



2014 Conference & AGM

Information, registration and tentative schedule for the 2014 Swim Ontario Conference and AGM weekend is now available on our website [HERE](#)

2014 Club Affiliation & Registration

A reminder to clubs that the Swimming Canada Registration system with shut down on August until September. 2014 Club Affiliation documents are posted on our site [HERE](#). These are due before your clubs will regain access to the Swimming Canada registration system for the 2014-2015 season.

2014 Commonwealth Games

Congratulations to the Ontario swimmers who competed at the Commonwealth Games in Glasgow, Scotland! Well done, Gamal Assaad (OAK), Evan White (OAK), Brittany MacLean (ESWIM), Martha McCabe (TSC), Marni Oldershaw (OAK), Sinead Russell (NHAC), Erika Seltenreich-Hodgson (GO) and Michelle Williams (NYAC)

2014 Para PanPacific Championships

Good luck to the Ontario swimmers who will be competing at the Para Pan Pac Championships in Pasadena, California from August 6-10: Alec Elliot (ROW), Gordie Michie (STJJ), Adam Purdy (LAC), Zach Zona (NHAC), Camille Berube (GO), Nydia Langill (DUCKS) and Tess Routliffe (STARS)

2014 Pan Pacific Championships

Good luck to the Ontario swimmers on the Pan Pac Team in Australia in August: Gamal Assaad (OAK), Mack Darragh (OAK), Evan White (OAK), Dominique Bouchard (OAK), Brittany MacLean (ESWIM), Heather Maitland (TSC), Martha McCabe (TSC), Marni Oldershaw (OAK), Erika Seltenreich-Hodgson (GO), and Michelle Williams (NYAC)

2014 Jr Pan Pacific Championships

Good luck to all the Ontario swimmers on the Junior Pan Pac Team headed to Hawaii in August: Tristan Cote (ESWIM), Mitchel Ferraro (USC), Cameron Kidd (WRMS), Daniel Kuiack (BTSC), Osvold Nitski (HAC), Danielle Hanus (NEW), Danika Huizinga, Meryn McCann (ESWIM), Leah Meklensek (CW), and Genevieve Robertson (GMAC)

2014-2015 Events Calendar

The 2014-2015 Swim Ontario Events Calendar is now posted [HERE](#). Please be aware that this schedule is subject to change if required.

Ontario Junior International

Swim Ontario is pleased to announce that Michael Andrew, National Age group record holder 13-14 LCM 50 Freestyle (23.47) of Team Andrew Indie Swimming has accepted our invitation to attend the FIRST ANNUAL Ontario Junior International to be held at the brand new Toronto Pan Am Sports Centre December 5-7, 2014.

We also have interest from swim clubs and provincial teams from across Canada and clubs from the northern USA. The meet will feature some of the best 18 and under swimmers in North America competing in the newest state of the art facility located at University of Toronto, Scarborough Campus, built for the 2015 Pan American Games.

Meet information can be found [HERE](#)

Ontario Swimming Academy

Swim Ontario is launching the Ontario Swimming Academy this year at the Toronto Pan Am Sports Centre. Please find preliminary information [HERE](#)

Swimming Canada Officials Updates

Swimming Canada has been publishing some officials news and updates recently, including information on their symposium and para rule changes. These can be found on our website [HERE](#)

Boles Notes

Read the most recent reports from Provincial Mentor Coach Dean Boles [HERE](#)

NCCP Courses

Looking for a coaching course for your coaching education and development? Upcoming courses for the fall are posted [HERE](#) with more to follow once finalized. Please remember that all 1st year competitive coaches need to be trained and all 2nd year or more competitive coaches need to be certified in order to be on deck at competitions as of November 30 in accordance to the [Swimming Canada coaches policy](#).

Off The Deck

Have you checked out our Off The Deck video series? Two recent videos with coaches Don Burton and Connor Watson are online. Watch them [HERE](#)

Proudly Sponsored By



Record Breakers

Women - 13-14

Leah Meklensek - CW
50 Free LC - 26.29

Penny Oleksiak - TSC
50 Free LC - 26.16

Penny Oleksiak - TSC
200 Fly LC - 2:16.29

Women - 15-17

Danika Huizinga - AJAX
100 Fly SC - 59.85

Women - Open

Erika Seltenreich-Hodgson - GO
200 IM LC - 2:11.76

Erika Seltenreich-Hodgson - GO
400 IM LC - 4:36.88

Brittany MacLean - ESWIM
200 Free LC - 1:57.20

Brittany MacLean - ESWIM
800 Free LC - 8:20.91

Brittany MacLean - ESWIM
1500 Free LC - 16:10.26

Men 15-17

*AJAX Swimming - Philip Kay,
Ryan Kelly, Javier Acevedo,
Ryan Telford*
400 Medley Relay LC - 3:54.10

Kick Challenge

So Ontario, you think you can kick?

Try the Swim Ontario Kick Challenge for a 25m underwater kick from a dive and if you go under 12.5 (male) or 13.5 (female) you'll earn a gold cap. What's the catch? Dean has to witness the feat. Check out all the information [HERE](#)

