



PROVINCIAL TIME LEVELS SHORT COURSE 2005-08

EVENTS

FEMALES 10 & Under

| | Prov | A | B | C | D | E |
|-------------------|----------|----------|----------|----------|----------|----------|
| 50 FR | 33.52 | 35.20 | 36.87 | 38.55 | 40.22 | 41.90 |
| 100 FR | 01:14.95 | 01:18.70 | 01:22.45 | 01:26.19 | 01:29.94 | 01:33.69 |
| 200 FR | 02:44.17 | 02:52.38 | 03:00.59 | 03:08.80 | 03:17.00 | 03:25.21 |
| 400 FR | 06:04.83 | 06:23.07 | 06:41.31 | 06:59.55 | 07:17.80 | 07:36.04 |
| 800 FR | NONE | NONE | NONE | NONE | NONE | NONE |
| 1500 FR | NONE | NONE | NONE | NONE | NONE | NONE |
| 100 BK | 01:26.12 | 01:30.43 | 01:34.73 | 01:39.04 | 01:43.34 | 01:47.65 |
| 200 BK | 03:05.92 | 03:15.22 | 03:24.51 | 03:33.81 | 03:43.10 | 03:52.40 |
| 100 BR | 01:36.02 | 01:40.82 | 01:45.62 | 01:50.42 | 01:55.22 | 02:00.02 |
| 200 BR | NONE | NONE | NONE | NONE | NONE | NONE |
| 100 FL | 01:34.20 | 01:38.91 | 01:43.62 | 01:48.33 | 01:53.04 | 01:57.75 |
| 200 FL | NONE | NONE | NONE | NONE | NONE | NONE |
| 200 IM | 03:03.57 | 03:12.75 | 03:21.93 | 03:31.11 | 03:40.28 | 03:49.46 |
| 400 IM | NONE | NONE | NONE | NONE | NONE | NONE |
| 400 PRE-REQUISITE | 06:44.97 | | | | | |
| IM PRE-REQUISIE | 03:23.77 | | | | | |

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FEMALES 11 YRS

| | Prov | A | B | C | D | E |
|-------------------|----------|----------|----------|----------|----------|----------|
| 50 FR | 00:31.78 | 00:33.37 | 00:34.96 | 00:36.55 | 00:38.14 | 00:39.73 |
| 100 FR | 01:09.27 | 01:12.73 | 01:16.20 | 01:19.66 | 01:23.12 | 01:26.59 |
| 200 FR | 02:32.13 | 02:39.74 | 02:47.34 | 02:54.95 | 03:02.56 | 03:10.16 |
| 400 FR | 05:20.59 | 05:36.62 | 05:52.65 | 06:08.68 | 06:24.71 | 06:40.74 |
| 800 FR | 11:03.62 | 11:36.80 | 12:09.98 | 12:43.16 | 13:16.34 | 13:49.53 |
| 1500 FR | NONE | NONE | NONE | NONE | NONE | NONE |
| 100 BK | 01:19.03 | 01:22.98 | 01:26.93 | 01:30.88 | 01:34.84 | 01:38.79 |
| 200 BK | 02:49.71 | 02:58.20 | 03:06.68 | 03:15.17 | 03:23.65 | 03:32.14 |
| 100 BR | 01:30.75 | 01:35.29 | 01:39.83 | 01:44.36 | 01:48.90 | 01:53.44 |
| 200 BR | 03:13.45 | 03:23.12 | 03:32.79 | 03:42.47 | 03:52.14 | 04:01.81 |
| 100 FL | 01:21.68 | 01:25.76 | 01:29.85 | 01:33.93 | 01:38.02 | 01:42.10 |
| 200 FL | 03:21.83 | 03:31.92 | 03:42.01 | 03:52.10 | 04:02.20 | 04:12.29 |
| 200 IM | 02:51.67 | 03:00.25 | 03:08.84 | 03:17.42 | 03:26.00 | 03:34.59 |
| 400 IM | 06:14.00 | 06:32.70 | 06:51.40 | 07:10.10 | 07:28.80 | 07:47.50 |
| 800 PRE-REQUISITE | 12:23.26 | | | | | |
| IM PRE-REQUISIE | 03:12.27 | | | | | |



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FEMALES 12 YRS

| | Prov | A | B | C | D | E |
|-------------------|----------|----------|----------|----------|----------|----------|
| 50 FR | 00:30.07 | 00:31.57 | 00:33.08 | 00:34.58 | 00:36.08 | 00:37.59 |
| 100 FR | 01:06.03 | 01:09.33 | 01:12.63 | 01:15.93 | 01:19.24 | 01:22.54 |
| 200 FR | 02:22.50 | 02:29.63 | 02:36.75 | 02:43.87 | 02:51.00 | 02:58.13 |
| 400 FR | 05:03.52 | 05:18.70 | 05:33.87 | 05:49.05 | 06:04.22 | 06:19.40 |
| 800 FR | 10:28.29 | 10:59.70 | 11:31.12 | 12:02.53 | 12:33.95 | 13:05.36 |
| 1500 FR | none | | | | | |
| 100 BK | 01:14.33 | 01:18.05 | 01:21.76 | 01:25.48 | 01:29.20 | 01:32.91 |
| 200 BK | 02:39.02 | 02:46.97 | 02:54.92 | 03:02.87 | 03:10.82 | 03:18.77 |
| 100 BR | 01:24.29 | 01:28.50 | 01:32.72 | 01:36.93 | 01:41.15 | 01:45.36 |
| 200 BR | 03:00.58 | 03:09.61 | 03:18.64 | 03:27.67 | 03:36.70 | 03:45.72 |
| 100 FL | 01:16.74 | 01:20.58 | 01:24.41 | 01:28.25 | 01:32.09 | 01:35.92 |
| 200 FL | 02:58.13 | 03:07.04 | 03:15.94 | 03:24.85 | 03:33.76 | 03:42.66 |
| 200 IM | 02:41.31 | 02:49.38 | 02:57.44 | 03:05.51 | 03:13.57 | 03:21.64 |
| 400 IM | 05:48.72 | 06:06.16 | 06:23.59 | 06:41.03 | 06:58.46 | 07:15.90 |
| 800 PRE-REQUISITE | 11:43.68 | | | | | |
| IM PRE-REQUISIE | 06:30.57 | | | | | |

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FEMALES 13 YRS

| | Prov | A | B | C | D | E |
|-------------------|----------|----------|----------|----------|----------|----------|
| 50 FR | 00:29.36 | 00:30.83 | 00:32.30 | 00:33.76 | 00:35.23 | 00:36.70 |
| 100 FR | 01:04.04 | 01:07.24 | 01:10.44 | 01:13.65 | 01:16.85 | 01:20.05 |
| 200 FR | 02:17.36 | 02:24.23 | 02:31.10 | 02:37.96 | 02:44.83 | 02:51.70 |
| 400 FR | 04:47.62 | 05:02.00 | 05:16.38 | 05:30.76 | 05:45.14 | 05:59.53 |
| 800 FR | 09:55.37 | 10:25.14 | 10:54.91 | 11:24.68 | 11:54.44 | 12:24.21 |
| 1500 FR | 19:10.48 | 20:08.00 | 21:05.53 | 22:03.05 | 23:00.58 | 23:58.10 |
| 100 BK | 01:11.38 | 01:14.95 | 01:18.52 | 01:22.09 | 01:25.66 | 01:29.22 |
| 200 BK | 02:33.04 | 02:40.69 | 02:48.34 | 02:56.00 | 03:03.65 | 03:11.30 |
| 100 BR | 01:22.43 | 01:26.55 | 01:30.67 | 01:34.79 | 01:38.92 | 01:43.04 |
| 200 BR | 02:55.40 | 03:04.17 | 03:12.94 | 03:21.71 | 03:30.48 | 03:39.25 |
| 100 FL | 01:11.72 | 01:15.31 | 01:18.89 | 01:22.48 | 01:26.06 | 01:29.65 |
| 200 FL | 02:40.16 | 02:48.17 | 02:56.18 | 03:04.18 | 03:12.19 | 03:20.20 |
| 200 IM | 02:36.38 | 02:44.20 | 02:52.02 | 02:59.84 | 03:07.66 | 03:15.48 |
| 400 IM | 05:30.82 | 05:47.36 | 06:03.90 | 06:20.44 | 06:36.98 | 06:53.53 |
| 800 PRE-REQUISITE | 11:06.82 | | | | | |
| IM PRE-REQUISIE | 06:10.52 | | | | | |



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FEMALES 14 YRS

| | Prov | A | B | C | D | E |
|-------------------|----------|----------|----------|----------|----------|----------|
| 50 FR | 00:28.74 | 00:30.18 | 00:31.61 | 00:33.05 | 00:34.49 | 00:35.93 |
| 100 FR | 01:01.95 | 01:05.05 | 01:08.15 | 01:11.24 | 01:14.34 | 01:17.44 |
| 200 FR | 02:14.27 | 02:20.98 | 02:27.70 | 02:34.41 | 02:41.12 | 02:47.84 |
| 400 FR | 04:41.62 | 04:55.70 | 05:09.78 | 05:23.86 | 05:37.94 | 05:52.03 |
| 800 FR | 09:42.95 | 10:12.10 | 10:41.25 | 11:10.39 | 11:39.54 | 12:08.69 |
| 1500 FR | 18:46.48 | 19:42.80 | 20:39.13 | 21:35.45 | 22:31.78 | 23:28.10 |
| 100 BK | 01:10.25 | 01:13.76 | 01:17.28 | 01:20.79 | 01:24.30 | 01:27.81 |
| 200 BK | 02:30.38 | 02:37.90 | 02:45.42 | 02:52.94 | 03:00.46 | 03:07.97 |
| 100 BR | 01:19.03 | 01:22.98 | 01:26.93 | 01:30.88 | 01:34.84 | 01:38.79 |
| 200 BR | 02:50.69 | 02:59.22 | 03:07.76 | 03:16.29 | 03:24.83 | 03:33.36 |
| 100 FL | 01:10.93 | 01:14.48 | 01:18.02 | 01:21.57 | 01:25.12 | 01:28.66 |
| 200 FL | 02:38.69 | 02:46.62 | 02:54.56 | 03:02.49 | 03:10.43 | 03:18.36 |
| 200 IM | 02:31.57 | 02:39.15 | 02:46.73 | 02:54.31 | 03:01.88 | 03:09.46 |
| 400 IM | 05:23.35 | 05:39.52 | 05:55.69 | 06:11.85 | 06:28.02 | 06:44.19 |
| 800 PRE-REQUISITE | 10:52.91 | | | | | |
| IM PRE-REQUISIE | 06:02.15 | | | | | |

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FEMALES 15-17 YRS & SENIOR

| | Prov | A | B | C | D | E |
|-------------------|----------|----------|----------|----------|----------|----------|
| 50 FR | 00:28.19 | 00:29.60 | 00:31.01 | 00:32.42 | 00:33.83 | 00:35.24 |
| 100 FR | 01:00.74 | 01:03.78 | 01:06.81 | 01:09.85 | 01:12.89 | 01:15.93 |
| 200 FR | 02:10.49 | 02:17.01 | 02:23.54 | 02:30.06 | 02:36.59 | 02:43.11 |
| 400 FR | 04:35.96 | 04:49.76 | 05:03.56 | 05:17.35 | 05:31.15 | 05:44.95 |
| 800 FR | 09:33.07 | 10:01.72 | 10:30.38 | 10:59.03 | 11:27.68 | 11:56.34 |
| 1500 FR | 18:33.12 | 19:28.78 | 20:24.43 | 21:20.09 | 22:15.74 | 23:11.40 |
| 100 BK | 01:08.34 | 01:11.76 | 01:15.17 | 01:18.59 | 01:22.01 | 01:25.42 |
| 200 BK | 02:26.72 | 02:34.06 | 02:41.39 | 02:48.73 | 02:56.06 | 03:03.40 |
| 100 BR | 01:17.74 | 01:21.63 | 01:25.51 | 01:29.40 | 01:33.29 | 01:37.17 |
| 200 BR | 02:47.16 | 02:55.52 | 03:03.88 | 03:12.23 | 03:20.59 | 03:28.95 |
| 100 FL | 01:07.92 | 01:11.32 | 01:14.71 | 01:18.11 | 01:21.50 | 01:24.90 |
| 200 FL | 02:31.68 | 02:39.26 | 02:46.85 | 02:54.43 | 03:02.02 | 03:09.60 |
| 200 IM | 02:28.73 | 02:36.17 | 02:43.60 | 02:51.04 | 02:58.48 | 03:05.91 |
| 400 IM | 05:15.69 | 05:31.47 | 05:47.26 | 06:03.04 | 06:18.83 | 06:34.61 |
| 800 PRE-REQUISITE | none | | | | | |
| IM PRE-REQUISIE | none | | | | | |