

2023 Summer Ontario Swimming Championships
Toronto, 6 - 9/7/2023

Event 202
6/7/23 - 9:15

Men, 400m Freestyle
PARA

S6-S13
Results Prelim

Rank				Age			Classe	Time	Pts PARA	Score		
1.	ARNDT, Caleb			21	NEW		S13	5:07.99	512	-Q		
	50m:	34.82	34.82	150m:	1:53.32	39.46	250m:	3:13.10	39.84	350m:	4:31.93	38.52
	100m:	1:13.86	39.04	200m:	2:33.26	39.94	300m:	3:53.41	40.31	400m:	5:07.99	36.06
2.	GIAMMICHELE, Charle			17	GHAC		S9	5:43.42	457	-Q		
	50m:	36.04	36.04	150m:	2:01.35	43.71	250m:	3:30.97	45.29	350m:	5:01.74	45.72
	100m:	1:17.64	41.60	200m:	2:45.68	44.33	300m:	4:16.02	45.05	400m:	5:43.42	41.68
3.	GILLIS, John			14	PICK		S9	5:44.85	452	-Q		
	50m:	35.03	35.03	150m:	2:02.28		250m:	3:33.28	45.08	350m:	5:03.91	45.32
	100m:			200m:	2:48.20	45.92	300m:	4:18.59	45.31	400m:	5:44.85	40.94

