

2023 Summer Ontario Swimming Championships  
Toronto, 6 - 9/7/2023

Event 13  
7/7/23 - 9:20

Women, 400m Medley

Open  
Results Prelim

Points: FINA 2023

Rank				Age				Time	FinaPts	Score		
13 years and younger												
1.	STOKLEY, Lauren			13	LAC			<b>5:19.50</b>	579	- Q		
	50m:	32.53	32.53	150m:	1:55.11	43.91	250m:	3:21.68	44.90	350m:	4:44.87	38.53
	100m:	1:11.20	38.67	200m:	2:36.78	41.67	300m:	4:06.34	44.66	400m:	5:19.50	34.63
2.	TOMORY, Zoe			13	LSC			<b>5:23.11</b>	560	- Q		
	50m:	35.07	35.07	150m:	1:54.59	39.21	250m:	3:23.23	49.67	350m:	4:48.40	35.69
	100m:	1:15.38	40.31	200m:	2:33.56	38.97	300m:	4:12.71	49.48	400m:	5:23.11	34.71
3.	HARRISON, Ella A			13	CREST			<b>5:23.80</b>	556	- Q		
	50m:	32.54	32.54	150m:	1:51.06	41.03	250m:	3:20.19	49.76	350m:	4:47.91	36.90
	100m:	1:10.03	37.49	200m:	2:30.43	39.37	300m:	4:11.01	50.82	400m:	5:23.80	35.89
4.	COOPER, Isabella			13	LSC			<b>5:26.23</b>	544	- Q		
	50m:	32.57	32.57	150m:	1:53.79	43.42	250m:	3:23.38	47.61	350m:	4:49.71	37.62
	100m:	1:10.37	37.80	200m:	2:35.77	41.98	300m:	4:12.09	48.71	400m:	5:26.23	36.52
5.	WALKER, Chloe			13	USC			<b>5:29.64</b>	527	- Q		
	50m:	34.29	34.29	150m:	1:59.30	42.74	250m:	3:29.45	48.48	350m:	4:55.11	35.95
	100m:	1:16.56	42.27	200m:	2:40.97	41.67	300m:	4:19.16	49.71	400m:	5:29.64	34.53
6.	LENO, Alexandra			13	ESWIM			<b>5:29.96</b>	526	- Q		
	50m:	33.49	33.49	150m:	2:00.73	46.21	250m:	3:29.64	44.19	350m:	4:52.83	37.83
	100m:	1:14.52	41.03	200m:	2:45.45	44.72	300m:	4:15.00	45.36	400m:	5:29.96	37.13
7.	WARKENTIN, Katherine			13	ESWIM			<b>5:31.01</b>	521	- Q		
	50m:	33.76	33.76	150m:	1:57.79	44.22	250m:	3:28.39	47.03	350m:	4:55.13	38.05
	100m:	1:13.57	39.81	200m:	2:41.36	43.57	300m:	4:17.08	48.69	400m:	5:31.01	35.88
8.	STOKLEY, Grier			13	LAC			<b>5:31.40</b>	519	- Q		
	50m:	33.02	33.02	150m:	1:56.25	43.45	250m:	3:26.40	47.76	350m:	4:53.49	38.05
	100m:	1:12.80	39.78	200m:	2:38.64	42.39	300m:	4:15.44	49.04	400m:	5:31.40	37.91
9.	LJUCKANOV, Liana L			13	WS			<b>5:39.50</b>	482	- Q x		
	50m:	34.53	34.53	150m:	2:00.04	43.88	250m:	3:31.29	47.98	350m:	5:01.00	40.36
	100m:	1:16.16	41.63	200m:	2:43.31	43.27	300m:	4:20.64	49.35	400m:	5:39.50	38.50
10.	RUS, Sophie			12	ROW			<b>5:47.26</b>	451	- Q x		
	50m:	33.72	33.72	150m:	1:59.34	46.01	250m:	3:35.31	50.75	350m:	5:07.90	40.32
	100m:	1:13.33	39.61	200m:	2:44.56	45.22	300m:	4:27.58	52.27	400m:	5:47.26	39.36

14 years

1.	XU, Sunny			14	ROW			<b>5:13.58</b>	612	- Q		
	50m:	33.73	33.73	150m:	1:51.30	39.35	250m:	3:16.63	47.51	350m:	4:39.41	35.15
	100m:	1:11.95	38.22	200m:	2:29.12	37.82	300m:	4:04.26	47.63	400m:	5:13.58	34.17
2.	LUPTON, Hallie C			14	BBST			<b>5:22.48</b>	563	- Q		
	50m:	32.05	32.05	150m:	1:51.58	41.69	250m:	3:19.87	46.65	350m:	4:46.02	38.26
	100m:	1:09.89	37.84	200m:	2:33.22	41.64	300m:	4:07.76	47.89	400m:	5:22.48	36.46
3.	TURTON-SUGDEN, Emma			14	OAK			<b>5:26.49</b>	542	- Q x		
	50m:	32.90	32.90	150m:	1:53.88	42.50	250m:	3:22.97	47.86	350m:	4:49.73	37.29
	100m:	1:11.38	38.48	200m:	2:35.11	41.23	300m:	4:12.44	49.47	400m:	5:26.49	36.76

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Event 13, Girls, 400m Medley, Prelim, 14 years

Rank			Age					Time	FinaPts	Score		
4.	YUEN, Abigail		14	NYAC				<b>5:26.81</b>	541	- Q x		
	50m:	33.89	33.89	150m:	1:55.44	42.64	250m:	3:23.89	46.67	350m:	4:49.51	37.88
	100m:	1:12.80	38.91	200m:	2:37.22	41.78	300m:	4:11.63	47.74	400m:	5:26.81	37.30
5.	SONG, Anna		14	OAK				<b>5:38.81</b>	485	- Q x		
	50m:	33.42	33.42	150m:	1:57.26	44.50	250m:	3:28.23	47.90	350m:	4:59.21	41.17
	100m:	1:12.76	39.34	200m:	2:40.33	43.07	300m:	4:18.04	49.81	400m:	5:38.81	39.60

15 years

1.	CHAI, Amy		15	MAC				<b>5:15.93</b>	599	- Q		
	50m:	33.37	33.37	150m:	1:54.58	42.88	250m:	3:18.71	42.86	350m:	4:39.87	36.97
	100m:	1:11.70	38.33	200m:	2:35.85	41.27	300m:	4:02.90	44.19	400m:	5:15.93	36.06
2.	BROPHY, Fiona		15	CPWD				<b>5:16.00</b>	598	- Q		
	50m:	31.66	31.66	150m:	1:49.05	40.22	250m:	3:15.91	46.90	350m:	4:39.88	36.17
	100m:	1:08.83	37.17	200m:	2:29.01	39.96	300m:	4:03.71	47.80	400m:	5:16.00	36.12
3.	YU, Victoria		15	NKB				<b>5:16.86</b>	594	- Q		
	50m:	32.03	32.03	150m:	1:51.09	41.08	250m:	3:17.89	44.96	350m:	4:41.54	37.26
	100m:	1:10.01	37.98	200m:	2:32.93	41.84	300m:	4:04.28	46.39	400m:	5:16.86	35.32
4.	COBURN, Willow R		15	CW				<b>5:18.30</b>	585	- Q		
	50m:	32.95	32.95	150m:	1:52.75	41.27	250m:	3:18.06	45.56	350m:	4:42.58	37.44
	100m:	1:11.48	38.53	200m:	2:32.50	39.75	300m:	4:05.14	47.08	400m:	5:18.30	35.72
5.	TOEWS, Bevin		15	ESWIM				<b>5:19.73</b>	578	- Q		
	50m:	33.41	33.41	150m:	1:52.80	40.83	250m:	3:21.41	49.09	350m:	4:45.92	35.04
	100m:	1:11.97	38.56	200m:	2:32.32	39.52	300m:	4:10.88	49.47	400m:	5:19.73	33.81
6.	BURTON, Isabelle		15	LAC				<b>5:19.86</b>	577	- Q		
	50m:	32.70	32.70	150m:	1:52.57	41.26	250m:	3:20.15	46.87	350m:	4:44.61	36.96
	100m:	1:11.31	38.61	200m:	2:33.28	40.71	300m:	4:07.65	47.50	400m:	5:19.86	35.25
7.	TOEWS, Avery		15	ESWIM				<b>5:21.44</b>	568	- Q x		
	50m:	31.52	31.52	150m:	1:50.97	40.75	250m:	3:18.32	47.96	350m:	4:44.39	37.53
	100m:	1:10.22	38.70	200m:	2:30.36	39.39	300m:	4:06.86	48.54	400m:	5:21.44	37.05
8.	KOGON, Kiera		15	MAC				<b>5:35.28</b>	501	- Q x		
	50m:	33.12	33.12	150m:	1:58.26	45.72	250m:	3:29.84	47.02	350m:	4:57.32	39.73
	100m:	1:12.54	39.42	200m:	2:42.82	44.56	300m:	4:17.59	47.75	400m:	5:35.28	37.96
9.	FUKAMACHI-JONES, Nanami P		15	DUCKS				<b>5:35.88</b>	498	- Q x		
	50m:	33.68	33.68	150m:	1:54.90	40.40	250m:	3:26.49	51.49	350m:	4:58.31	40.06
	100m:	1:14.50	40.82	200m:	2:35.00	40.10	300m:	4:18.25	51.76	400m:	5:35.88	37.57
10.	LUZ, Maria-Fernanda		15	YORK				<b>5:36.48</b>	496	- Q x		
	50m:	33.49	33.49	150m:	1:56.26	43.37	250m:	3:29.34	50.57	350m:	4:58.88	38.44
	100m:	1:12.89	39.40	200m:	2:38.77	42.51	300m:	4:20.44	51.10	400m:	5:36.48	37.60

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Event 13, Women, 400m Medley, Prelim

16 years and older

1.	JANSEN, Ella	17	ESWIM	<b>4:47.80</b>	792	-	Q	
	50m: 29.11	29.11	150m: 1:40.63	37.92	250m: 2:58.96	41.43	350m: 4:14.70	33.56
	100m: 1:02.71	33.60	200m: 2:17.53	36.90	300m: 3:41.14	42.18	400m: 4:47.80	33.10
2.	BROUSSEAU, Julie	17	NKB	<b>4:49.95</b>	775	-	Q	
	50m: 30.28	30.28	150m: 1:43.15	37.13	250m: 3:01.99	42.05	350m: 4:18.07	33.88
	100m: 1:06.02	35.74	200m: 2:19.94	36.79	300m: 3:44.19	42.20	400m: 4:49.95	31.88
3.	ORAVSKY, Laila M	16	BTSC	<b>4:57.94</b>	714	-	Q	
	50m: 30.26	30.26	150m: 1:46.11	40.46	250m: 3:06.71	41.65	350m: 4:24.30	34.59
	100m: 1:05.65	35.39	200m: 2:25.06	38.95	300m: 3:49.71	43.00	400m: 4:57.94	33.64
4.	NICOLS, Jasmine	16	MAC	<b>5:05.08</b>	665	-	Q	
	50m: 30.44	30.44	150m: 1:44.73	39.25	250m: 3:08.16	44.97	350m: 4:29.71	35.62
	100m: 1:05.48	35.04	200m: 2:23.19	38.46	300m: 3:54.09	45.93	400m: 5:05.08	35.37
5.	SCHLYTER, Emma H	23	TBT	<b>5:05.53</b>	662	-	Q	
	50m: 31.87	31.87	150m: 1:49.48	40.83	250m: 3:12.93	43.86	350m: 4:32.06	34.59
	100m: 1:08.65	36.78	200m: 2:29.07	39.59	300m: 3:57.47	44.54	400m: 5:05.53	33.47
6.	KISSUK, Sophie	16	ESWIM	<b>5:07.44</b>	650	-	Q	
	50m: 31.28	31.28	150m: 1:46.63	38.80	250m: 3:10.59	45.51	350m: 4:32.97	36.36
	100m: 1:07.83	36.55	200m: 2:25.08	38.45	300m: 3:56.61	46.02	400m: 5:07.44	34.47
7.	CAMPBELL, Lauren	17	LAC	<b>5:08.19</b>	645	-	Q	
	50m: 32.52	32.52	150m: 1:50.94	40.63	250m: 3:13.66	43.81	350m: 4:34.42	36.22
	100m: 1:10.31	37.79	200m: 2:29.85	38.91	300m: 3:58.20	44.54	400m: 5:08.19	33.77
8.	VROOM, Taira N	16	BTSC	<b>5:08.57</b>	643	-	Q	
	50m: 30.98	30.98	150m: 1:48.68	41.22	250m: 3:13.88	46.13	350m: 4:35.20	35.68
	100m: 1:07.46	36.48	200m: 2:27.75	39.07	300m: 3:59.52	45.64	400m: 5:08.57	33.37
9.	LUU, Kaitlyn A	16	TBT	<b>5:09.15</b>	639	-	Q	
	50m: 31.39	31.39	150m: 1:47.95	40.24	250m: 3:12.63	45.22	350m: 4:34.90	36.02
	100m: 1:07.71	36.32	200m: 2:27.41	39.46	300m: 3:58.88	46.25	400m: 5:09.15	34.25
10.	WANG, Angela Jiachen	16	MAC	<b>5:10.12</b>	633	-	Q	
	50m: 31.19	31.19	150m: 1:48.68	41.47	250m: 3:12.19	43.61	350m: 4:34.26	36.77
	100m: 1:07.21	36.02	200m: 2:28.58	39.90	300m: 3:57.49	45.30	400m: 5:10.12	35.86
11.	VADEIKA, Robin	17	MAC	<b>5:10.73</b>	629	-	R	
	50m: 31.96	31.96	150m: 1:48.49	40.11	250m: 3:13.28	46.15	350m: 4:36.41	36.17
	100m: 1:08.38	36.42	200m: 2:27.13	38.64	300m: 4:00.24	46.96	400m: 5:10.73	34.32
12.	SAVA, Helen Anne	17	RAMAC	<b>5:12.99</b>	616	-	R	
	50m: 32.74	32.74	150m: 1:51.97	41.04	250m: 3:17.40	46.57	350m: 4:39.61	35.24
	100m: 1:10.93	38.19	200m: 2:30.83	38.86	300m: 4:04.37	46.97	400m: 5:12.99	33.38
13.	BARTOCH, Heidi	18	LAC	<b>5:15.83</b>	599	-	x	
	50m: 32.26	32.26	150m: 1:50.90	41.64	250m: 3:18.74	47.44	350m: 4:41.92	36.13
	100m: 1:09.26	37.00	200m: 2:31.30	40.40	300m: 4:05.79	47.05	400m: 5:15.83	33.91
14.	MOUSTGAARD, Maizie	16	NKB	<b>5:16.48</b>	596	-	x	
	50m: 30.60	30.60	150m: 1:45.88	39.88	250m: 3:13.00	48.53	350m: 4:40.46	37.17
	100m: 1:06.00	35.40	200m: 2:24.47	38.59	300m: 4:03.29	50.29	400m: 5:16.48	36.02
15.	MASIC, Ema	17	ESWIM	<b>5:16.66</b>	595	-	x	
	50m: 31.59	31.59	150m: 1:49.32	41.24	250m: 3:17.71	47.94	350m: 4:42.12	35.66
	100m: 1:08.08	36.49	200m: 2:29.77	40.45	300m: 4:06.46	48.75	400m: 5:16.66	34.54

2023 Summer Ontario Swimming Championships  
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Event 13, Women, 400m Medley, Prelim, 16 years and older

Rank	Name			Age	Club			Time	FinaPts	Score		
16.	CHRISTIE, Claire			17	GGST			<b>5:17.83</b>	588	- X		
	50m:	31.24	31.24	150m:	1:47.66	40.60	250m:	3:15.22	47.66	350m:	4:41.25	35.57
	100m:	1:07.06	35.82	200m:	2:27.56	39.90	300m:	4:05.68	50.46	400m:	5:17.83	36.58
17.	COOLEN, Meredith			18	MSSAC			<b>5:18.62</b>	584	- X		
	50m:	32.46	32.46	150m:	1:49.91	39.53	250m:	3:16.58	46.93	350m:	4:41.28	37.00
	100m:	1:10.38	37.92	200m:	2:29.65	39.74	300m:	4:04.28	47.70	400m:	5:18.62	37.34
18.	WANG, Amy			18	OAK			<b>5:18.89</b>	582	- X		
	50m:	31.48	31.48	150m:	1:50.07	42.22	250m:	3:16.71	46.27	350m:	4:41.99	37.97
	100m:	1:07.85	36.37	200m:	2:30.44	40.37	300m:	4:04.02	47.31	400m:	5:18.89	36.90
19.	ER, Melissa			16	ESWIM			<b>5:19.78</b>	577	- X		
	50m:	32.91	32.91	150m:	1:54.19	42.68	250m:	3:22.79	48.00	350m:	4:47.65	35.87
	100m:	1:11.51	38.60	200m:	2:34.79	40.60	300m:	4:11.78	48.99	400m:	5:19.78	32.13
20.	OGNEVA, Ekaterina			16	RAMAC			<b>5:20.01</b>	576	- X		
	50m:	34.28	34.28	150m:	1:56.38	42.21	250m:	3:23.02	45.66	350m:	4:44.98	35.58
	100m:	1:14.17	39.89	200m:	2:37.36	40.98	300m:	4:09.40	46.38	400m:	5:20.01	35.03
21.	TAIVASSALO, Kesa I			16	MAC			<b>5:20.60</b>	573	- X		
	50m:	33.01	33.01	150m:	1:55.50	44.27	250m:	3:22.06	43.09	350m:	4:45.18	38.45
	100m:	1:11.23	38.22	200m:	2:38.97	43.47	300m:	4:06.73	44.67	400m:	5:20.60	35.42
22.	SKILLING, Alana			19	LAC			<b>5:24.70</b>	552	- X		
	50m:	31.96	31.96	150m:	1:51.60	42.65	250m:	3:19.81	46.92	350m:	4:46.72	38.80
	100m:	1:08.95	36.99	200m:	2:32.89	41.29	300m:	4:07.92	48.11	400m:	5:24.70	37.98
23.	MAJIC, Zoe			18	ESWIM			<b>5:28.54</b>	532	- X		
	50m:	32.19	32.19	150m:	1:50.11	40.34	250m:	3:21.22	50.52	350m:	4:51.13	38.27
	100m:	1:09.77	37.58	200m:	2:30.70	40.59	300m:	4:12.86	51.64	400m:	5:28.54	37.41
DSQ	MATTHEWS, Delila			17	GGST					-		