced training opportunity for Canada Games and NextGen athletes and their coaches





**THANK YOU**

