

Summer Ontario Swimming Championships  
Toronto, July 4 - 7, 2024

Event 29  
2024-07-07 - 11:23

Women, 400m Freestyle

Open  
Results Prelim

Points: AQUA 2024

Rank				AGE				Time	FinaPts	Score		
<b>13 years and younger</b>												
1.	XU, Huini			11	MAC			<b>4:32.99</b>	641	- Q		
	50m:	31.55	31.55	150m:	1:41.53	35.38	250m:	2:51.04	34.18	350m:	3:59.57	34.03
	100m:	1:06.15	34.60	200m:	2:16.86	35.33	300m:	3:25.54	34.50	400m:	4:32.99	33.42
2.	HORNBY, Kaia M			13	BTSC			<b>4:42.14</b>	580	- Q		
	50m:	32.55	32.55	150m:	1:44.20	35.94	250m:	2:56.28	36.10	350m:	4:07.51	35.33
	100m:	1:08.26	35.71	200m:	2:20.18	35.98	300m:	3:32.18	35.90	400m:	4:42.14	34.63
3.	BOURGEOIS, Sierra L			13	TBT			<b>4:46.08</b>	556	- Q		
	50m:	32.96	32.96	150m:	1:45.25	36.30	250m:	2:58.63	36.66	350m:	4:11.18	36.26
	100m:	1:08.95	35.99	200m:	2:21.97	36.72	300m:	3:34.92	36.29	400m:	4:46.08	34.90
4.	TRIPP, Helena T			13	KBM			<b>4:46.53</b>	554	- Q		
	50m:	33.00	33.00	150m:	1:44.94	36.35	250m:	2:57.80	36.67	350m:	4:10.69	36.36
	100m:	1:08.59	35.59	200m:	2:21.13	36.19	300m:	3:34.33	36.53	400m:	4:46.53	35.84
5.	SHAHI, Elika			13	RHAC			<b>4:48.89</b>	540	- Q		
	50m:	33.04	33.04	150m:	1:45.76	36.50	250m:	2:59.63	36.95	350m:	4:13.57	37.01
	100m:	1:09.26	36.22	200m:	2:22.68	36.92	300m:	3:36.56	36.93	400m:	4:48.89	35.32
6.	TIGERT, Sophie M			13	TSC			<b>4:48.96</b>	540	- Q		
	50m:	33.08	33.08	150m:	1:45.65	36.59	250m:	2:58.85	36.62	350m:	4:12.65	37.07
	100m:	1:09.06	35.98	200m:	2:22.23	36.58	300m:	3:35.58	36.73	400m:	4:48.96	36.31
7.	ANDREWS, Poppy J			13	TSC			<b>4:50.02</b>	534	- Q		
	50m:	31.91	31.91	150m:	1:43.92	36.53	250m:	2:59.30	37.59	350m:	4:14.58	37.18
	100m:	1:07.39	35.48	200m:	2:21.71	37.79	300m:	3:37.40	38.10	400m:	4:50.02	35.44
8.	GREENAWAY, Molly			12	GSH			<b>4:57.35</b>	496	- Q		
	50m:	33.06	33.06	150m:	1:46.47	37.33	250m:	3:01.96	37.63	350m:	4:19.19	38.64
	100m:	1:09.14	36.08	200m:	2:24.33	37.86	300m:	3:40.55	38.59	400m:	4:57.35	38.16
9.	HAO, Sarah			13	RAMAC			<b>4:58.49</b>	490	- Q		
	50m:	33.20	33.20	150m:	1:48.13	37.49	250m:	3:04.19	37.71	350m:	4:20.78	37.89
	100m:	1:10.64	37.44	200m:	2:26.48	38.35	300m:	3:42.89	38.70	400m:	4:58.49	37.71
<b>14 years</b>												
1.	TOMORY, Zoe			14	LSC			<b>4:30.92</b>	655	- Q		
	50m:	31.47	31.47	150m:	1:39.69	34.58	250m:	2:48.58	34.23	350m:	3:57.58	34.64
	100m:	1:05.11	33.64	200m:	2:14.35	34.66	300m:	3:22.94	34.36	400m:	4:30.92	33.34
2.	COOPER, Isabella			14	LSC			<b>4:32.26</b>	646	- Q		
	50m:	31.18	31.18	150m:	1:39.12	34.14	250m:	2:48.47	34.55	350m:	3:58.49	34.90
	100m:	1:04.98	33.80	200m:	2:13.92	34.80	300m:	3:23.59	35.12	400m:	4:32.26	33.77
3.	STOKLEY, Lauren			14	LAC			<b>4:38.21</b>	605	- Q		
	50m:	32.08	32.08	150m:	1:42.21	35.35	250m:	2:53.23	35.81	350m:	4:04.27	35.52
	100m:	1:06.86	34.78	200m:	2:17.42	35.21	300m:	3:28.75	35.52	400m:	4:38.21	33.94
4.	RATTEE, Zoe M			14	TSC			<b>4:39.95</b>	594	- Q		
	50m:	31.13	31.13	150m:	1:40.85	35.36	250m:	2:52.41	36.01	350m:	4:04.75	36.16
	100m:	1:05.49	34.36	200m:	2:16.40	35.55	300m:	3:28.59	36.18	400m:	4:39.95	35.20



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Event 29, Girls, 400m Freestyle, Prelim, 14 years

Rank			AGE						Time	FinaPts	Score
5.	RYAN, Analise		14 NYAC						<b>4:41.12</b>	586	- Q
	50m:	31.85 31.85	150m:	1:43.00 35.64	250m:	2:55.05 35.91	350m:	4:07.40 36.09			
	100m:	1:07.36 35.51	200m:	2:19.14 36.14	300m:	3:31.31 36.26	400m:	4:41.12 33.72			
6.	WARKENTIN, Katherine		14 ESWIM						<b>4:41.50</b>	584	- Q
	50m:	31.78 31.78	150m:	1:42.26 35.21	250m:	2:53.32 35.09	350m:	4:05.25 35.85			
	100m:	1:07.05 35.27	200m:	2:18.23 35.97	300m:	3:29.40 36.08	400m:	4:41.50 36.25			
7.	AMARAL, Abigail		14 NKB						<b>4:43.48</b>	572	- Q
	50m:	32.47 32.47	150m:	1:43.89 36.00	250m:	2:56.22 36.16	350m:	4:08.35 35.90			
	100m:	1:07.89 35.42	200m:	2:20.06 36.17	300m:	3:32.45 36.23	400m:	4:43.48 35.13			
8.	STOKLEY, Grier		14 LAC						<b>4:45.21</b>	562	- Q
	50m:	31.69 31.69	150m:	1:43.55 36.64	250m:	2:57.06 36.71	350m:	4:10.35 36.94			
	100m:	1:06.91 35.22	200m:	2:20.35 36.80	300m:	3:33.41 36.35	400m:	4:45.21 34.86			
9.	YOUNG, Sophia A		14 TSC						<b>4:46.58</b>	554	- Q
	50m:	31.68 31.68	150m:	1:42.31 35.72	250m:	2:53.82 35.88	350m:	4:08.89 38.64			
	100m:	1:06.59 34.91	200m:	2:17.94 35.63	300m:	3:30.25 36.43	400m:	4:46.58 37.69			
10.	NGUYEN, Jillian		14 MSSAC						<b>4:49.75</b>	536	- Q
	50m:	33.18 33.18	150m:	1:44.07 35.85	250m:	2:57.91 37.65	350m:	4:13.91 37.29			
	100m:	1:08.22 35.04	200m:	2:20.26 36.19	300m:	3:36.62 38.71	400m:	4:49.75 35.84			
11.	RANDALL HALL, Brianne		14 GMAC						<b>4:52.97</b>	518	- R
	50m:	31.88 31.88	150m:	1:43.28 36.21	250m:	2:56.73 36.91	350m:	4:14.52 39.38			
	100m:	1:07.07 35.19	200m:	2:19.82 36.54	300m:	3:35.14 38.41	400m:	4:52.97 38.45			
12.	BACH, Grace		14 WAAC						<b>4:55.95</b>	503	- R
	50m:	32.56 32.56	150m:	1:47.16 37.80	250m:	3:02.89 37.41	350m:	4:18.46 37.69			
	100m:	1:09.36 36.80	200m:	2:25.48 38.32	300m:	3:40.77 37.88	400m:	4:55.95 37.49			
13.	WILLMOTT, Ella L		14 MUSAC						<b>4:58.82</b>	488	-
	50m:	32.04 32.04	150m:	1:44.96 37.40	250m:	3:02.12 38.76	350m:	4:20.46 39.40			
	100m:	1:07.56 35.52	200m:	2:23.36 38.40	300m:	3:41.06 38.94	400m:	4:58.82 38.36			

15 years

1.	TIGERT, Leah L		15 TSC						<b>4:27.30</b>	682	- Q
	50m:	30.48 30.48	150m:	1:38.20 34.20	250m:	2:46.29 33.68	350m:	3:54.09 33.71			
	100m:	1:04.00 33.52	200m:	2:12.61 34.41	300m:	3:20.38 34.09	400m:	4:27.30 33.21			
2.	STEPANOFF, Paige M		15 TSC						<b>4:29.44</b>	666	- Q
	50m:	30.11 30.11	150m:	1:38.26 34.32	250m:	2:47.60 34.51	350m:	3:56.43 34.13			
	100m:	1:03.94 33.83	200m:	2:13.09 34.83	300m:	3:22.30 34.70	400m:	4:29.44 33.01			
3.	CABEZAS GARZON, Mariana		15 ESWIM						<b>4:31.43</b>	652	- Q
	50m:	31.45 31.45	150m:	1:40.59 35.07	250m:	2:50.60 35.23	350m:	3:59.04 34.01			
	100m:	1:05.52 34.07	200m:	2:15.37 34.78	300m:	3:25.03 34.43	400m:	4:31.43 32.39			
4.	RUDZKI, Chloe M		15 KBM						<b>4:38.87</b>	601	- Q
	50m:	31.46 31.46	150m:	1:42.12 35.54	250m:	2:52.75 35.75	350m:	4:03.90 35.30			
	100m:	1:06.58 35.12	200m:	2:17.00 34.88	300m:	3:28.60 35.85	400m:	4:38.87 34.97			
5.	THORNE, Claire		15 NEW						<b>4:38.91</b>	601	- Q
	50m:	31.49 31.49	150m:	1:41.44 35.39	250m:	2:53.42 36.25	350m:	4:04.57 35.42			
	100m:	1:06.05 34.56	200m:	2:17.17 35.73	300m:	3:29.15 35.73	400m:	4:38.91 34.34			



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Event 29, Girls, 400m Freestyle, Prelim, 15 years

Rank	NAME		AGE	CLUB	Time				FinaPts	Score		
6.	SCHEFFEL, Brynn		15	BRANT	<b>4:40.02</b>				593	- Q		
	50m:	32.26	32.26	150m:	1:42.89	35.38	250m:	2:54.60	35.67	350m:	4:05.59	35.15
	100m:	1:07.51	35.25	200m:	2:18.93	36.04	300m:	3:30.44	35.84	400m:	4:40.02	34.43
7.	TURTON-SUGDEN, Emma L		15	MMST	<b>4:45.30</b>				561	- Q		
	50m:	32.16	32.16	150m:	1:44.96	36.88	250m:	2:58.26	36.68	350m:	4:10.80	35.94
	100m:	1:08.08	35.92	200m:	2:21.58	36.62	300m:	3:34.86	36.60	400m:	4:45.30	34.50
8.	TAHIR, Hailey		15	OAK	<b>4:46.46</b>				554	- Q		
	50m:	32.68	32.68	150m:	1:44.00	35.66	250m:	2:56.90	36.49	350m:	4:10.78	37.08
	100m:	1:08.34	35.66	200m:	2:20.41	36.41	300m:	3:33.70	36.80	400m:	4:46.46	35.68
9.	ER, Rosalie		15	ESWIM	<b>4:48.67</b>				542	- Q		
	50m:	33.35	33.35	150m:	1:47.47	36.95	250m:	3:01.53	36.56	350m:	4:14.34	35.96
	100m:	1:10.52	37.17	200m:	2:24.97	37.50	300m:	3:38.38	36.85	400m:	4:48.67	34.33
10.	BARTON, Edith		15	NKB	<b>4:50.25</b>				533	- Q		
	50m:	32.10	32.10	150m:	1:43.36	36.16	250m:	2:57.66	37.42	350m:	4:13.56	37.72
	100m:	1:07.20	35.10	200m:	2:20.24	36.88	300m:	3:35.84	38.18	400m:	4:50.25	36.69
11.	KLAKOV, Pola		15	NEW	<b>4:51.17</b>				528	- R		
	50m:	32.18	32.18	150m:	1:45.28	37.16	250m:	3:00.20	37.38	350m:	4:14.85	37.12
	100m:	1:08.12	35.94	200m:	2:22.82	37.54	300m:	3:37.73	37.53	400m:	4:51.17	36.32
12.	FERNANDEZ AYANEGUI, Marie		15	ESWIM	<b>4:53.77</b>				514	- R		
	50m:	31.76	31.76	150m:	1:44.32	37.10	250m:	2:59.57	37.69	350m:	4:16.68	38.24
	100m:	1:07.22	35.46	200m:	2:21.88	37.56	300m:	3:38.44	38.87	400m:	4:53.77	37.09
13.	WU, Tulia		15	DUCKS	<b>4:58.25</b>				491	-		
	50m:	33.40	33.40	150m:	1:48.35	37.99	250m:	3:04.87	37.69	350m:	4:21.05	38.06
	100m:	1:10.36	36.96	200m:	2:27.18	38.83	300m:	3:42.99	38.12	400m:	4:58.25	37.20

16 years and older

1.	LEIGH, Peyton		16	BROCK	<b>4:23.38</b>				713	- Q		
	50m:	30.18	30.18	150m:	1:36.18	33.24	250m:	2:43.60	33.57	350m:	3:50.33	33.19
	100m:	1:02.94	32.76	200m:	2:10.03	33.85	300m:	3:17.14	33.54	400m:	4:23.38	33.05
2.	ORAVSKY, Laila M		17	BTSC	<b>4:25.27</b>				698	- Q		
	50m:	29.77	29.77	150m:	1:35.27	33.46	250m:	2:43.23	34.12	350m:	3:51.68	34.27
	100m:	1:01.81	32.04	200m:	2:09.11	33.84	300m:	3:17.41	34.18	400m:	4:25.27	33.59
3.	EBLI, Julia A		17	TSC	<b>4:25.67</b>				695	- Q		
	50m:	29.97	29.97	150m:	1:35.75	32.71	250m:	2:43.08	33.34	350m:	3:51.09	34.23
	100m:	1:03.04	33.07	200m:	2:09.74	33.99	300m:	3:16.86	33.78	400m:	4:25.67	34.58
4.	SAVA, Helen Anne		18	RAMAC	<b>4:26.04</b>				692	- Q		
	50m:	30.61	30.61	150m:	1:37.53	33.76	250m:	2:45.54	33.98	350m:	3:53.18	33.54
	100m:	1:03.77	33.16	200m:	2:11.56	34.03	300m:	3:19.64	34.10	400m:	4:26.04	32.86
5.	ER, Melissa		17	ESWIM	<b>4:31.74</b>				649	- Q		
	50m:	31.32	31.32	150m:	1:40.30	34.68	250m:	2:50.10	34.46	350m:	3:59.35	34.19
	100m:	1:05.62	34.30	200m:	2:15.64	35.34	300m:	3:25.16	35.06	400m:	4:31.74	32.39
6.	LJUCKANOV, Lilian		17	WS	<b>4:32.33</b>				645	- Q		
	50m:	30.82	30.82	150m:	1:38.81	34.33	250m:	2:48.99	35.01	350m:	3:59.07	34.96
	100m:	1:04.48	33.66	200m:	2:13.98	35.17	300m:	3:24.11	35.12	400m:	4:32.33	33.26



Summer Ontario Swimming Championships  
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Event 29, Women, 400m Freestyle, Prelim, 16 years and older

Rank			AGE						Time	FinaPts	Score
7.	GONGORA GAYTAN, Daniela		16	OAK					<b>4:32.42</b>	645	- Q
	50m:	31.17 31.17	150m:	1:39.57 34.48	250m:	2:49.48 34.86	350m:	3:59.38 34.93			
	100m:	1:05.09 33.92	200m:	2:14.62 35.05	300m:	3:24.45 34.97	400m:	4:32.42 33.04			
8.	LANGRIDGE, Isabel		18	GO					<b>4:32.70</b>	643	- Q
	50m:	31.19 31.19	150m:	1:39.10 34.04	250m:	2:48.28 34.50	350m:	3:58.59 35.11			
	100m:	1:05.06 33.87	200m:	2:13.78 34.68	300m:	3:23.48 35.20	400m:	4:32.70 34.11			
9.	GREAVES, Elizabeth		22	RCAQ					<b>4:32.73</b>	642	- Q
	50m:	31.33 31.33	150m:	1:38.91 34.18	250m:	2:47.69 34.42	350m:	3:58.12 35.64			
	100m:	1:04.73 33.40	200m:	2:13.27 34.36	300m:	3:22.48 34.79	400m:	4:32.73 34.61			
10.	TOEWS, Bevin K		16	MAC					<b>4:32.83</b>	642	- Q
	50m:	31.56 31.56	150m:	1:41.22 35.12	250m:	2:50.94 34.18	350m:	3:59.61 34.15			
	100m:	1:06.10 34.54	200m:	2:16.76 35.54	300m:	3:25.46 34.52	400m:	4:32.83 33.22			
11.	SHEMILT, Sydney		20	OAK					<b>4:32.88</b>	641	- R
	50m:	31.26 31.26	150m:	1:39.89 34.78	250m:	2:49.47 34.89	350m:	3:59.55 34.91			
	100m:	1:05.11 33.85	200m:	2:14.58 34.69	300m:	3:24.64 35.17	400m:	4:32.88 33.33			
12.	CHAMBERS, Jacqueline		18	LAC					<b>4:33.42</b>	637	- R
	50m:	31.34 31.34	150m:	1:40.53 34.84	250m:	2:50.28 34.81	350m:	3:59.71 34.54			
	100m:	1:05.69 34.35	200m:	2:15.47 34.94	300m:	3:25.17 34.89	400m:	4:33.42 33.71			
13.	MAROVINO, Katie		19	ESWIM					<b>4:33.55</b>	637	-
	50m:	30.84 30.84	150m:	1:39.94 34.65	250m:	2:50.23 34.90	350m:	3:59.64 34.46			
	100m:	1:05.29 34.45	200m:	2:15.33 35.39	300m:	3:25.18 34.95	400m:	4:33.55 33.91			
14.	GIARDETTI, Madeline M		16	TBT					<b>4:33.70</b>	636	-
	50m:	31.94 31.94	150m:	1:40.92 35.00	250m:	2:50.72 34.52	350m:	3:59.76 34.42			
	100m:	1:05.92 33.98	200m:	2:16.20 35.28	300m:	3:25.34 34.62	400m:	4:33.70 33.94			
15.	THOMAS, Mia		16	ESWIM					<b>4:35.27</b>	625	-
	50m:	30.32 30.32	150m:	1:39.09 34.90	250m:	2:50.45 35.61	350m:	4:01.06 34.77			
	100m:	1:04.19 33.87	200m:	2:14.84 35.75	300m:	3:26.29 35.84	400m:	4:35.27 34.21			
16.	JAMES-BRENNAN, Lydia		19	NKB					<b>4:35.96</b>	620	-
	50m:	30.85 30.85	150m:	1:39.44 34.66	250m:	2:49.48 35.04	350m:	4:00.94 36.12			
	100m:	1:04.78 33.93	200m:	2:14.44 35.00	300m:	3:24.82 35.34	400m:	4:35.96 35.02			
17.	FORSTER, Abby		20	BRANT					<b>4:36.14</b>	619	-
	50m:	31.40 31.40	150m:	1:41.16 35.19	250m:	2:51.67 35.23	350m:	4:01.78 35.03			
	100m:	1:05.97 34.57	200m:	2:16.44 35.28	300m:	3:26.75 35.08	400m:	4:36.14 34.36			
18.	CABRAL, Emma		20	BRANT					<b>4:36.18</b>	619	-
	50m:	32.08 32.08	150m:	1:42.37 35.61	250m:	2:52.52 35.28	350m:	4:02.43 34.90			
	100m:	1:06.76 34.68	200m:	2:17.24 34.87	300m:	3:27.53 35.01	400m:	4:36.18 33.75			
19.	VADEIKA, Robin		18	WES					<b>4:36.99</b>	613	-
	50m:	31.74 31.74	150m:	1:41.20 35.16	250m:	2:51.57 35.22	350m:	4:02.65 35.74			
	100m:	1:06.04 34.30	200m:	2:16.35 35.15	300m:	3:26.91 35.34	400m:	4:36.99 34.34			
20.	SUN, Victoria		16	MAC					<b>4:37.29</b>	611	-
	50m:	30.89 30.89	150m:	1:39.72 34.74	250m:	2:49.94 35.18	350m:	4:01.72 36.02			
	100m:	1:04.98 34.09	200m:	2:14.76 35.04	300m:	3:25.70 35.76	400m:	4:37.29 35.57			
21.	DREGHICI, Jessica		17	CW					<b>4:38.12</b>	606	-
	50m:	31.74 31.74	150m:	1:42.16 35.57	250m:	2:52.88 35.37	350m:	4:03.92 35.54			
	100m:	1:06.59 34.85	200m:	2:17.51 35.35	300m:	3:28.38 35.50	400m:	4:38.12 34.20			



Summer Ontario Swimming Championships  
Toronto, July 4 - 7, 2024

Event 29, Women, 400m Freestyle, Prelim, 16 years and older

Rank			AGE					Time	FinaPts	Score
22.	HULFORD, Kate S		19	TSC				<b>4:38.32</b>	604	-
	50m:	31.20 31.20	150m:	1:41.22	35.49	250m:	2:52.14	35.27	350m:	4:03.68 35.61
	100m:	1:05.73 34.53	200m:	2:16.87	35.65	300m:	3:28.07	35.93	400m:	4:38.32 34.64
23.	JACQUES, Emma-Lee		18	BTSC				<b>4:38.63</b>	602	-
	50m:	30.93 30.93	150m:	1:40.24	35.06	250m:	2:51.28	35.57	350m:	4:03.48 36.07
	100m:	1:05.18 34.25	200m:	2:15.71	35.47	300m:	3:27.41	36.13	400m:	4:38.63 35.15
24.	BARTOCH, Heidi		19	LAC				<b>4:39.57</b>	596	-
	50m:	32.01 32.01	150m:	1:41.65	34.99	250m:	2:52.49	35.58	350m:	4:04.38 35.99
	100m:	1:06.66 34.65	200m:	2:16.91	35.26	300m:	3:28.39	35.90	400m:	4:39.57 35.19
25.	BROWN, Abbi		16	TBT				<b>4:40.71</b>	589	-
	50m:	32.05 32.05	150m:	1:42.68	35.80	250m:	2:54.51	35.84	350m:	4:05.87 35.43
	100m:	1:06.88 34.83	200m:	2:18.67	35.99	300m:	3:30.44	35.93	400m:	4:40.71 34.84
26.	COBURN, Willow R		16	CW				<b>4:41.61</b>	583	-
	50m:	32.46 32.46	150m:	1:44.64	36.56	250m:	2:56.70	35.60	350m:	4:07.71 35.54
	100m:	1:08.08 35.62	200m:	2:21.10	36.46	300m:	3:32.17	35.47	400m:	4:41.61 33.90
27.	HOCEVAR, Natalie		16	MSSAC				<b>4:41.89</b>	582	-
	50m:	31.36 31.36	150m:	1:41.02	35.22	250m:	2:52.67	35.94	350m:	4:06.99 37.37
	100m:	1:05.80 34.44	200m:	2:16.73	35.71	300m:	3:29.62	36.95	400m:	4:41.89 34.90
28.	TOEWS, Avery E		16	MAC				<b>4:42.06</b>	581	-
	50m:	31.47 31.47	150m:	1:41.02	35.35	250m:	2:52.52	35.65	350m:	4:05.81 36.77
	100m:	1:05.67 34.20	200m:	2:16.87	35.85	300m:	3:29.04	36.52	400m:	4:42.06 36.25
29.	YU, Victoria		16	NKB				<b>4:46.69</b>	553	-
	50m:	31.34 31.34	150m:	1:41.07	35.64	250m:	2:55.17	37.31	350m:	4:10.01 37.59
	100m:	1:05.43 34.09	200m:	2:17.86	36.79	300m:	3:32.42	37.25	400m:	4:46.69 36.68

