



SWIM ONTARIO NEWS BULLETIN



TEAM
AQUATIC SUPPLIES



SWIM
ONTARIO

LEADING CANADIAN SWIMMING AT EVERY LEVEL

Record Breakers!

Congratulations to recent record breakers!

Ontario Age Group Records:

Sinead Russell (DS) – 100 fly – 15-17 Girls

Brittany MacLean (ESWIM) – 1500 free – 15-17 Girls

Canadian Age Group Records:

Zixuan Li (DS) – 100 free, 200 IM – 11-12 Boys

Canadian Para Records:

Cynthia Berringer (MSSAC) – 50 breast, 100 breast – SB5 Women

Word Para Records:

Summer Mortimer (DUCKS) - 50 free, 100 free, 100 back, 200 IM – S10 Women

Program Announcements

Swim Ontario Conference 2011

Please make note that the 2011 Swim Ontario Conference, AGM and Hall of Fame Awards Banquet will be taking place September 23-25 in Kingston, with keynote speaker Dr. Steve Norris. Hotel details can be found [HERE](#) and stay tuned for registration and more information coming soon!

Swim Ontario Train to Compete Provincial Camp.

Swimmers have been selected. Download and fill out the Consent, Release and Medical Forms. Information can be found [HERE](#). Please return the forms to kelly@swimontario.com. Travel arrangements will be organized by Swim Ontario.

Eastern Canadian Tri Camp and Competition

Swimmers have been selected! Flight and accommodation details can be found [HERE](#)

Swim Ontario High Performance Tour Team to the Indianapolis Grand Prix

Results of the competition and the reports from Provincial Coach Boles can be found [HERE](#)

Boles Notes – March 2011

Provincial Mentor Coach Dean Boles' monthly report can be found [HERE](#). This month, he talks about the LTADS.

NCCP Pathway Changes

Please visit [HERE](#) to view any updates to the NCCP pathway as there have been changes to the Skills coach stream recently.

NCCP Courses

Registration for Swimming 101's in Brantford and Thunder Bay are up. Please complete the [pre-course workbook](#) prior to registration. Registration for the 101 can be found [HERE](#)

Design the Open Water Championships T-Shirt

Swimmers, do you have a flair for art? Submit your Open Water T-Shirt design entries for a chance to win a \$100 gift certificate from Team Aquatic Supplies. Contest information is available [HERE](#).

Word of the Month – Believe

Swim Ontario's word of the month is Believe – check it out [HERE](#)

Club Administration Info

Swim Ontario Award Nominations

Have someone in your club that you feel needs to be recognized for all their hard work? Nominate them for some of the upcoming Swim Ontario Awards, to be presented at the Conference weekend in Kingston. Nominations due August 1, 2011. Find the awards and criteria [HERE](#).

Sanction Submissions

Think you have everything you need to successfully submit your meet sanction application? Make sure you have everything on this [list](#) to ensure that you get approval.

Contacting Swim Ontario

Need to contact the staff? Contact information is [HERE](#)

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