

2023 Summer Ontario Swimming Championships
Toronto, 6 - 9/7/2023

Event 29
9/7/23 - 18:43

Women, 400m Freestyle

Open
Results Finals

Points: FINA 2023

Rank				Age				Time	FinaPts	Score		
13 years and younger												
1.	HARRISON, Ella A			13	CREST			4:32.83	650	25.00		
	50m:	31.43	31.43	150m:	1:40.18	34.79	250m:	2:50.16	34.98	350m:	3:59.04	34.30
	100m:	1:05.39	33.96	200m:	2:15.18	35.00	300m:	3:24.74	34.58	400m:	4:32.83	33.79
2.	TOMORY, Zoe			13	LSC			4:33.68	644	20.00		
	50m:	30.97	30.97	150m:	1:39.93	34.85	250m:	2:49.95	34.51	350m:	3:59.65	34.72
	100m:	1:05.08	34.11	200m:	2:15.44	35.51	300m:	3:24.93	34.98	400m:	4:33.68	34.03
3.	RYAN, Analise			13	NYAC			4:38.28	613	15.00		
	50m:	31.58	31.58	150m:	1:41.39	35.74	250m:	2:52.23	35.74	350m:	4:03.19	35.04
	100m:	1:05.65	34.07	200m:	2:16.49	35.10	300m:	3:28.15	35.92	400m:	4:38.28	35.09
4.	RATTEE, Zoe M			13	TSC			4:42.99	582	14.00		
	50m:	31.49	31.49	150m:	1:41.45	35.42	250m:	2:53.69	36.05	350m:	4:06.99	36.72
	100m:	1:06.03	34.54	200m:	2:17.64	36.19	300m:	3:30.27	36.58	400m:	4:42.99	36.00
5.	HORNBY, Kaia M			12	BTSC			4:46.38	562	13.00		
	50m:	32.23	32.23	150m:	1:45.36	37.00	250m:	3:00.10	37.46	350m:	4:12.97	36.19
	100m:	1:08.36	36.13	200m:	2:22.64	37.28	300m:	3:36.78	36.68	400m:	4:46.38	33.41
6.	COOPER, Isabella			13	LSC			4:46.50	561	12.00		
	50m:	32.86	32.86	150m:	1:45.96	36.87	250m:	3:00.15	36.79	350m:	4:12.26	35.47
	100m:	1:09.09	36.23	200m:	2:23.36	37.40	300m:	3:36.79	36.64	400m:	4:46.50	34.24
7.	LENO, Alexandra			13	ESWIM			4:47.92	553	11.00		
	50m:	31.94	31.94	150m:	1:43.99	36.51	250m:	2:57.45	36.90	350m:	4:11.97	37.28
	100m:	1:07.48	35.54	200m:	2:20.55	36.56	300m:	3:34.69	37.24	400m:	4:47.92	35.95
8.	HAO, Sarah L			12	TSC			4:51.37	534	10.00		
	50m:	32.85	32.85	150m:	1:46.49	37.06	250m:	3:00.88	37.18	350m:	4:15.62	37.22
	100m:	1:09.43	36.58	200m:	2:23.70	37.21	300m:	3:38.40	37.52	400m:	4:51.37	35.75
9.	YOUNG, Sophia			13	ESWIM			4:55.74	510	- x		
	50m:	31.55	31.55	150m:	1:42.78	36.04	250m:	2:57.79	37.81	350m:	4:16.69	39.71
	100m:	1:06.74	35.19	200m:	2:19.98	37.20	300m:	3:36.98	39.19	400m:	4:55.74	39.05

14 years

1.	TIGERT, Leah L			14	TSC			4:25.07	709	14.00		
	50m:	29.77	29.77	150m:	1:36.18	33.70	250m:	2:43.65	33.52	350m:	3:51.81	34.08
	100m:	1:02.48	32.71	200m:	2:10.13	33.95	300m:	3:17.73	34.08	400m:	4:25.07	33.26
2.	STEPANOFF, Paige M			14	TSC			4:32.52	652	13.00		
	50m:	30.12	30.12	150m:	1:37.26	34.13	250m:	2:47.77	35.66	350m:	3:58.78	34.92
	100m:	1:03.13	33.01	200m:	2:12.11	34.85	300m:	3:23.86	36.09	400m:	4:32.52	33.74
3.	KRYGER, Madison			14	BROCK			4:36.71	623	12.00		
	50m:	30.48	30.48	150m:	1:39.80	35.16	250m:	2:50.20	35.14	350m:	4:01.25	35.15
	100m:	1:04.64	34.16	200m:	2:15.06	35.26	300m:	3:26.10	35.90	400m:	4:36.71	35.46
4.	THORNE, Claire			14	NEW			4:43.20	581	11.00		
	50m:	31.79	31.79	150m:	1:43.47	36.13	250m:	2:55.85	36.26	350m:	4:08.47	36.30
	100m:	1:07.34	35.55	200m:	2:19.59	36.12	300m:	3:32.17	36.32	400m:	4:43.20	34.73

2023 Summer Ontario Swimming Championships
Toronto, 6 - 9/7/2023

Event 29, Girls, 400m Freestyle, Final, 14 years

Rank			Age					Time	FinaPts	Score		
5.	TURTON-SUGDEN, Emma		14	OAK				4:46.66	560	- x		
	50m:	31.74	31.74	150m:	1:44.77	36.74	250m:	2:58.82	37.14	350m:	4:12.55	36.27
	100m:	1:08.03	36.29	200m:	2:21.68	36.91	300m:	3:36.28	37.46	400m:	4:46.66	34.11
6.	BARTON, Edith		14	NKB				4:46.71	560	- x		
	50m:	31.81	31.81	150m:	1:42.76	35.90	250m:	2:56.31	37.06	350m:	4:11.18	37.30
	100m:	1:06.86	35.05	200m:	2:19.25	36.49	300m:	3:33.88	37.57	400m:	4:46.71	35.53

15 years

1.	LEIGH, Peyton		15	BROCK				4:26.85	695	20.00		
	50m:	30.62	30.62	150m:	1:38.42	34.20	250m:	2:46.74	34.03	350m:	3:54.78	33.80
	100m:	1:04.22	33.60	200m:	2:12.71	34.29	300m:	3:20.98	34.24	400m:	4:26.85	32.07
2.	TOEWS, Bevin		15	ESWIM				4:30.34	668	15.00		
	50m:	30.97	30.97	150m:	1:38.77	34.25	250m:	2:47.42	34.51	350m:	3:56.48	34.24
	100m:	1:04.52	33.55	200m:	2:12.91	34.14	300m:	3:22.24	34.82	400m:	4:30.34	33.86
3.	GONGORA GAYTAN, Daniela		15	OAK				4:34.15	641	14.00		
	50m:	30.64	30.64	150m:	1:38.71	34.55	250m:	2:48.62	35.39	350m:	3:59.53	35.46
	100m:	1:04.16	33.52	200m:	2:13.23	34.52	300m:	3:24.07	35.45	400m:	4:34.15	34.62
4.	SUN, Victoria		15	MAC				4:38.45	611	13.00		
	50m:	30.62	30.62	150m:	1:39.45	34.92	250m:	2:50.23	35.89	350m:	4:02.52	36.13
	100m:	1:04.53	33.91	200m:	2:14.34	34.89	300m:	3:26.39	36.16	400m:	4:38.45	35.93
5.	TOEWS, Avery		15	ESWIM				4:39.61	604	12.00		
	50m:	30.96	30.96	150m:	1:40.16	35.18	250m:	2:51.79	35.77	350m:	4:03.87	35.81
	100m:	1:04.98	34.02	200m:	2:16.02	35.86	300m:	3:28.06	36.27	400m:	4:39.61	35.74
6.	ZHANG, Elsie Z		15	MAC				4:39.97	602	11.00		
	50m:	31.34	31.34	150m:	1:40.79	35.20	250m:	2:52.74	36.16	350m:	4:05.37	36.26
	100m:	1:05.59	34.25	200m:	2:16.58	35.79	300m:	3:29.11	36.37	400m:	4:39.97	34.60
7.	HOCEVAR, Natalie		15	MSSAC				4:40.04	601	10.00		
	50m:	30.79	30.79	150m:	1:40.40	35.54	250m:	2:52.42	36.36	350m:	4:05.87	36.76
	100m:	1:04.86	34.07	200m:	2:16.06	35.66	300m:	3:29.11	36.69	400m:	4:40.04	34.17
8.	NEWTON, Rebecca		15	ESWIM				4:43.30	581	- x		
	50m:	31.76	31.76	150m:	1:42.43	35.86	250m:	2:54.58	35.55	350m:	4:07.39	36.40
	100m:	1:06.57	34.81	200m:	2:19.03	36.60	300m:	3:30.99	36.41	400m:	4:43.30	35.91

16 years and older

1.	BROUSSEAU, Julie		17	NKB				4:12.46	821	30.00		
	50m:	28.36	28.36	150m:	1:30.84	31.58	250m:	2:35.09	32.12	350m:	3:40.60	32.62
	100m:	59.26	30.90	200m:	2:02.97	32.13	300m:	3:07.98	32.89	400m:	4:12.46	31.86
2.	BEZANSON, Maya		16	ESWIM				4:19.98	751	25.00		
	50m:	28.96	28.96	150m:	1:32.70	32.30	250m:	2:38.63	32.97	350m:	3:46.13	33.88
	100m:	1:00.40	31.44	200m:	2:05.66	32.96	300m:	3:12.25	33.62	400m:	4:19.98	33.85
3.	ORAVSKY, Laila M		16	BTSC				4:23.74	720	20.00		
	50m:	29.57	29.57	150m:	1:34.21	33.27	250m:	2:42.16	34.34	350m:	3:50.81	34.50
	100m:	1:00.94	31.37	200m:	2:07.82	33.61	300m:	3:16.31	34.15	400m:	4:23.74	32.93

2023 Summer Ontario Swimming Championships
Toronto, 6 - 9/7/2023

Event 29, Women, 400m Freestyle, Final, 16 years and older

Rank				Age				Time	FinaPts	Score		
4.	MAROVINO, Katie			18	ESWIM			4:24.49	714	15.00		
	50m:	30.55	30.55	150m:	1:37.52	33.47	250m:	2:45.52	33.86	350m:	3:52.89	33.27
	100m:	1:04.05	33.50	200m:	2:11.66	34.14	300m:	3:19.62	34.10	400m:	4:24.49	31.60
5.	HULFORD, Kate S			18	TSC			4:26.29	699	14.00		
	50m:	30.58	30.58	150m:	1:38.06	33.92	250m:	2:45.82	33.67	350m:	3:53.47	33.52
	100m:	1:04.14	33.56	200m:	2:12.15	34.09	300m:	3:19.95	34.13	400m:	4:26.29	32.82
6.	CULLEN, Charlotte			18	ESWIM			4:26.42	698	13.00		
	50m:	30.07	30.07	150m:	1:37.14	33.64	250m:	2:44.72	33.70	350m:	3:52.32	33.82
	100m:	1:03.50	33.43	200m:	2:11.02	33.88	300m:	3:18.50	33.78	400m:	4:26.42	34.10
7.	DREGHICI, Jessica			16	CW			4:29.54	674	12.00		
	50m:	30.60	30.60	150m:	1:37.90	34.05	250m:	2:47.57	34.90	350m:	3:57.07	34.48
	100m:	1:03.85	33.25	200m:	2:12.67	34.77	300m:	3:22.59	35.02	400m:	4:29.54	32.47
8.	VROOM, Taira N			16	BTSC			4:29.63	673	11.00		
	50m:	30.00	30.00	150m:	1:37.36	34.27	250m:	2:47.75	35.00	350m:	3:57.12	34.32
	100m:	1:03.09	33.09	200m:	2:12.75	35.39	300m:	3:22.80	35.05	400m:	4:29.63	32.51
9.	WALTERS, Jenna			16	GMAC			4:31.05	663	10.00		
	50m:	29.39	29.39	150m:	1:35.96	34.03	250m:	2:46.23	35.22	350m:	3:57.09	35.40
	100m:	1:01.93	32.54	200m:	2:11.01	35.05	300m:	3:21.69	35.46	400m:	4:31.05	33.96
10.	SHEMILT, Sydney			19	OAK			4:41.77	590	- x		
	50m:	31.44	31.44	150m:	1:41.69	35.69	250m:	2:53.65	36.05	350m:	4:06.38	36.55
	100m:	1:06.00	34.56	200m:	2:17.60	35.91	300m:	3:29.83	36.18	400m:	4:41.77	35.39