

2023 Summer Ontario Swimming Championships
Toronto, 6 - 9/7/2023

Event 13
7/7/23 - 17:57

Women, 400m Medley

Open
Results Finals

Points: FINA 2023

Rank				Age				Time	FinaPts	Score
13 years and younger										
1.	COOPER, Isabella			13	LSC			5:15.36	602	30.00
	50m:	32.32	32.32	150m:	1:52.65	42.10	250m:	3:19.03	45.86	350m: 4:41.53 36.16
	100m:	1:10.55	38.23	200m:	2:33.17	40.52	300m:	4:05.37	46.34	400m: 5:15.36 33.83
2.	STOKLEY, Lauren			13	LAC			5:15.37	602	25.00
	50m:	32.44	32.44	150m:	1:55.12	44.26	250m:	3:20.57	43.72	350m: 4:41.03 36.76
	100m:	1:10.86	38.42	200m:	2:36.85	41.73	300m:	4:04.27	43.70	400m: 5:15.37 34.34
3.	WALKER, Chloe			13	USC			5:16.09	598	20.00
	50m:	32.83	32.83	150m:	1:54.00	41.25	250m:	3:20.74	46.41	350m: 4:42.50 34.76
	100m:	1:12.75	39.92	200m:	2:34.33	40.33	300m:	4:07.74	47.00	400m: 5:16.09 33.59
4.	HARRISON, Ella A			13	CREST			5:18.00	587	15.00
	50m:	32.62	32.62	150m:	1:51.38	41.01	250m:	3:19.60	48.36	350m: 4:44.03 34.97
	100m:	1:10.37	37.75	200m:	2:31.24	39.86	300m:	4:09.06	49.46	400m: 5:18.00 33.97
5.	TOMORY, Zoe			13	LSC			5:22.09	565	14.00
	50m:	34.87	34.87	150m:	1:55.03	39.55	250m:	3:23.78	50.33	350m: 4:47.74 33.94
	100m:	1:15.48	40.61	200m:	2:33.45	38.42	300m:	4:13.80	50.02	400m: 5:22.09 34.35
6.	STOKLEY, Grier			13	LAC			5:24.79	551	13.00
	50m:	32.68	32.68	150m:	1:54.29	42.25	250m:	3:22.51	46.57	350m: 4:48.20 37.29
	100m:	1:12.04	39.36	200m:	2:35.94	41.65	300m:	4:10.91	48.40	400m: 5:24.79 36.59
7.	WARKENTIN, Katherine			13	ESWIM			5:25.83	546	12.00
	50m:	32.95	32.95	150m:	1:56.55	44.59	250m:	3:25.21	45.27	350m: 4:49.31 36.60
	100m:	1:11.96	39.01	200m:	2:39.94	43.39	300m:	4:12.71	47.50	400m: 5:25.83 36.52
8.	LENO, Alexandra			13	ESWIM			5:29.58	527	11.00
	50m:	33.49	33.49	150m:	1:59.81	45.69	250m:	3:27.79	44.45	350m: 4:51.99 38.53
	100m:	1:14.12	40.63	200m:	2:43.34	43.53	300m:	4:13.46	45.67	400m: 5:29.58 37.59
9.	LJUCKANOV, Liana L			13	WS			5:37.02	493	- x
	50m:	34.53	34.53	150m:	1:59.90	43.80	250m:	3:30.54	48.88	350m: 4:59.86 40.18
	100m:	1:16.10	41.57	200m:	2:41.66	41.76	300m:	4:19.68	49.14	400m: 5:37.02 37.16
10.	RUS, Sophie			12	ROW			5:43.08	467	- x
	50m:	33.77	33.77	150m:	1:59.85	45.87	250m:	3:35.75	50.74	350m: 5:05.65 38.70
	100m:	1:13.98	40.21	200m:	2:45.01	45.16	300m:	4:26.95	51.20	400m: 5:43.08 37.43

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14 years

1. XU, Sunny	14	ROW	5:12.83	617	13.00
50m: 32.91	32.91	150m: 1:49.19	38.82	250m: 3:15.19	47.81
100m: 1:10.37	37.46	200m: 2:27.38	38.19	300m: 4:02.93	47.74
				350m: 4:38.44	35.51
				400m: 5:12.83	34.39
2. YUEN, Abigail	14	NYAC	5:18.13	586	12.00
50m: 33.13	33.13	150m: 1:53.96	42.07	250m: 3:19.55	44.35
100m: 1:11.89	38.76	200m: 2:35.20	41.24	300m: 4:05.09	45.54
				350m: 4:41.59	36.50
				400m: 5:18.13	36.54
3. TURTON-SUGDEN, Emma	14	OAK	5:22.24	564	11.00
50m: 32.74	32.74	150m: 1:53.36	42.53	250m: 3:22.16	46.84
100m: 1:10.83	38.09	200m: 2:35.32	41.96	300m: 4:09.90	47.74
				350m: 4:46.31	36.41
				400m: 5:22.24	35.93
4. LUPTON, Hallie C	14	BBST	5:30.90	521	- x
50m: 32.80	32.80	150m: 1:52.05	41.25	250m: 3:21.91	48.72
100m: 1:10.80	38.00	200m: 2:33.19	41.14	300m: 4:11.97	50.06
				350m: 4:51.87	39.90
				400m: 5:30.90	39.03
5. SONG, Anna	14	OAK	5:36.18	497	- x
50m: 33.66	33.66	150m: 1:57.11	44.23	250m: 3:27.83	47.55
100m: 1:12.88	39.22	200m: 2:40.28	43.17	300m: 4:16.83	49.00
				350m: 4:57.23	40.40
				400m: 5:36.18	38.95

15 years

1. COBURN, Willow R	15	CW	5:07.53	649	20.00
50m: 31.75	31.75	150m: 1:49.14	40.06	250m: 3:12.48	44.38
100m: 1:09.08	37.33	200m: 2:28.10	38.96	300m: 3:57.96	45.48
				350m: 4:33.65	35.69
				400m: 5:07.53	33.88
2. CHAI, Amy	15	MAC	5:08.64	642	15.00
50m: 32.69	32.69	150m: 1:51.69	41.66	250m: 3:15.28	42.39
100m: 1:10.03	37.34	200m: 2:32.89	41.20	300m: 3:59.52	44.24
				350m: 4:35.27	35.75
				400m: 5:08.64	33.37
3. BROPHY, Fiona	15	CPWD	5:13.70	612	14.00
50m: 32.01	32.01	150m: 1:50.37	40.84	250m: 3:16.73	46.55
100m: 1:09.53	37.52	200m: 2:30.18	39.81	300m: 4:03.40	46.67
				350m: 4:38.66	35.26
				400m: 5:13.70	35.04
4. TOEWS, Avery	15	ESWIM	5:16.89	593	13.00
50m: 31.82	31.82	150m: 1:50.82	40.45	250m: 3:16.67	47.08
100m: 1:10.37	38.55	200m: 2:29.59	38.77	300m: 4:03.82	47.15
				350m: 4:40.98	37.16
				400m: 5:16.89	35.91
5. BURTON, Isabelle	15	LAC	5:18.73	583	12.00
50m: 32.67	32.67	150m: 1:52.48	40.79	250m: 3:19.55	46.59
100m: 1:11.69	39.02	200m: 2:32.96	40.48	300m: 4:05.68	46.13
				350m: 4:43.06	37.38
				400m: 5:18.73	35.67
6. YU, Victoria	15	NKB	5:20.90	571	- x
50m: 32.65	32.65	150m: 1:54.02	42.33	250m: 3:21.86	46.13
100m: 1:11.69	39.04	200m: 2:35.73	41.71	300m: 4:08.83	46.97
				350m: 4:45.84	37.01
				400m: 5:20.90	35.06
7. KOGON, Kiera	15	MAC	5:30.18	524	- x
50m: 33.16	33.16	150m: 1:57.93	45.38	250m: 3:28.71	46.45
100m: 1:12.55	39.39	200m: 2:42.26	44.33	300m: 4:15.61	46.90
				350m: 4:53.84	38.23
				400m: 5:30.18	36.34
8. FUKAMACHI-JONES, Nanami P	15	DUCKS	5:36.96	493	- x
50m: 33.81	33.81	150m: 1:56.56	40.95	250m: 3:28.58	50.91
100m: 1:15.61	41.80	200m: 2:37.67	41.11	300m: 4:19.58	51.00
				350m: 4:58.63	39.05
				400m: 5:36.96	38.33

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16 years and older

1.	JANSEN, Ella	17	ESWIM	4:40.65	854	30.00
	<i>Potential Provincial Record</i>					
	50m: 29.04	29.04	150m: 1:39.03	36.73	250m: 2:55.01	40.55
	100m: 1:02.30	33.26	200m: 2:14.46	35.43	300m: 3:35.90	40.89
	350m: 4:08.72	32.82	400m: 4:40.65	31.93		
2.	BROUSSEAU, Julie	17	NKB	4:42.90	834	25.00
	50m: 29.90	29.90	150m: 1:41.18	36.52	250m: 2:57.33	39.52
	100m: 1:04.66	34.76	200m: 2:17.81	36.63	300m: 3:38.21	40.88
	350m: 4:11.28	33.07	400m: 4:42.90	31.62		
3.	CAMPBELL, Lauren	17	LAC	5:02.44	683	20.00
	50m: 31.74	31.74	150m: 1:47.58	39.40	250m: 3:08.77	43.28
	100m: 1:08.18	36.44	200m: 2:25.49	37.91	300m: 3:52.36	43.59
	350m: 4:27.92	35.56	400m: 5:02.44	34.52		
4.	SCHLYTER, Emma H	23	TBT	5:03.69	674	15.00
	50m: 31.49	31.49	150m: 1:49.00	41.11	250m: 3:12.24	43.19
	100m: 1:07.89	36.40	200m: 2:29.05	40.05	300m: 3:55.96	43.72
	350m: 4:30.58	34.62	400m: 5:03.69	33.11		
5.	NICOLS, Jasmine	16	MAC	5:04.49	669	14.00
	50m: 30.49	30.49	150m: 1:45.94	40.04	250m: 3:08.17	43.94
	100m: 1:05.90	35.41	200m: 2:24.23	38.29	300m: 3:53.32	45.15
	350m: 4:29.29	35.97	400m: 5:04.49	35.20		
6.	KISSUK, Sophie	16	ESWIM	5:06.68	655	13.00
	50m: 31.47	31.47	150m: 1:47.13	38.98	250m: 3:11.51	45.61
	100m: 1:08.15	36.68	200m: 2:25.90	38.77	300m: 3:56.78	45.27
	350m: 4:32.40	35.62	400m: 5:06.68	34.28		
7.	WANG, Angela Jiachen	16	MAC	5:08.06	646	12.00
	50m: 31.24	31.24	150m: 1:49.27	42.32	250m: 3:13.75	44.14
	100m: 1:06.95	35.71	200m: 2:29.61	40.34	300m: 3:57.83	44.08
	350m: 4:33.79	35.96	400m: 5:08.06	34.27		
8.	LUU, Kaitlyn A	16	TBT	5:09.26	638	11.00
	50m: 31.35	31.35	150m: 1:48.11	40.28	250m: 3:13.12	45.25
	100m: 1:07.83	36.48	200m: 2:27.87	39.76	300m: 3:58.69	45.57
	350m: 4:34.97	36.28	400m: 5:09.26	34.29		
9.	VROOM, Taira N	16	BTSC	5:14.03	610	- x
	50m: 32.02	32.02	150m: 1:52.26	42.07	250m: 3:18.35	45.44
	100m: 1:10.19	38.17	200m: 2:32.91	40.65	300m: 4:03.37	45.02
	350m: 4:39.12	35.75	400m: 5:14.03	34.91		
DSQ	ORAVSKY, Laila M	16	BTSC			-