



Leading Canadian Swimming At Every Level

Provincial Records!

Congratulations to our recent record breakers! 13/14 Girls 100 free (also a NAG)- Victoria Chan (RHAC), Open Male 50 free - Colin Russell (UT), Open Male 4x100 MR Relay Team - University of Toronto (Cummings, Monaco, Chetrat, Russell), Open Female 4x200 Relay - ESWIM (Reason, MacLean, Earp, Keire)

Program Announcements

Charlotte UltraSwim High Performance Tour Team Announced

Congratulations to swimmers Brittany MacLean (ESWIM), Jacqueline Keire (ESWIM), Tera Van Beilen (OAK), Pamela Ruksys (TSC/UT), Heather Maitland (TSC/UT), Chantique Payne (GMAC/UG), Zack Chetrat (OAK/UT), Matt Hawes (GO), Andrew Ford (GMAC/UG), Cam Cummings (TSC/UT), Frank Despond (HAC/McM) and Gleb Suvorov (ESWIM) and coaches Kevin Thorburn (ESWIM) and John Rodgers (UT Academy) on their selection to the tour team headed to Charlotte May 11-17. Good luck!

Austin Grand Prix Results

Congratulations to the Swim Ontario Tour Team that raced at the Austin Grand Prix March 4-6. Full results can be seen [HERE](#)

Swim Ontario Train to Compete Provincial Camp Swimmers Announced

The second Swim Ontario Train to Compete camp will be held April 9 to 11 at McMaster University. Swimmer selection and more information can be found [HERE](#)

Coaching Courses

There is an upcoming Swimming 101 course in Waterloo the weekend of April 23-25 and a Competition Coach 1 course the weekend of April 8-11 in Hamilton. The Swimming 101 course is for entry level coaches or coaches with no previous certification and the Competition Coach course is for coaches that have a minimum of Skills Coach certification and are coaching national level swimmers. Registration and information can be found [HERE](#)

Swimming Canada/Swim Ontario IHG Partnership Agreement

Swimming Canada has negotiated a National Partnership with IHG hotels, the largest hotel chain in the world including: Intercontinental® Hotels and Resorts, Crowne Plaza® Hotels and Resorts, Hotel Indigo®, Holiday Inn® Hotels and Resorts, Holiday Inn Express® hotels, Staybridge Suites® hotels and Candlewood Suites® hotels. For more information and a list of hotels, please click [HERE](#)

Provincial Mentor Coach Update

What is Coach Dean Boles up to this week? Follow his reports and schedule online [HERE](#)

Club Administration Info

Accounts Receivables

Please take the time to review the '[Accounts Receivables](#)' on the Swim Ontario website to confirm whether your club has any pending issues with Swim Ontario. There are a number of clubs that have outstanding gold bonus along with late penalty fees that have accumulated. In order to avoid having future sanctions denied, your immediate attention and assistance to have these issues resolved would be greatly appreciated.

Swim A Thon 2010

Click [HERE](#) for important reminders regarding the 2010 Swim A Thon!

Follow Swim Ontario on [Twitter!](#)



