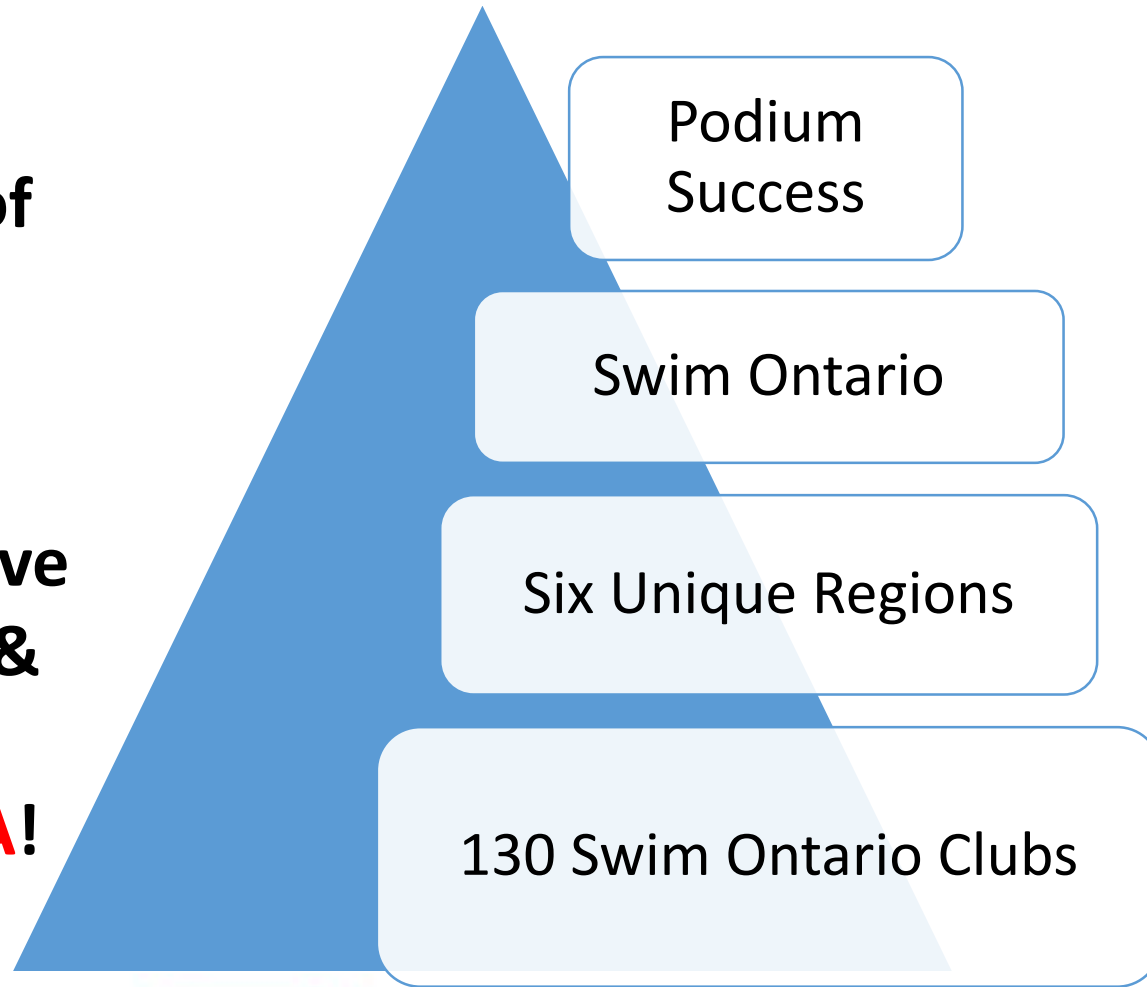


Provincial Programming & Updates

Regional Presentation



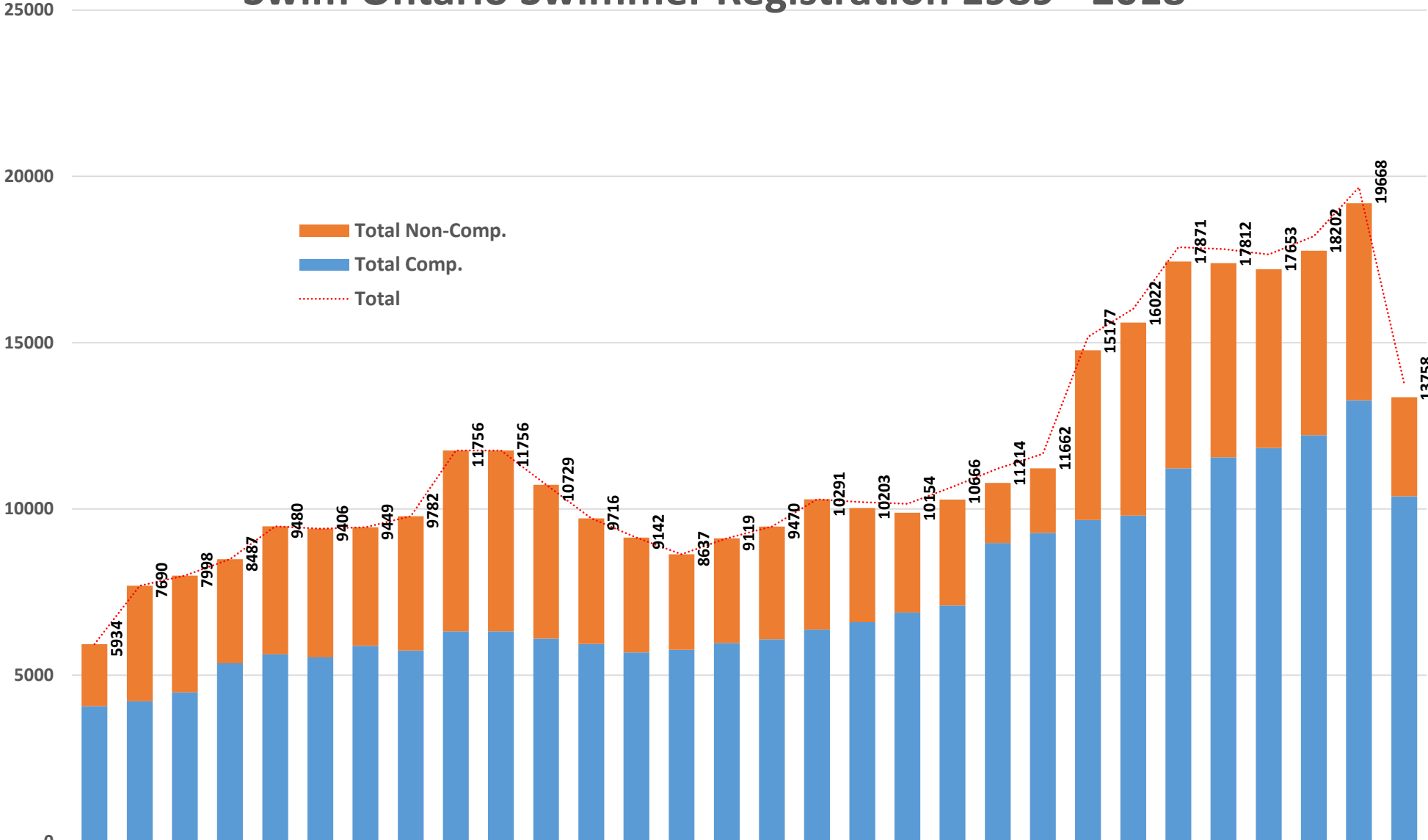
As stated in our annual report... Thank you to each of our 130 clubs who continually provide the foundation, the engine and innovative ideas, that support & **DRIVE SWIMMING SUCCESS in CANADA!**



Provincial Meet Programming



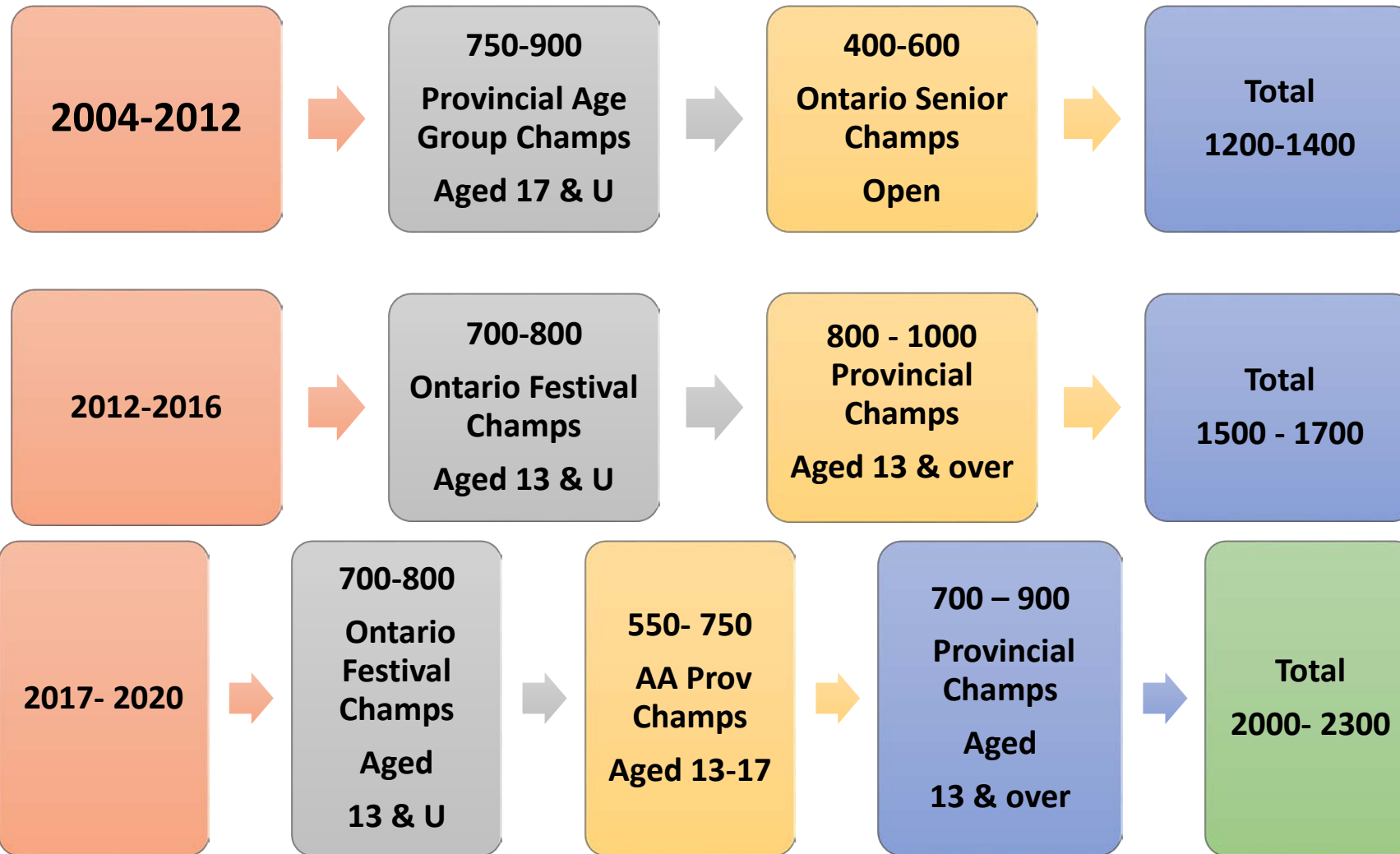
Swim Ontario Swimmer Registration 1989 - 2018



Total Non-Comp.	1866	3474	3508	3127	3846	3864	3563	4040	5430	5430	4623	3773	3456	2874	3151	3388	3916	3431	3004	3180	1808	1943	5103	5798	6221	5833	5371	5551	5923	2982
Total Comp.	4068	4216	4490	5360	5634	5542	5886	5742	6326	6326	6106	5943	5686	5763	5968	6082	6375	6595	6884	7100	8975	9278	9669	9804	11222	11554	11835	12213	13267	10379
Total	5934	7690	7998	8487	9480	9406	9449	9782	11756	11756	10729	9716	9142	8637	9119	9470	10291	10203	10154	10666	11214	11662	15177	16022	17871	17812	17653	18202	19668	13758

As Swim Ontario registration numbers have increased, we have endeavored to develop additional provincial competition programming opportunities.





Rationale - Provincial Program Development & Delivery

The standards and programming have undergone an extensive review with the following goals in mind:

- Create more provincial meet opportunities for more of our members
 - ❖ **The goal is 2300 swimmers between 3 meets in each of Winter/Summer**
- Achieving a balance between all of provincial meet subscriptions
- Ensuring proportionate gender distribution for each provincial meet
- Reach a desired number of qualifiers for financial viability of event

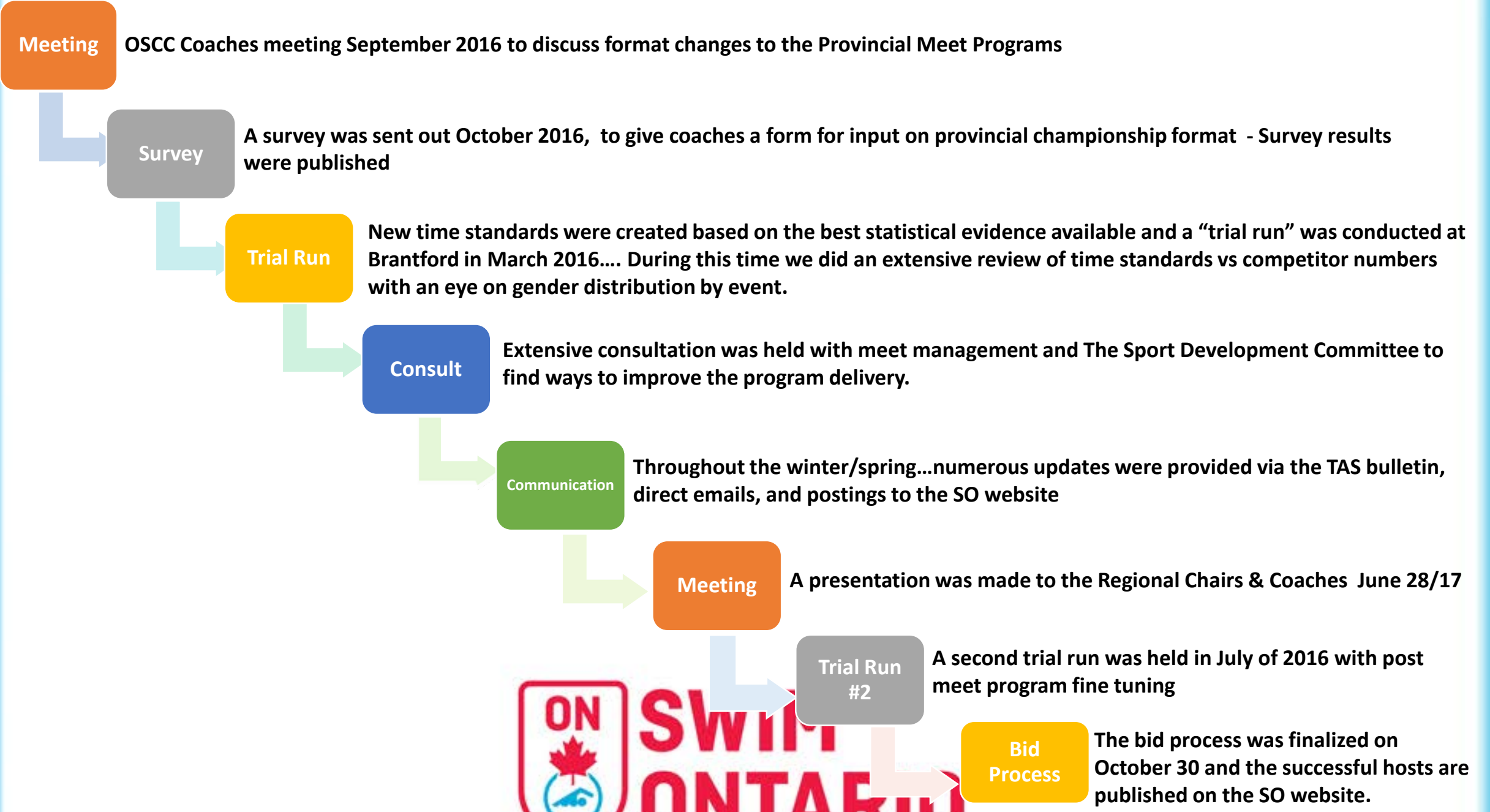


Swim Ontario Provincial Programming for 2017-20

Names	Ontario Winter Festival Championships	Ontario Summer Festival Championships	Ontario Spring & Summer AA Championships (separate event and venue)	Ontario Spring & Summer Provincial Championships
Dates	February – 2 weeks prior to Spring Provincials	Mid- June – 2 weeks prior to Summer Provincials	July 1 weekend Same weekend as Provincials	July 1 weekend
Days	2	3	4	4
Course	SC	LC	LC	LC
Format	Timed final	Timed final	Heats / Finals	Heats / Finals
Age Groups	10&U, 11, 12, 13	10&U, 11, 12, 13	13&U, 14, 15, 16, 17&O	13&U, 14, 15, 16, 17&O
Seeding for prelims			Divide senior seeding 14&U and 15&O Convert all times to LC	Divide senior seeding 14&U and 15&O Convert all times to LC
Relay Age Groups	11&Under 12-13	11&Under 12-13	14&U 15&O 800 Free relay - OPEN	14&U 15&O 800 Free relay - OPEN
Qualifying	1 Festivals QT	1 Festivals QT	1 AA QT	1 Provincial QT
Qualifying Period	18 months	18 months	18 months	18 months
Entry Deadline	10 days prior	10 days prior	10 days prior	10 days prior
Meet De-Qualifying	No meet de-qualifying	No meet de-qualifying	3 or more Provincial QTs not eligible to attend this meet No event de-qualifying	
Qualifying Standards	Festivals Standards	Festivals Standards	AA Standards	Provincial Standards
Targeted numbers	700 - 750	700 - 750	700 – 750	700 - 750
Max events	6	7	8	8
Bonus structure	1 QT = 3 Bonus 2 QTs = 2 Bonus 3 QTs = 1 Bonus 4 or more QTs = 0 Bonus	1 QT = 3 Bonus 2 QTs = 2 Bonus 3 QTs = 1 Bonus 4 or more QTs = 0 Bonus	1 QT = 2 Bonus 2 QTs = 2 Bonus 3 or more = 1 Bonus to maximum allowable swim	1 QT = 2 Bonus 2 QTs = 2 Bonus 3 or more = 1 Bonus to maximum allowable swims
	13 and under 2 day format SCM	13 and under 3 day format LCM	- 3.25% slower than Prov QT - Heats and Finals - Relays at end of session	Relays at end of session

Consultation Process





Regional Programming



How Can Regions Help?



So, what is in the Swim Ontario Vision 2020 Strategic Plan specifically for Regions?

3.2 Swim Ontario Regions:

Swim Ontario will work with regions to help:

- define their role in programming and club partner services,
- develop mandates to align with the overall vision 2020 strategic plan,
- ensure that regional camps and activities support the performance development pathway.

How can this best be accomplished?

2.2 Training Camps & Tour Teams:

- Learn to Train Camps
- Fundamentals Camps
- Regional Tour Teams
- Support for Performance and Performance Development initiatives.



SO Aligned Regional Funding For Special Projects 2017-2020

Swim Ontario will approve special projects initiatives as follows:

All Regions

1. Support Regional Swimmers to the SO Youth Team Camps at TPASC
 - a) December, March, May
2. Support Regional Swimmers to either HPC-O & OSA opportunities.
3. Support Regional Swimmers for travel to Toronto (Airport/Train station) for team Ontario tour Teams
4. Support travel expenses for IST personnel support for Regional Camps
5. Support Athletes invoiced for non-funded activities (i.e. Nation Jr. Team Activities, FISU Games etc.)
6. Support Para athletes travelling to camps/competitions/classification
7. Coach Travel expenses to approved SO program activities
8. Specific Officials' Education & Development projects
9. Specific Coaches' Education & Development projects



SO Aligned Regional Funding for Camps 2017-2020

Swim Ontario will approve camp initiatives as follows

All Regions Use the Same Swim Camp Template

1. Fall 2017 – Fundamentals Camp – dolphin kick & streamline focus
2. Fall 2017 – Learn to Train Camp – stroke efficiency, nutrition, dry-land focus
3. Winter 2018 – Fundamentals Camp – back and breast skills & start focus
4. Winter / Spring 2018 – Learn to Train Camp – IM skills, dry-land follow up focus

Provincial Regional Outreach Programming

1. Swim Ontario will provide access to SO staff and OSA personnel to supplement regional camps as time & training schedules permit
2. Plan camps according to the SO Camp Template
3. Selection should use a percentage of the OnTrack times using the SO OnTrack tool.
4. Provide attendance lists of coaches and swimmers (VERY IMPORTANT)



Summary of SO Aligned Regional Funding for 2017-2018

Regional Committee	Camps	Coaches	Approved Projects	Total Per Region
North West	\$6,000	\$800	\$16,000	\$22,800
North East	\$6,000	\$1,100	\$15,000	\$22,100
Eastern	\$6,000	\$1,500	\$13,500	\$21,000
Huronia	\$6,000	\$1,200	\$14,500	\$21,700
Central	\$8,000	\$3,400	\$15,600	\$27,000
Western	\$6,000	\$2,000	\$13,000	\$21,000
	\$38,000	\$10,000	\$87,600	\$135,600



SO Aligned Regional Funding for Officials 2017-2020

SOOC Budget

<u>Income</u>	
Registration Fee	\$37,500.00
<i>Total income</i>	<i>\$37,500.00</i>
<u>Expenses</u>	
Level 3/4 training	\$2,000.00
Level 5 training	\$2,000.00
Open Water Swimming	\$500.00
Para-Swimming	\$1,500.00
<i>Total Funding</i>	<i>\$6,000.00</i>
Evaluations - level 4/5	\$6,500.00
Officials Dev. Misc	\$700.00
Pins/nameplates	\$750.00
Awards/recognition	\$750.00
SO Conference	\$1,500.00
Travel SO Conference / Symposium	\$2,500.00
OCRC Officials Symposium	\$2,000.00
Regional Officials Clinics	\$8,250.00
Travel Fund for Clinic deliveries	\$7,000.00
<i>Total Expenses</i>	<i>\$35,950.00</i>
Net	\$1,550.00

Regional Officials

Clinics

Breakdown

Central: \$4500

Eastern: \$750

Huronia: \$500

North East: \$500

North West: \$500

Western: \$1500

Travel Fund for Clinic

Deliveries

Mileage & Accommodations for clinic deliveries by application - budgets to be submitted by RORs for approval

SO Aligned Regional Funding for Officials 2017-2020

Region specific official education and development

Mentoring

Funding for ROR or designate to attend regional championships

- Travel and Accommodation to attend regional championships

Facilitate communications – ROR team

Provide conference call line for ROR use

- Regional official meetings, as needed

Central Region: **\$250**

Eastern Region: **\$750**

Huronian Region: **\$1000**

North East Region: **\$1000**

North West Region: **\$1000**

Western Region: **\$1000**



SO Aligned Regional Funding for Coaches 2017-2020

Coach Education and Development

Training & Certification Support

NCCP certification completion fundamentals through competition coach
NCCP pathway or other professional development clinics
Swim Ontario conference.

Mentoring

Funding for COACHES to attend COMPETITIONS, PRACTICES, CAMPS for Travel and
Accommodation, Both PARA And ABLE BODIED

Region Led Clinics, Presentations, Meets

Funding for Coaches to ATTEND AGMS, clinics, presentations hosted by regions

Central Region: \$3,400

Eastern Region: \$1,500

Huronia Region: \$1,200

North East Region: \$1,100

North West Region: \$800

Western Region: \$2,000



Certified Coaches MUST partake in Professional Development activities over a five year period to maintain their status.

This is a Coaching Association of Canada (CAC) requirement based on a system-wide policy and requirements were agreed upon with Swimming Canada



This season, as Coaches have completed their registration Swim Ontario has updated each of them on the current PD status



How to Accumulate Professional Development Activities (PD Points)



1. **Sport Specific Courses** – Swimming 101, Swimming 201, Swimming 301, etc (Most are **5 points**)
2. **Multi Sport Courses** – Courses offered through Coaches Association of Ontario – <http://coachesontario.ca/> (Most are **5 points**)
3. **Visitations** – **1 point per visit** (max 5 points per season)
 - Visitations to the National High Performance Centre
 - Visitations to the Ontario Swim Academy



4. **CAC Modules** – Online modules offered through The Locker

<https://thelocker.coach.ca/> under the eLearning tab. Current modules of note include: **(Most are - 5 points)**

- Coaching Athletes with a Disability – Free until December 31, 2017 (then it'll be \$15)
- Making Headway in Sport – Free (any version works – there are 6 versions)
- Coach Initiation in Sport - \$15
- Making Ethical Decisions Online Evaluation (x4) – Free if coach has taken the MED Course from CAO (\$85 otherwise)

5. **Training Camps/Tour Teams** – points vary depending on event – **(Typically - 3 points)**

- Any Swim Ontario or Swimming Canada Training Camps and Tour Teams
- Regional Camps – camp lead must submit list of coaches that attended the camp to Swim Ontario



6. **Other** – points vary (**1-3 points** – decided by CAC)

- Events offered through the Canadian Sport Institute Ontario - <http://www.csiontario.ca/events>
- Training offered through High Five - <http://www.highfive.org/take-action/get-trained/high-five-sport>

7. **Active Coaching** – (**1 point**) per year

- Must self report through the Locker

8. **Self Directed Learning** – (**3 points** over 5 year cycle)

9. **Other** - (first aid course, university module, etc).

- Must self report in the Locker – (**CAC decides** points)

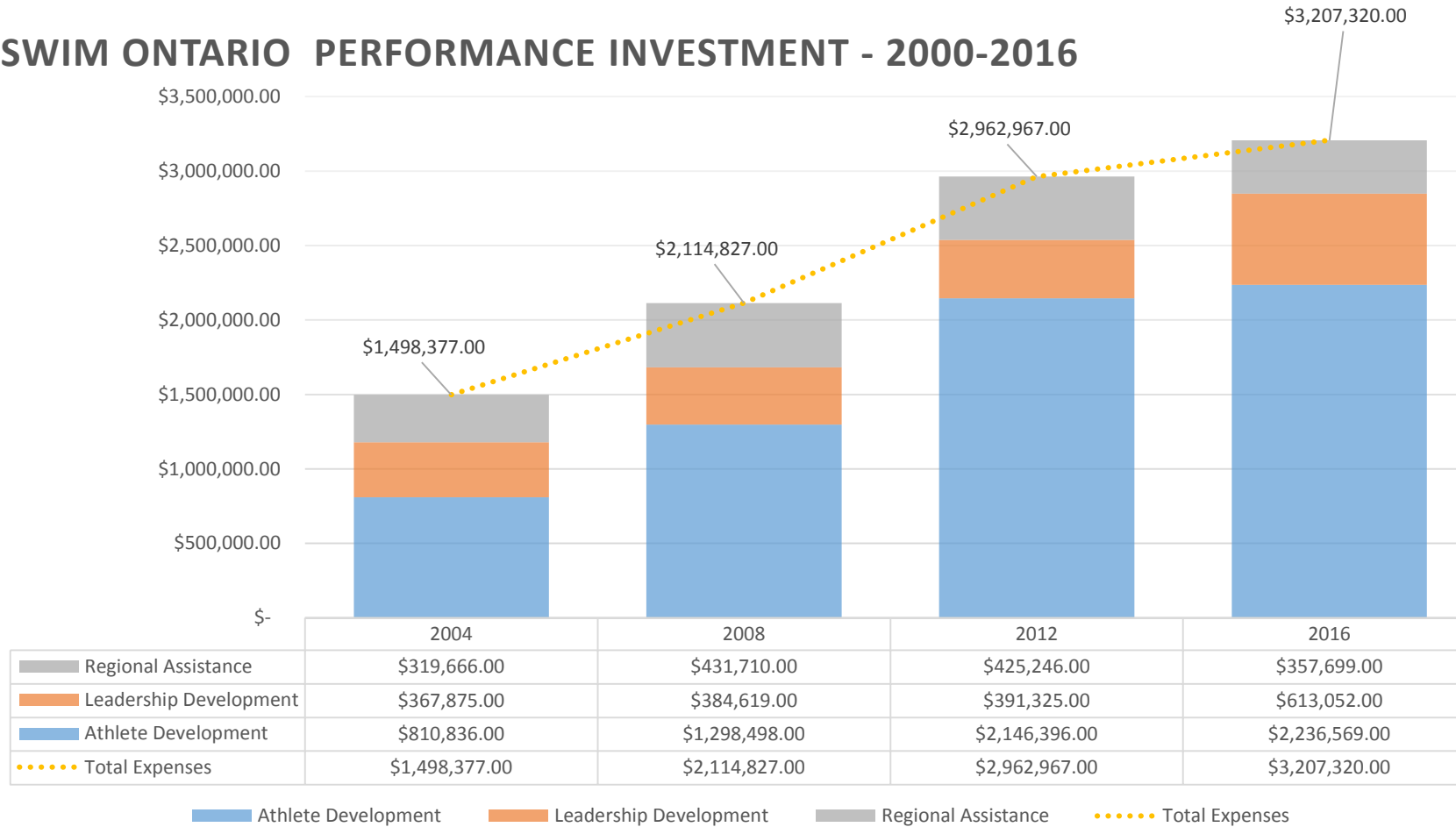


What happens to coaches' NCCP certification if they do not complete the required PD in the time allowed?

“Their transcript would show that their status has not been renewed and having a ‘non-renewed’ status will impact their ability to register with Swimming Canada. Swimming Canada will determine what coaches must do in order to reinstate their trained or certified status and will also determine the consequences of a ‘non-renewed’ certified status.” - [Swimming Canada](#)



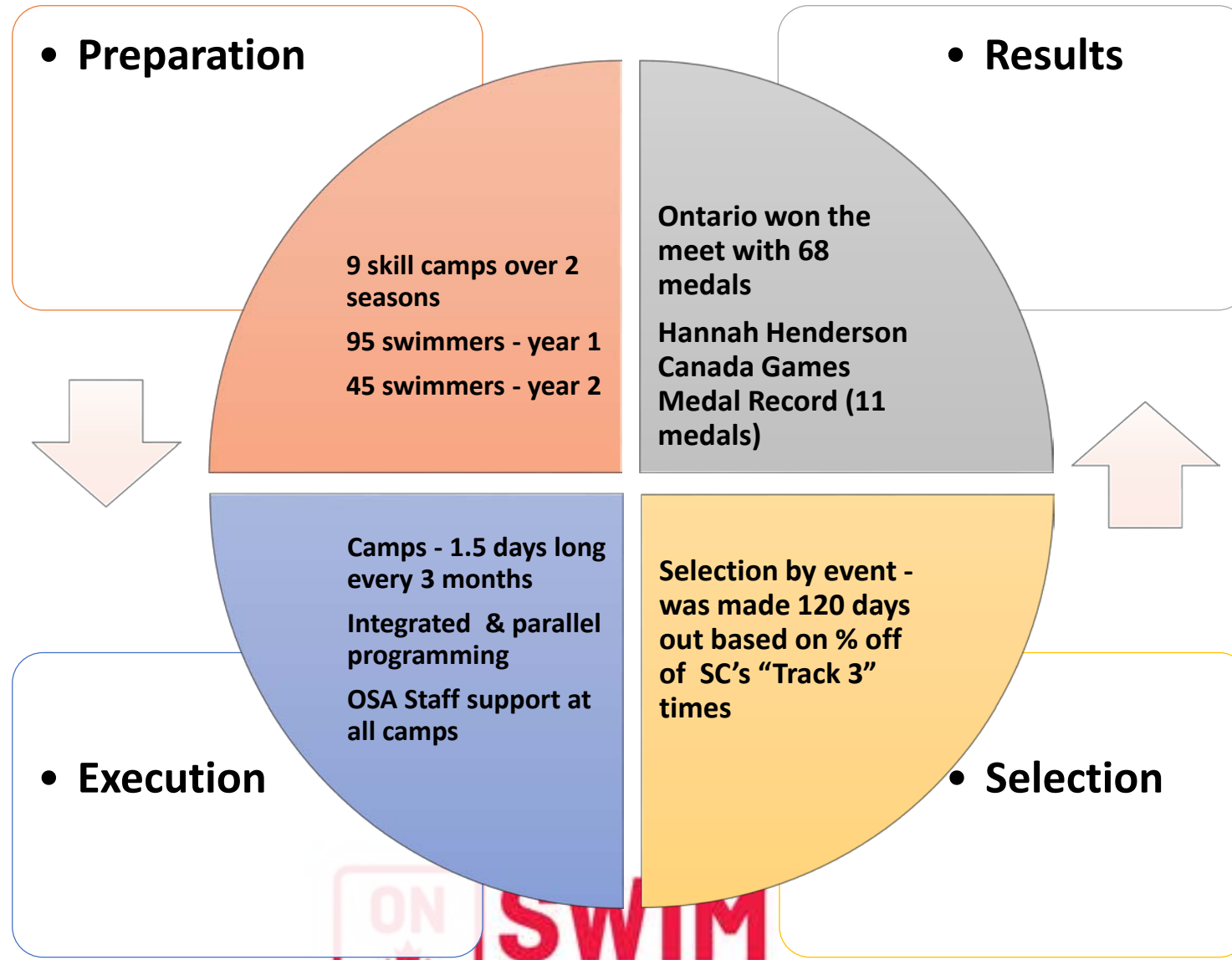
SWIM ONTARIO PERFORMANCE INVESTMENT - 2000-2016



CAMPS & TOUR TEAMS

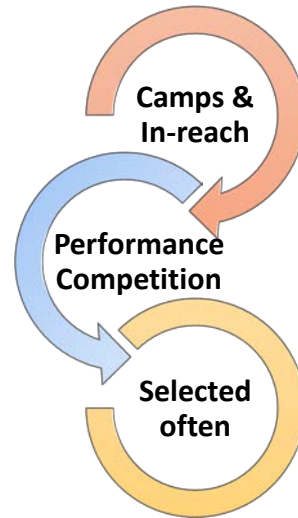


The Canada Games Preparation Program



Learnings From The Canada Games Program

- A. Performance reliability is not as predictable as older CSG age groups
- B. Improvement track is steep at this age group – review of the selection timelines in a worthwhile exercise
- C. The 13-15 age group is worthy of continued programming investment that is based on developmental reliability
- D. Provincial Programming developed off of these learnings



Performance Pathway Programming



Swim Ontario Performance Pathway Programming

Dates 2017-18	Description	YOB and Ranking Process
Dec 8-9	SO Youth Team Camp at TPASC	M/F: YOB 12-14 F & 14-15 M- Multi Event Selection from LCM 2017
Dec 15-17	OJI at TPASC	Qualifiers
Dec 16	OJI Fundamentals Camp	Regional Selections
Jan 10-15 2017	Austin TYR Pro Series SO Senior & Junior Selection	Absolute - On Track Rank and World Rank LCM 2017
Jan 26-27	Para Outlier in-reach Camp	Para OSA Select Swimmers
February 19-28 (TBC)	Islamorada FL – SO Prov Team Camp	Age as of Dec 31 (YOB) M18&U & F17&U On Track swimmers who are not Swimming Canada Carded
March 9-10	SO Youth Team Camp at TPASC	M/F: YOB 12-14 F & 14-15 M- Multi Event Selection from LCM 2017
March 16-17	Para Outlier in-reach Camp	Para OSA Select Swimmers
March / Apr	Para Performance Camp	Location TBD – Colorado Springs 4-6 NextGen ID and above
May 2-8, 2018	Indianapolis TYR Pro Series – Junior Selection	Absolute - On Track Rank
May long	SO Youth Team Camp at TPASC	M/F: YOB 12-14 F & 14-15 M- Multi Event Selection from LCM 2017
June 7-10 (TBC)	Santa Clara TYR Pro Series SO Senior Selection	Absolute - World Rank LCM 2017
June 8-10 (TBC)	Para World Series Indianapolis	Ontario Team Selection based on prescribed Swimming Canada Criteria
June 8-9	Para Outlier in-reach Camp	Para OSA Select Swimmers
August 2-6 (TBC)	SO Youth Team – Chicago (TBC)	M/F: YOB 12-14 Girls & 14-15 Boys Selected for North American Challenge Cup

Swim Ontario Performance Pathway Programs 2017-20

Dates 2017-18	Description	Numbers of Projected Oppertunities 348
Dec 8-9	SO Youth Team Camp at TPASC	21
Dec 15-17	OJI at TPASC	150 (Ontario Swimmers)
Dec 16	OJI Fundamentals Camp	75
Jan 10-15 2017	Austin TYR Pro Series SO Senior & Junior Selection	11
Jan 26-27	Para Outlier in-reach Camp	(6)
February 19-28 (TBC)	Islamorada FL – SO Prov Team Camp	12
March 9-10	SO Youth Team Camp at TPASC	25
March 16-17	Para Outlier in-reach Camp	(6)
March / Apr	Para Performance Camp	(4-6)
May 2-8, 2018	Indianapolis TYR Pro Series – Junior Selection	12
May long	SO Youth Team Camp at TPASC	20
June 7-10 (TBC)	Santa Clara TYR Pro Series SO Senior Selection	12
June 8-10 (TBC)	Para World Series Indianapolis	(TBC)
June 8-9	Para Outlier in-reach Camp	(6)
August 2-6 (TBC)	SO Youth Team – Chicago (TBC)	10

SO Investment into Athlete/Club/Program Funding - 2017-18

Club Performance Funding	\$ 40,300.00
Sr & Jr Athlete Performance	\$ 142,000.00
SO Tour Team Programming	\$ 130,000.00
SO Scholarshio Program	\$ 16,000.00
Coach Accelerator Program	\$ 5,000.00
Regional Programming	\$ 132,000.00
OJI	\$ 30,000.00
Provincial Champs Programming (Est)	\$ 35,000.00
	<u>\$ 530,300.00</u>
Total SO Investment in the OSA	\$ 38,000.00



SO Youth Development Team 2017-20

We will have three camps for swimmers aged as follows:

I. Ages

A. Age as of first day of the event 12-14 Female and 14-15 Male

II. Camps

A. Selection will be similar to the Canada Games Team selection

- 1) Highest Percentage off OnTrack times – **Event based similar to Canada Games selection**
- 2) Top 16 Males & Females based on 2017 LCM results & applicable 2018 Performance Window results
- 3) Swimmers Identified as Swimming Canada OnTrack Track 1 **ARE NOT** eligible for this initiative.
- 4) Swimmers Identified as part of the National Development Program **ARE NOT** eligible for this initiative.
- 5) Sport Canada/ Swimming Canada carded athletes **ARE NOT** eligible for this initiative

B. The structure of the camps will be similar to the Canada Games ID Camps of the past two seasons

- 1) December 9 & 10
- 2) March Break
- 3) May Long weekend



III. Selection YOUTH Tour Team

A. August 3-6 (TBC) – North American Challenge Cup – Chicago (TBD)

- 1) Selected using the Canada Games selection procedure
- 2) Selection based on March/April performance window meets
- 3) Swimmer who qualify for Jr. Pan Pacific Champs will NOT be eligible for selection
- 4) Team size TBD – will not exceed 6F & 6M



SO Junior Team 2017-20

We will have opportunities for swimmers aged as follows:

I. Age & Eligibility

- A. Age as of Dec 31 (YOB) 18 and Under Male & 17 and under Female
- B. Track 1,2 & 3 swimmers

II. In reach Camps

- A. Open to On Track Swimmers
 - 1) Highest Percentage of OnTrack times
 - 2) By Invitation in consultation with the home coach/program
 - 3) Camps will be on an ad hoc basis

III. Selection Tour Teams

- A. January, February and March
 - 1) Arena Pro Series Austin (Jan 2018) & Indianapolis (May 2018)
 - 2) Team Ontario Provincial Camp Florida Feb 19 to 28
 - 3) Team size TBD – will not exceed 6F & 6M



SO Senior Team 2017-20

I. Ages & Eligibility

- A. Open
- B. Swimming Canada Carded and Podium Pathway Track 1 swimmers

II. Camps

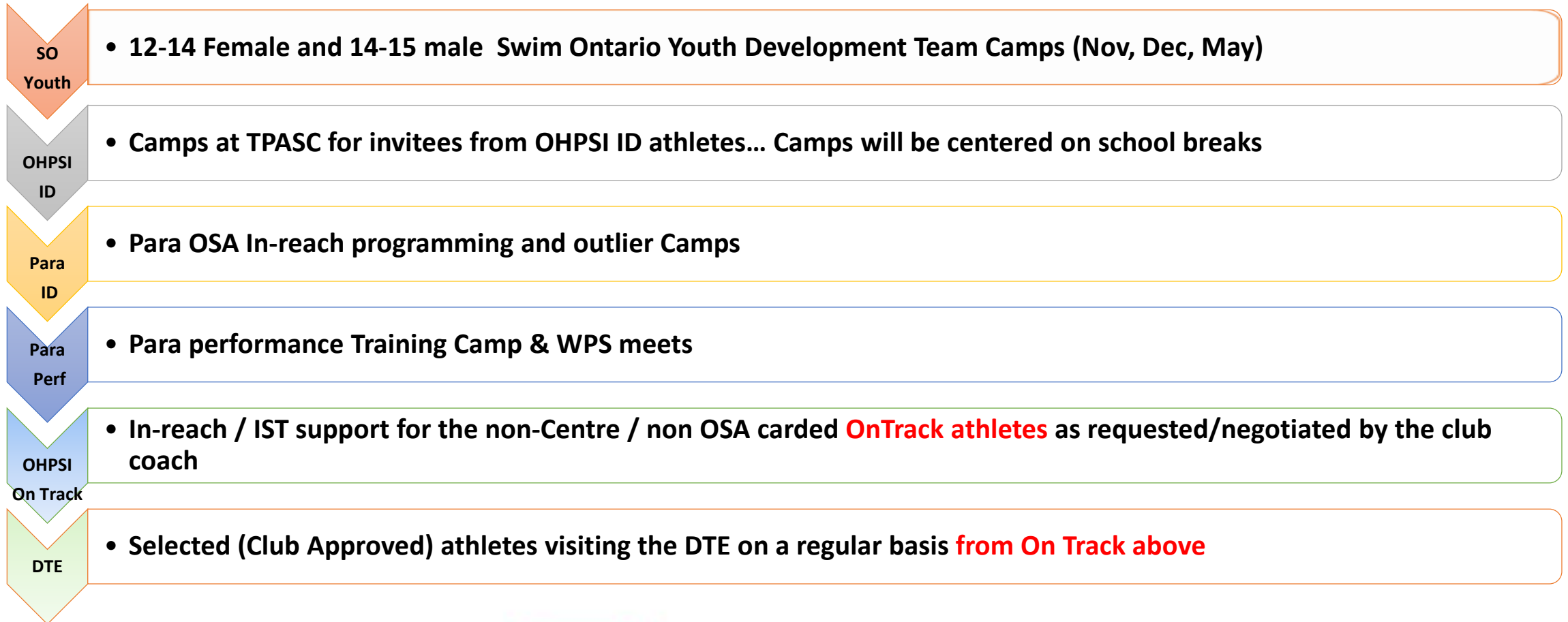
- A. HPCO/OSA In reach opportunities on an ad hoc basis in consultation with the coach athlete tandem.
- B. Approval from the Swimming Canada HPD

III. January & March

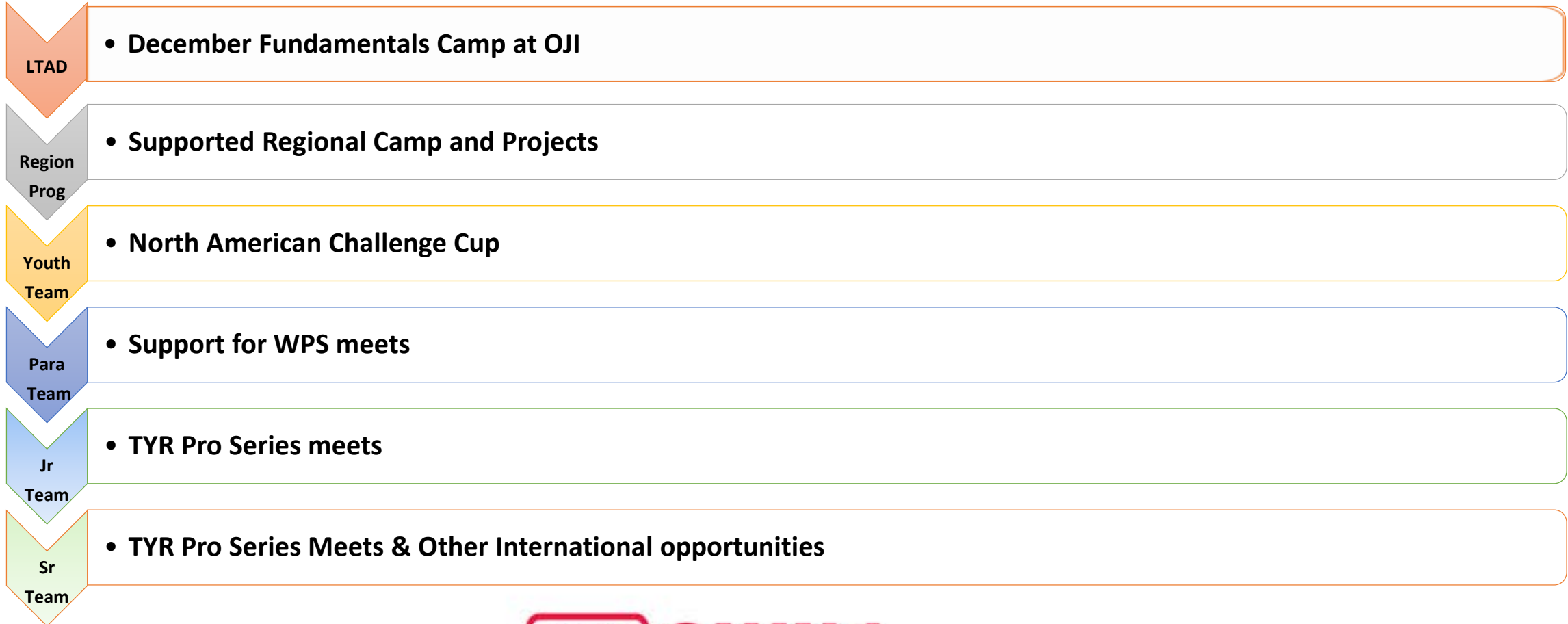
- A. Arena Pro Series Austin (Jan 2018) &
- B. Santa Clara (June 2018)



Swim Ontario In-Reach Programs



Swim Ontario Programming – Progression Targets



Partnerships

Ontario High Performance Sport Initiative (OHPSI)



What is OHPSI?

The Ontario High Performance Sport Initiative, or *OHPSI* program is a funding program initiative that falls under **Priority 3 – Excellence** of the Ministry's (MTCS) Game ON Plan:

Building on the Legacy of the Pan Am/Parapan Am Games

- The ministry revised the Ontario Sport Hosting Program, positioning the province as a key destination for national and international sporting events
- In June 2016, the ministry provided an additional \$7 million to the TO2015 Sport Legacy Fund to support the continued operation and maintenance of Pan Am/Parapan Am Games legacy facilities, including TPASC.

Supporting High Performance Athletes

- Ontario invested \$19.51 million through various funding and partnered programs through PSO's to enhance coaching, training and competitive opportunities for athletes and their coaches.
- MTCS also continued to fund the Canadian Sport Institute Ontario to support Ontario's high-performance athletes and coaches.

The CSI-O OHPSI program is designed to support a comprehensive provincial high performance sport system that allows for sustained success of athletes and coaches at the very highest levels of international sport. There are just 20 sports selected into the OHPSI program and only 4 sports qualified for what is called "**Category 1**" funding.

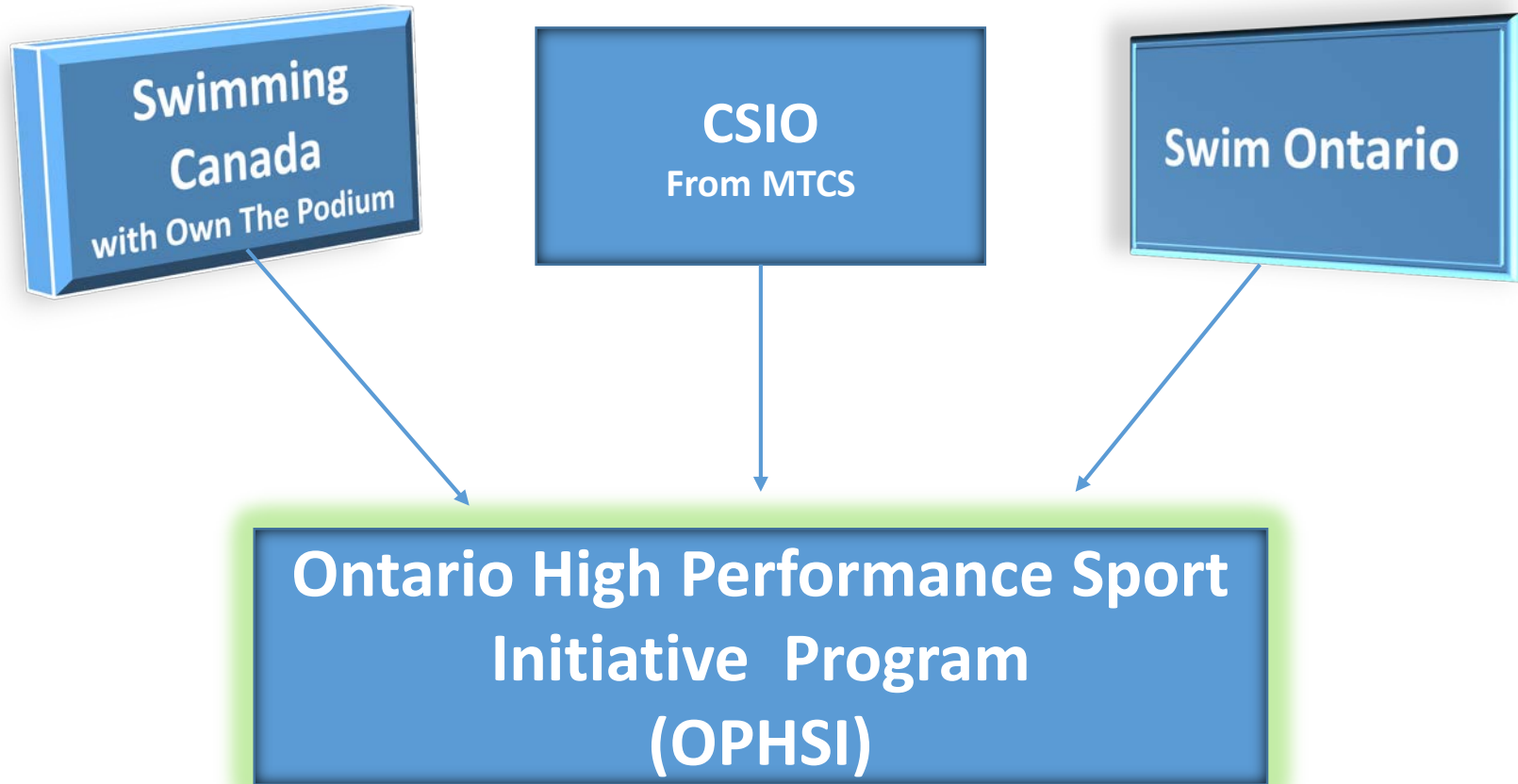


OHPSI - Overarching Objective

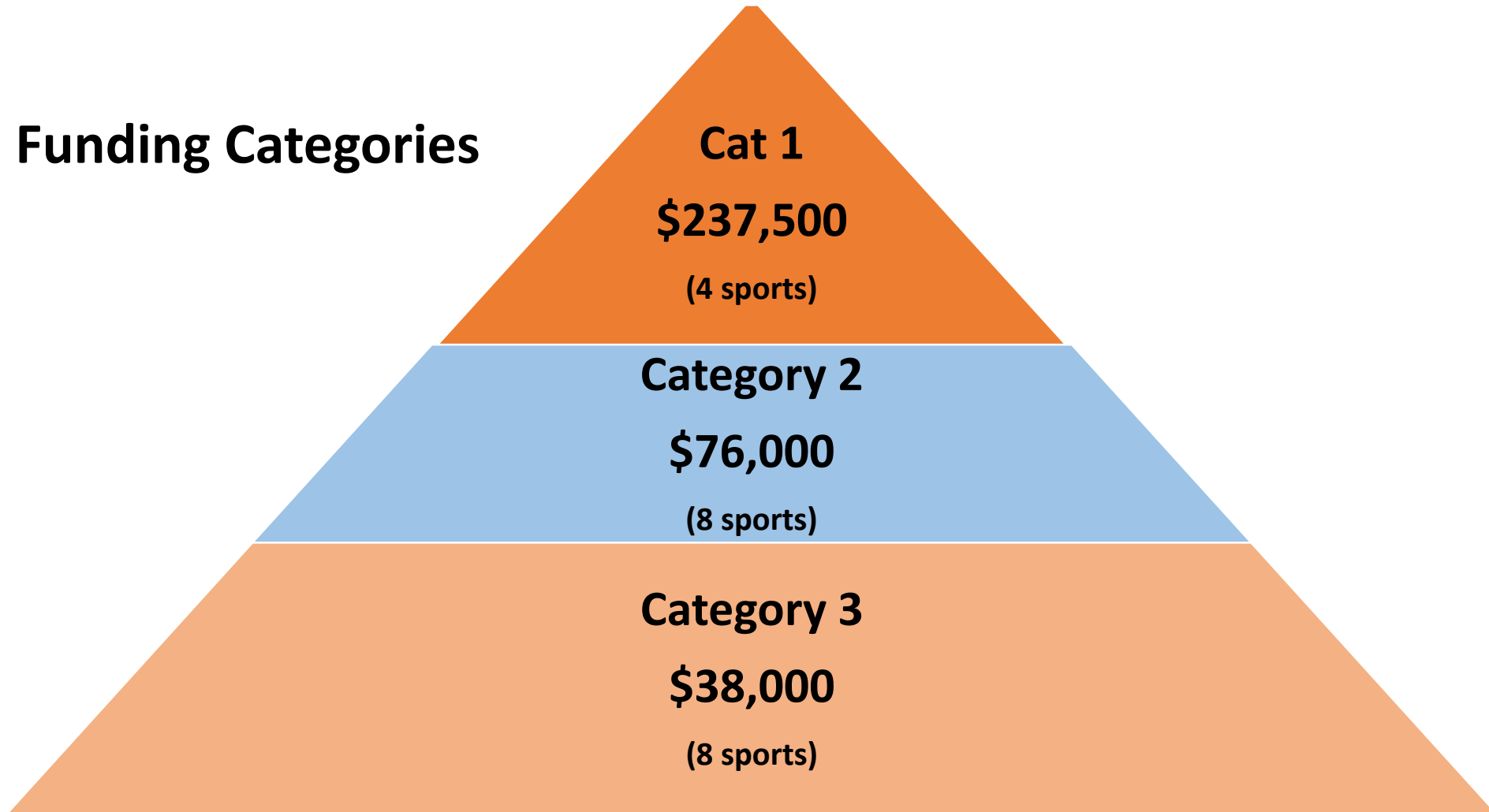
To provide high performance and **aligned pathway** enhancement that is athlete centered and coach led with optimal support to transition Ontario athletes towards the next stage in their development and ultimately contributing to future Olympic and Paralympic success”



A Three-way OHPSI Partnership



OHPSI Funding Categories



1. *Swim ON has been **approved** for OHPSI **Category 1** Sport funding*
2. *There are **ONLY 4** Category 1 Sports*



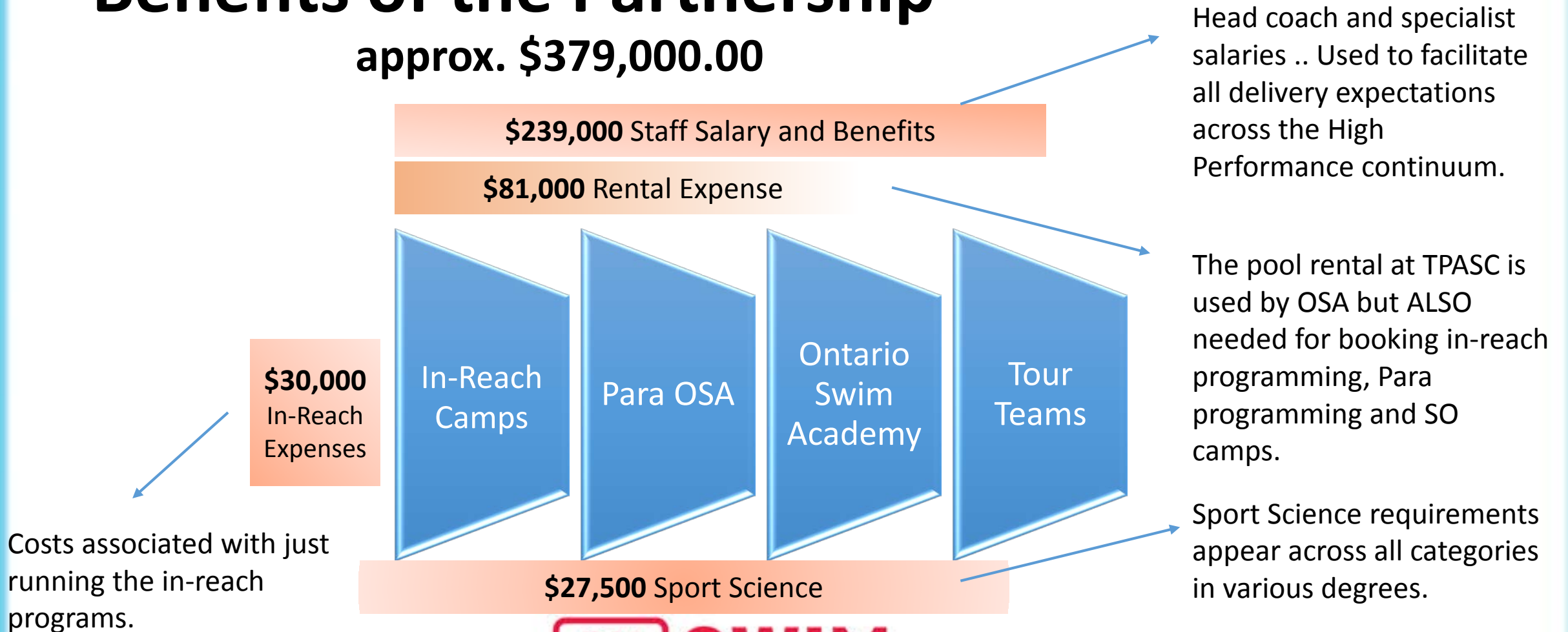
Requirements of the Category 1 Partnership

1. Own The Podium – **prove** Swim ON has the foundation for success ✓
2. Performance Results – **prove** Swim ON is actually achieving success ✓
3. Leadership – **prove** Swim ON has the coaches and staff for high performance delivery ✓
4. Daily Training Environment – **prove** Swim ON has dedicated DTE for senior and junior streams of higher ranked athletes identified by the sport specific Podium Pathway ✓
5. Sport Science Integration – **provide** investment in coaches, expert people and technology ✓
6. National and Provincial alignment – **includes** strategies, goals and objectives ✓



Benefits of the Partnership

approx. \$379,000.00



Partnership Funds Contribute to the Following SO Programming

OSA

Tour Teams

In-reach
Camps

Coach
Mentorship

Para OSA



Summary of the Partnership

- There are **58 sports** and multi-sport organizations currently recognized by MTCS on their website.
- Swim Ontario is **1 of only 4** sports with the special benefits & service of a category 1 partnership.
- \$237,500.00 in Funding from CSIO.
- This partnership is **“all in”... mandatory programming** components must be met or Swim Ontario will be ineligible for a Category 1 Sport Funding enhancement.
- Additional benefits of our partnership include:
 1. Member of the Partner Management Team.
 2. Spin-off programming enhancements, that contribute strongly to our ongoing and future success.
 3. Access to additional leveraged funds :
 - a) \$138,600.00 in leveraged funds from Swimming Canada /OTP **contingent on OHPSI Cat 1 funding.**



ONTARIO SWIM ACADEMY (OSA)



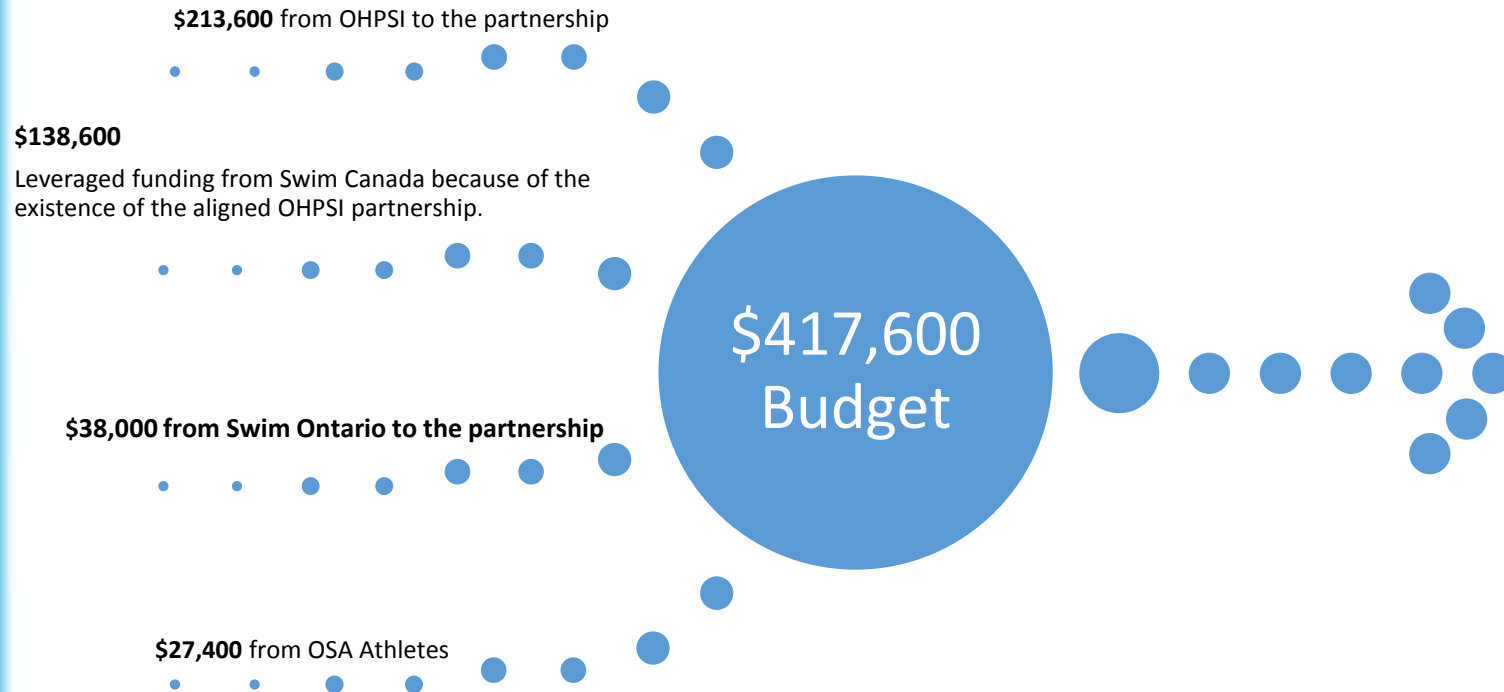
What is the OSA?

Both a Daily Training Environment and an In-Reach Program that:

1. Supports an optimal “training environment” for Ontario athletes with access to high performance sport programs, technical experts (full-time coaches and sport science/ medicine professionals), and services that enable Ontario athletes to train and develop skillsets necessary to achieve international podium performances in Olympic and Paralympic sports.
2. Is an Investment in full-time coaching and technical leadership positions that are closely aligned with the targeted athlete pool, while providing integrated professional development opportunities for the Ontario coach-athlete tandem.
3. Is a program dedicated to providing world-class sport science/sport medicine support to ensure that a holistic and NSO aligned approach is used to develop identified Ontario athletes.
4. Is a tiered development model that maximizes the opportunity for enhancing the skillsets of young swimmers, with the goal of increasing Ontario's ultimate contribution to Olympic and Paralympic podium success.



OSA Related - Inflows



The OSA provides a world-class daily training environment and outreach service environment – both are fundamental requirements of the funding partners to receive Category 1 funding from OHPSI.

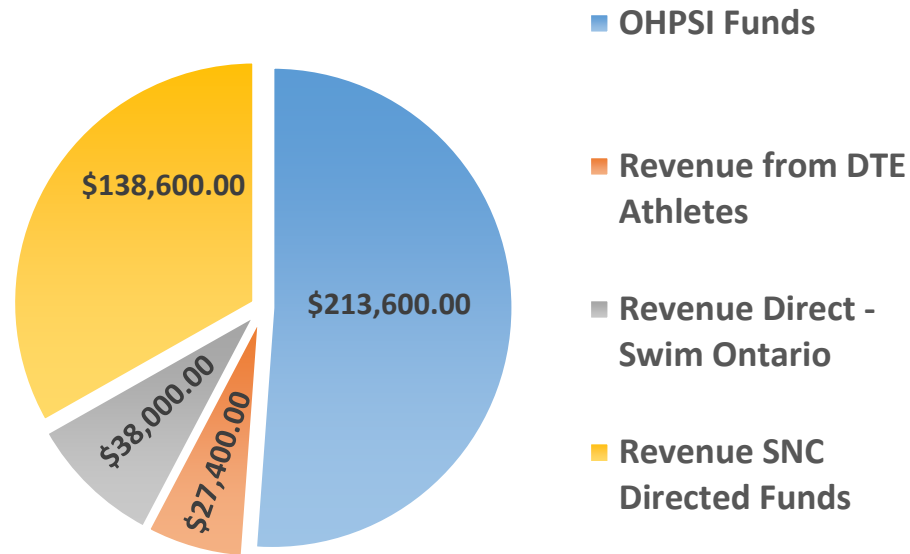
The partner investments (\$213,600 + \$138,600) are expensed to meet the performance targets of the program.



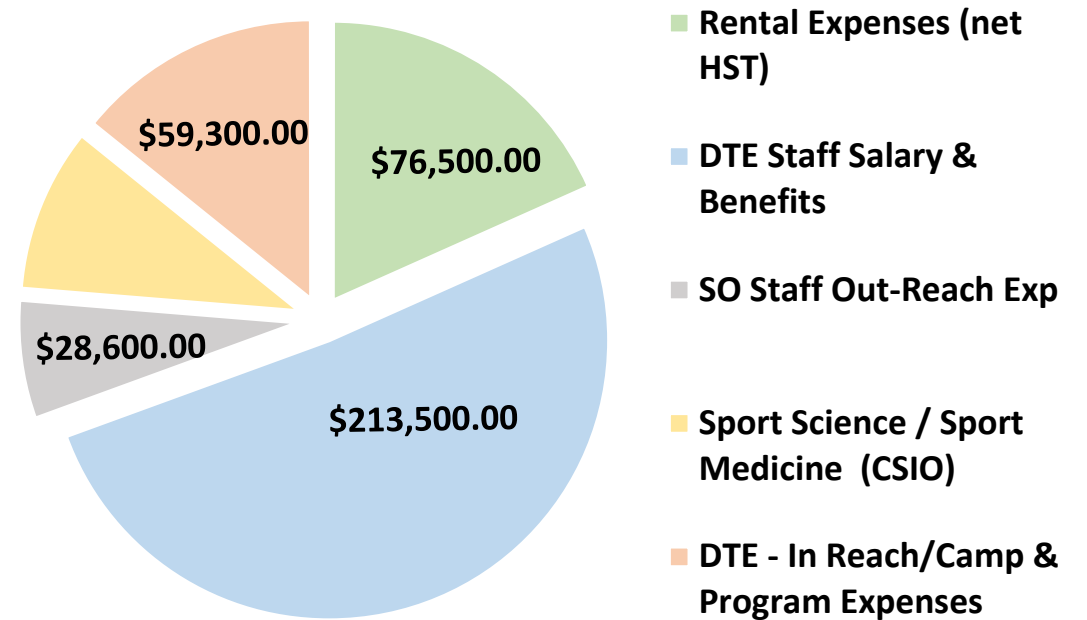
Condensed Revenue 2017-18 (Updated July 7 2017)		
OHPSI Funds	\$	213,600.00
Revenue from DTE Athletes	\$	27,400.00
Revenue Direct - Swim Ontario	\$	38,000.00
Revenue SNC Directed Funds	\$	138,600.00
	\$	417,600.00

Condensed Expenses 2017-18 (Updated July 7 2017)		
Rental Expenses (net HST)	\$	76,500.00
DTE Staff Salary & Benefits incl. Para	\$	213,500.00
SO Staff Out-Reach Exp	\$	28,600.00
Sport Science / Sport Medicine (CSIO)	\$	39,700.00
DTE - In Reach/Camp & Para & Program Expenses	\$	59,300.00
Total Expenses	\$	417,600.00

OSA Revenue



OSA EXPENSES



Summary OSA Funding

Swim Ontario Contribution to partnership = **\$38,000.00**

Remaining Partners' Contributions = **\$379,600.00**



PARA OSA



ONTARIO PARA SWIM ACADEMY

The Para OSA program is integrated with the OSA. It is funded by Swim Ontario, Swimming Canada, and OHPSI / CSIO.

Summary of Programming Details:

1. Mon. Wed. & Fri. afternoon training opportunities with OSA Head Coach & Biomechanist.
2. Sessions run 2:30-4:00 pm October 1, 2017 through June 25, 2018.
3. The sessions will be on a drop-in basis and geared towards skill development, video analysis and specific designed testing as determined by the Senior Coach Paralympic Programs.
4. OSA staff will keep test results in a central location accessible to both the home club coach and Swimming Canada.
5. OSA Head Coach will offer mentorship opportunities for coaches in the program.
6. 2-3 “Outlier” in-reach camps will be offered on select weekends, with the same goals & objectives as the daily visitation program.



ONTARIO PARA SWIM ACADEMY

Coach Mentorship with Enhanced Training and Skill Development Opportunities for Athletes

- Enhanced training opportunity for Canada Games, NextGen, and podium potential athletes currently in the system
- Enhanced coach mentorship and coach development for coaches currently working in the OHPSI ID and NextGen level
- Enhanced daily training environment in the home club situation based on improved knowledge of the club coaches
- Development of a road map for coach mentorship development and athlete training and visitation that all sports can use to enhance their programs

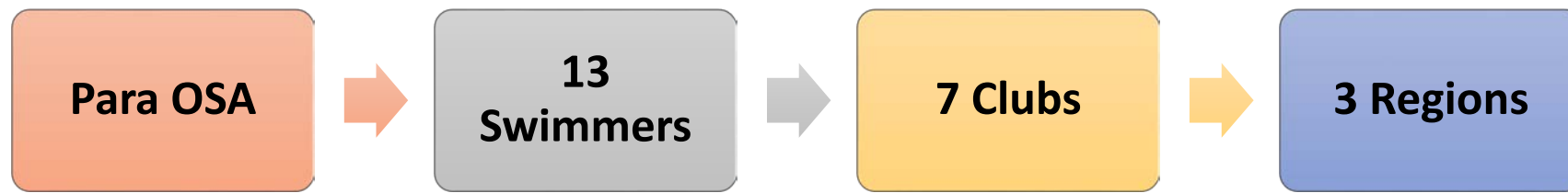
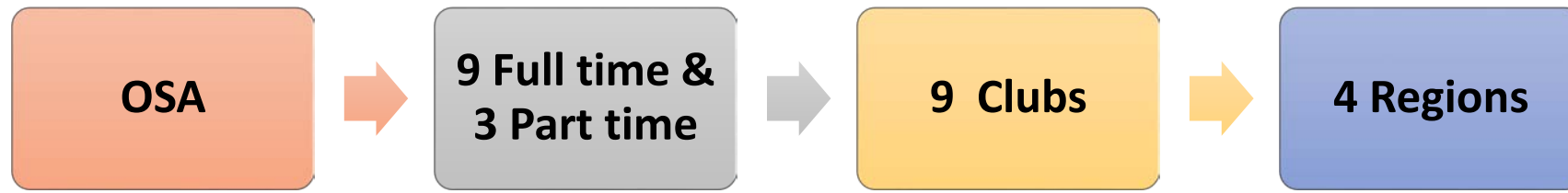
Outcomes Across the Pathway:

Participation: Mentorship of coaches to improve the knowledge and skill levels for improved daily training environment in the home club situation, support all swimmers for progression within their programs

Development: Mentorship of coaches to improve the knowledge and skill levels for improved daily training environment in the home club situation, support all swimmers for progression within their programs

Excellence: Enhanced training opportunity for Canada Games and NextGen athletes and their coaches





THANK YOU

