

2023 Summer Ontario Swimming Championships
Toronto, 6 - 9/7/2023

Event 219
9/7/23 - 17:06

Women, 200m Medley
PARA

S5-S14
Results Final

| Rank | | Age | | Time | | 50m | 100m | 150m | 200m |
|------|---|-----|-------|---------------------|-----|---------|---------|---------|-------|
| 1. | COSGRIFFE, Jaime | 17 | OAK | SM10 2:43.09 | 758 | 33.01 | 41.93 | 50.37 | 37.78 |
| 2. | MARINA, Angela | 24 | BRANT | SM14 2:38.42 | 749 | 32.10 | 41.54 | 49.35 | 35.43 |
| | <i>Potential National Para Record</i> | | | | | | | | |
| 3. | VAN DYK, Emma | 20 | BROCK | SM14 2:42.47 | 700 | 34.56 | 40.86 | 50.29 | 36.76 |
| 4. | TINNEY, Jessica | 23 | VVAC | SM5 4:40.31 | 470 | 1:07.63 | 1:16.09 | 1:22.45 | 54.14 |
| | <i>Potential Provincial Para Record</i> | | | | | | | | |
| 5. | ZAFAR, Sumbul | 41 | GHAC | SM9 3:32.20 | 430 | 45.17 | 58.45 | 58.24 | 50.34 |
| 6. | SMITH, Kate | 17 | BTSC | SM14 3:22.58 | 387 | 45.05 | 53.96 | 59.95 | 43.62 |
| 7. | SHEPPIT-EDWARDS, Melinda | 16 | GHAC | SM14 3:24.19 | 379 | 45.56 | 51.96 | 1:01.89 | 44.78 |