



Swim Ontario Junior Team Coach Accelerator & Mentorship Opportunity

Provincial Junior Team Training Camp **February 17-27, 2018**, Islamorada, Florida, USA

Applications are to be sent to Darin Muma Swim Ontario Performance Programs Manager, darin@swimontario.com no later than 12 Noon on Wednesday December 20, 2017.

Each applicant must submit a short CV and cover letter highlighting their coaching experience and aspirations.

Applicant Eligibility

1. Must be a fully registered Coach with Swim Ontario
2. Must be minimum certified NCCP Level 2 or Comp Introduction Coach
 - a. Preference will be given to any coach Level 3 (Competition Development) trained or higher
3. Must have a valid Canadian Passport and be allowed to legally enter the USA
4. The coach of record of an athlete selected to one of the following Swim Ontario Tour Teams:
 - a. 2018 Swim Ontario Provincial Junior Tour Team in Islamorada, Florida.
 - b. 2017 Swim Ontario Provincial Youth Team Camp Dec 8-9, 2017.
 - c. 2017 Team Ontario Canada Games Team
5. By applying for this mentorship opportunity, you are attesting to Swim Ontario that you are available and willing to travel with Ontario and fully participate in the mentorship activities as described below for the duration of the tour.



Mentorship Opportunity Role & Description – (3 Coach PD points)

Mentoring Coach Role

1. The mentoring Coach will be OSA Head Coach, Don Burton
2. The mentoring coach will act as a resource and facilitate certain mentorship opportunities with respect to:
 - a. program and practice development and planning.
 - b. athlete testing.
 - c. IST supported, strength & conditioning.
 - d. IST supported, swimmer technical skill development.

Mentorship Coaching Role

Under the direction of the camp Head Coach, OSA Head Coach, Don Burton, the successful applicant will be responsible for the following:

1. Help formulate and conduct (coach) water workouts during the camp for up to 12 athletes
 - a. there will be 16 x 2:30 hour practices
2. Help conduct 12 drylands sessions along with the other staff members, including set up, take down of equipment.
3. Help conduct along with the other staff members, prescribed activation sessions.
4. Participate in daily staff meetings to review the practices for the day, and to preview the practices for the next few days.
5. Logging/data entry for all tests throughout the camp,