

3rd Annual
Ontario Junior International
December 16-18, 2016



For inquiries regarding this competition:
Ontario Junior International Organizing Office
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Dear International Swimming Federation,

Swim Ontario, in association with Swimming Canada, is pleased to invite your federation to compete in the 3rd Annual Ontario Junior International Short Course Championships, December 16-18, 2016, Toronto, Ontario, Canada. This is an opportunity for your swimmers to compete and win in our world class Toronto Pan Am Sports Centre competition pool among some of the top junior competitors from all over the world. This state of the art facility includes two 10 lane 50 metre competition pools equipped with the latest technology and complimented by a leading edge sport science facility. **The 2015 meet proved to be very exciting with more than a dozen "Top 50" World Ranked Performances.** *Meet standards and records are on back.*

The Ontario Junior International competition is open to foreign swimmers and teams who are registered with FINA affiliated organizations. *This is a Swim Ontario event. Only Swim Ontario may grant entry or access to any volunteer, coach, athlete, official, sponsor, or spectator either in the field of play or spectator stands.*

A full meet information package will be provided upon request. Please email juniorinternational@swimontario.com.

- Pre-competition training Wednesday December 14 – Thursday December 15, 2016.
- Earlier arrangements by special request

We are excited to be offering international federations and high performance teams a Competition Subsidy.

- **Deck Accreditation for swimmers, coaches and support staff waived for international competitors**
- **Meet Entry Fees waived for international competitors**

Invited Competitors A:

International Federations

Swim Ontario will provide a minimum \$5000 travel subsidy per team. (Negotiable depending on team numbers and swimmer results).

Invited Competitors B:

International Teams with medalists & finalists from the 2015 World Junior Swimming Championships or 2016 Junior Pan Pacific Championships

Swim Ontario will provide up to \$5000 per team with medalists/finalists from the 2015 World Championships or European Jr. Championships.

Invited Competitors C:

Provincial, Regional, Territorial Members of Swimming/Natation Canada

Will be invited to a post competition training camp hosted by Swim Ontario.

I hope that your federation will consider competing in this exciting new junior international competition and I very much look forward to welcoming you this upcoming December!

We will make sure that your time in Toronto, Ontario CANADA will be an exciting experience of world class performance, in a world class facility, in a world class city!

Respectfully,
John Vadeika, Executive Director
Swim Ontario



Facility

The Toronto Pan Am Sports Centre is the largest sport new-build for the 2015 Games & the largest investment ever in Canadian amateur sport history. The Aquatics Centre includes:

- Two internationally sanctioned 10-lane, 50-metre pools equipped with the latest technology and sport science facilities
- Five metre deep diving tank with 3, 5, 7.5 & 10 metre platforms

With a full range of world class features, this Pan Am Centre is the sole aquatics facility in the region that meets the latest international competition standards - an ideal environment to set the stage for world class performance. See more at: <http://tpasc.ca/view/tpasc>

Program

Event Title: Ontario Junior International

Dates: December 14-15, 2016 - pre-competition training
December 16-18, 2016 - competition

Venue: Toronto Pan Am Sports Centre
875 Morningside Ave. Toronto, ON M1C 0C7

Format: Short Course, 10 lane 25 metre;
Preliminaries; Top 8 B Final; Top 8 A Final
Age: 18 and Under - age as of first day of the meet

Event Schedule

Friday: Prelim/Final - 200FR, 100BR, 400IM, 100FL, 50BK
Timed Finals Swim at Finals - 800 FREE RELAY

Saturday: Prelim/Final - 200FL, 100BK, 400FR, 50FR, 200BR, 50FL
Timed Finals Swim at Finals – 200 MIXED MEDLEY RELAY, 400 FREE RELAY

Sunday: Prelim/Final - 200IM, 100FR, 200BK, 50BR
Timed Finals with Top 8 swum at Finals - 800FR(W); 1500FR(M)
Timed Finals Swim at Finals - 200 MIXED FREE RELAY, 400 MEDLEY RELAY

Awards will be presented in the following categories:

- Medals - 1-3 for individual and relay events
- **Distinctively Canadian Awards for:**
 - Aggregate High Point Award for individual Male and Female
 - Best World Class Swim Male and Female based on World Ranking
 - Best World Class Swim Female based on World Ranking



Ontario Junior International Meet Standards

Women			Event	Men		
Standard				Standard		
SCM		LCM		LCM		SCM
26.58		27.47	50 Freestyle	24.47		23.70
57.36		58.52	100 Freestyle	52.92		51.59
2:03.73		2:07.28	200 Freestyle	1:56.52		1:52.87
4:22.07		4:29.18	400 Freestyle	4:09.89		4:01.37
9:08.59		9:21.80	800 Freestyle	--		--
--		--	1500 Freestyle	16:51.04		16:12.07
29.85		31.20	50 Backstroke	28.32		26.76
1:03.74		1:06.28	100 Backstroke	1:00.28		57.44
2:16.72		2:23.52	200 Backstroke	2:11.04		2:04.34
33.50		34.40	50 Breaststroke	30.69		29.82
1:12.48		1:14.50	100 Breaststroke	1:07.19		1:04.86
2:36.51		2:41.39	200 Breaststroke	2:26.77		2:20.88
28.55		29.05	50 Butterfly	26.36		25.61
1:03.54		1:04.25	100 Butterfly	57.64		56.76
2:19.97		2:24.03	200 Butterfly	2:10.53		2:06.57
2:20.17		2:24.94	200 Individual Medley	2:12.56		2:07.38
4:56.59		5:08.97	400 Individual Medley	4:43.29		4:33.34

Ontario Junior International Meet Records

Women		Event	Men	
Harriet Cooper - GBR	24.86	50 Free	21.69	Michael Andrew - IS-USA
Harriet Cooper - GBR	54.00	100 Free	47.61	Andrew Seliskar - NCAP
Harriet Cooper - GBR	1:56.26	200 Free	1:43.64	Andrew Seliskar - NCAP
Olivia Anderson - ESWIM	4:05.99	400 Free	3:47.59	Rafael Davila - IS
Tessa Cieplucha - OAK	8:37.46	800 Free		
		1500 Free	15:26.75	Christian Arseneau - MSSAC
Kathleen Dawson - GBR	26.76	50 Back	24.01	Michael Andrew - IS-USA
Danielle Hanus - NEW	57.63	100 Back	51.63	Javier Acevedo - MAC
Meryn McCann - ESWIM	2:06.65	200 Back	1:58.83	Matthew Mac - OAK
Kelsey Wog - UMAN	32.10	50 Breast	27.33	Michael Andrew - IS-USA
Kelsey Wog - UMAN	1:06.20	100 Breast	58.32	Michael Andrew - IS-USA
Kelsey Wog - UMAN	2:23.00	200 Breast	2:05.59	Andrew Seliskar - NCAP
Danika Huizinga - MAC	26.47	50 Fly	23.51	Michael Andrew - IS-USA
Penny Oleksiak - SWMON/TSC	58.20	100 Fly	51.58	Michael Andrew - IS-USA
Penny Oleksiak - SWMON/TSC	2:08.06	200 Fly	1:51.96	Andrew Seliskar - NCAP
Kelsey Wog - UMAN	2:12.79	200 IM	1:54.56	Andrew Seliskar - NCAP
Tessa Cieplucha - OAK	4:36.74	400 IM	4:13.43	Andrew Seliskar - NCAP
Swim Ontario	3:42.99	400 Free Relay	3:21.47	Nation's Capital Swim Club
Oakville Aquatic Club	8:04.63	800 Free Relay	7:28.18	Oakville Aquatic Club
Swim Ontario	4:07.91	400 Medley Relay	3:39.13	Nation's Capital Swim Club
Mixed 200 Free Relay		1:37.19		Nation's Capital Swim Club
Mixed 200 Medley Relay		1:46.98		Nation's Capital Swim Club