

Ontario Junior International Meet Standards

Women			Event	Men		
Standard				Standard		
SCM		LCM		LCM		SCM
26.58		27.47	50 Freestyle	24.47		23.70
57.36		58.52	100 Freestyle	52.92		51.59
2:03.73		2:07.28	200 Freestyle	1:56.52		1:52.87
4:22.07		4:29.18	400 Freestyle	4:09.89		4:01.37
9:08.59		9:21.80	800 Freestyle	--		--
--		--	1500 Freestyle	16:51.04		16:12.07
29.85		31.20	50 Backstroke	28.32		26.76
1:03.74		1:06.28	100 Backstroke	1:00.28		57.44
2:16.72		2:23.52	200 Backstroke	2:11.04		2:04.34
33.50		34.40	50 Breaststroke	30.69		29.82
1:12.48		1:14.50	100 Breaststroke	1:07.19		1:04.86
2:36.51		2:41.39	200 Breaststroke	2:26.77		2:20.88
28.55		29.05	50 Butterfly	26.36		25.61
1:03.54		1:04.25	100 Butterfly	57.64		56.76
2:19.97		2:24.03	200 Butterfly	2:10.53		2:06.57
2:20.17		2:24.94	200 Individual Medley	2:12.56		2:07.38
4:56.59		5:08.97	400 Individual Medley	4:43.29		4:33.34

Ontario Junior International Meet Records

Women		Event	Men	
Rebecca Smith - RDCSC	25.40		50 Free	21.87
Penny Oleksiak - TSC	54.49	100 Free	47.61	Andrew Seliskar - NCAP
Penny Oleksiak - TSC	1:57.43	200 Free	1:43.64	Andrew Seliskar - NCAP
Tessa Cieplucha - OAK	4:12.32	400 Free	3:53.31	Christian Arseneau - MSSAC
Tessa Cieplucha - OAK	8:37.46	800 Free		
		1500 Free	15:26.75	Christian Arseneau - MSSAC
Danielle Hanus - NEW	58.19	100 Back	51.65	Andrew Seliskar - NCAP
Meryn McCann - ESWIM	2:06.65	200 Back	1:59.63	Matthew Mac - OAK
Olivia Paskulin - PCSC	1:08.03	100 Breast	59.48	Carsten Vissering - NCAP
Kelsey Wog - UMAN	2:25.55	200 Breast	2:05.59	Andrew Seliskar - NCAP
Danika Huizinga - SWMON/AJAX	59.55	100 Fly	51.98	Andrew Seliskar - NCAP
Kylie Jordan - NCAP	2:11.20	200 Fly	1:51.96	Andrew Seliskar - NCAP
Danielle Hanus - NEW	2:14.35	200 IM	1:54.56	Andrew Seliskar - NCAP
Danielle Hanus - NEW	4:42.60	400 IM	4:13.43	Andrew Seliskar - NCAP
Swim Ontario	3:46.81	400 Free Relay	3:21.47	Nation's Capital Swim Club
Etobicoke Swimming	8:10.59	800 Free Relay	7:28.18	Oakville Aquatic Club
Swim Ontario	4:07.91	400 Medley Relay	3:39.13	Nation's Capital Swim Club