

Summer Ontario Swimming Championships
Toronto, July 4 - 7, 2024

Event 29
2024-07-07 - 18:48

Women, 400m Freestyle

Open
Results Finals

Points: AQUA 2024

Rank				AGE				Time	FinaPts	Score		
13 years and younger												
1.	XU, Huini			11	MAC			4:25.61	695	25.00		
	50m:	30.41	30.41	150m:	1:38.07	34.23	250m:	2:46.50	33.93	350m:	3:53.59	32.98
	100m:	1:03.84	33.43	200m:	2:12.57	34.50	300m:	3:20.61	34.11	400m:	4:25.61	32.02
2.	HORNBY, Kaia M			13	BTSC			4:37.76	608	20.00		
	50m:	31.64	31.64	150m:	1:41.86	35.46	250m:	2:52.50	35.42	350m:	4:03.49	35.29
	100m:	1:06.40	34.76	200m:	2:17.08	35.22	300m:	3:28.20	35.70	400m:	4:37.76	34.27
3.	BOURGEOIS, Sierra L			13	TBT			4:42.61	577	15.00		
	50m:	31.90	31.90	150m:	1:42.59	35.72	250m:	2:55.06	36.36	350m:	4:07.74	35.98
	100m:	1:06.87	34.97	200m:	2:18.70	36.11	300m:	3:31.76	36.70	400m:	4:42.61	34.87
4.	ANDREWS, Poppy J			13	TSC			4:46.48	554	14.00		
	50m:	31.96	31.96	150m:	1:43.28	35.84	250m:	2:56.36	36.03	350m:	4:11.02	37.07
	100m:	1:07.44	35.48	200m:	2:20.33	37.05	300m:	3:33.95	37.59	400m:	4:46.48	35.46
5.	TIGERT, Sophie M			13	TSC			4:47.17	550	13.00		
	50m:	32.43	32.43	150m:	1:45.42	36.77	250m:	2:59.06	36.56	350m:	4:11.73	35.85
	100m:	1:08.65	36.22	200m:	2:22.50	37.08	300m:	3:35.88	36.82	400m:	4:47.17	35.44
6.	TRIPP, Helena T			13	KBM			4:48.81	541	12.00		
	50m:	32.16	32.16	150m:	1:45.69	37.27	250m:	2:59.58	36.85	350m:	4:13.15	36.89
	100m:	1:08.42	36.26	200m:	2:22.73	37.04	300m:	3:36.26	36.68	400m:	4:48.81	35.66
7.	GREENAWAY, Molly			12	GSH			4:49.25	538	11.00		
	50m:	32.11	32.11	150m:	1:45.49	36.91	250m:	2:59.59	36.77	350m:	4:13.08	36.39
	100m:	1:08.58	36.47	200m:	2:22.82	37.33	300m:	3:36.69	37.10	400m:	4:49.25	36.17
8.	SHAHI, Elika			13	RHAC			4:49.40	538	10.00		
	50m:	32.39	32.39	150m:	1:44.50	36.51	250m:	2:58.60	37.08	350m:	4:13.51	37.44
	100m:	1:07.99	35.60	200m:	2:21.52	37.02	300m:	3:36.07	37.47	400m:	4:49.40	35.89
14 years												
1.	TOMORY, Zoe			14	LSC			4:29.78	664	30.00		
	50m:	31.09	31.09	150m:	1:39.08	34.33	250m:	2:48.20	34.38	350m:	3:57.43	34.81
	100m:	1:04.75	33.66	200m:	2:13.82	34.74	300m:	3:22.62	34.42	400m:	4:29.78	32.35
2.	COOPER, Isabella			14	LSC			4:31.10	654	25.00		
	50m:	30.95	30.95	150m:	1:38.96	34.41	250m:	2:48.27	34.67	350m:	3:57.55	34.68
	100m:	1:04.55	33.60	200m:	2:13.60	34.64	300m:	3:22.87	34.60	400m:	4:31.10	33.55
3.	RATTEE, Zoe M			14	TSC			4:33.08	640	20.00		
	50m:	30.67	30.67	150m:	1:39.08	34.47	250m:	2:49.02	34.96	350m:	3:58.82	34.66
	100m:	1:04.61	33.94	200m:	2:14.06	34.98	300m:	3:24.16	35.14	400m:	4:33.08	34.26
4.	RYAN, Analise			14	NYAC			4:34.27	632	15.00		
	50m:	30.75	30.75	150m:	1:38.09	34.49	250m:	2:48.34	35.63	350m:	4:00.04	35.78
	100m:	1:03.60	32.85	200m:	2:12.71	34.62	300m:	3:24.26	35.92	400m:	4:34.27	34.23
5.	WARKENTIN, Katherine			14	ESWIM			4:35.91	620	14.00		
	50m:	30.97	30.97	150m:	1:39.70	34.71	250m:	2:49.69	35.30	350m:	4:00.81	35.76
	100m:	1:04.99	34.02	200m:	2:14.39	34.69	300m:	3:25.05	35.36	400m:	4:35.91	35.10



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Event 29, Girls, 400m Freestyle, Final, 14 years

Rank			AGE						Time	FinaPts	Score
6.	STOKLEY, Lauren		14	LAC					4:38.12	606	13.00
	50m:	31.61 31.61	150m:	1:41.03 35.04	250m:	2:52.23 35.71	350m:	4:03.33 35.28			
	100m:	1:05.99 34.38	200m:	2:16.52 35.49	300m:	3:28.05 35.82	400m:	4:38.12 34.79			
7.	YOUNG, Sophia A		14	TSC					4:42.41	578	12.00
	50m:	31.58 31.58	150m:	1:42.79 36.01	250m:	2:54.49 36.01	350m:	4:07.13 36.65			
	100m:	1:06.78 35.20	200m:	2:18.48 35.69	300m:	3:30.48 35.99	400m:	4:42.41 35.28			
8.	AMARAL, Abigail		14	NKB					4:44.25	567	11.00
	50m:	32.00 32.00	150m:	1:44.06 36.30	250m:	2:56.58 36.42	350m:	4:09.10 36.11			
	100m:	1:07.76 35.76	200m:	2:20.16 36.10	300m:	3:32.99 36.41	400m:	4:44.25 35.15			
9.	STOKLEY, Grier		14	LAC					4:44.35	567	10.00
	50m:	31.56 31.56	150m:	1:41.80 35.78	250m:	2:55.37 36.64	350m:	4:08.39 35.98			
	100m:	1:06.02 34.46	200m:	2:18.73 36.93	300m:	3:32.41 37.04	400m:	4:44.35 35.96			
10.	NGUYEN, Jillian		14	MSSAC					4:52.34	521	-
	50m:	32.23 32.23	150m:	1:43.58 36.77	250m:	2:59.29 38.12	350m:	4:16.73 38.46			
	100m:	1:06.81 34.58	200m:	2:21.17 37.59	300m:	3:38.27 38.98	400m:	4:52.34 35.61			

15 years

1.	STEPANOFF, Paige M		15	TSC					4:23.60	711	30.00
	50m:	30.02 30.02	150m:	1:37.32 33.97	250m:	2:45.16 33.39	350m:	3:52.03 33.11			
	100m:	1:03.35 33.33	200m:	2:11.77 34.45	300m:	3:18.92 33.76	400m:	4:23.60 31.57			
2.	TIGERT, Leah L		15	TSC					4:24.92	701	25.00
	50m:	29.71 29.71	150m:	1:36.94 34.09	250m:	2:45.31 33.86	350m:	3:52.58 33.44			
	100m:	1:02.85 33.14	200m:	2:11.45 34.51	300m:	3:19.14 33.83	400m:	4:24.92 32.34			
3.	CABEZAS GARZON, Mariana		15	ESWIM					4:25.50	696	20.00
	50m:	30.77 30.77	150m:	1:38.33 34.47	250m:	2:46.32 33.95	350m:	3:53.68 33.53			
	100m:	1:03.86 33.09	200m:	2:12.37 34.04	300m:	3:20.15 33.83	400m:	4:25.50 31.82			
4.	RUDZKI, Chloe M		15	KBM					4:33.69	636	15.00
	50m:	30.37 30.37	150m:	1:38.65 34.89	250m:	2:48.03 34.72	350m:	3:58.69 35.53			
	100m:	1:03.76 33.39	200m:	2:13.31 34.66	300m:	3:23.16 35.13	400m:	4:33.69 35.00			
5.	THORNE, Claire		15	NEW					4:38.67	602	14.00
	50m:	31.29 31.29	150m:	1:41.59 35.50	250m:	2:53.63 35.96	350m:	4:04.94 34.94			
	100m:	1:06.09 34.80	200m:	2:17.67 36.08	300m:	3:30.00 36.37	400m:	4:38.67 33.73			
6.	SCHEFFEL, Brynn		15	BRANT					4:39.28	598	13.00
	50m:	32.31 32.31	150m:	1:42.18 35.32	250m:	2:53.51 35.66	350m:	4:04.56 35.23			
	100m:	1:06.86 34.55	200m:	2:17.85 35.67	300m:	3:29.33 35.82	400m:	4:39.28 34.72			
7.	BARTON, Edith		15	NKB					4:43.04	575	-
	50m:	32.31 32.31	150m:	1:42.64 35.67	250m:	2:54.77 36.37	350m:	4:07.92 36.51			
	100m:	1:06.97 34.66	200m:	2:18.40 35.76	300m:	3:31.41 36.64	400m:	4:43.04 35.12			
8.	TAHIR, Hailey		15	OAK					4:43.77	570	-
	50m:	32.37 32.37	150m:	1:43.36 35.78	250m:	2:54.90 35.76	350m:	4:07.72 36.31			
	100m:	1:07.58 35.21	200m:	2:19.14 35.78	300m:	3:31.41 36.51	400m:	4:43.77 36.05			
9.	TURTON-SUGDEN, Emma L		15	MMST					4:46.53	554	-
	50m:	32.32 32.32	150m:	1:44.61 36.27	250m:	2:57.78 36.35	350m:	4:11.27 36.52			
	100m:	1:08.34 36.02	200m:	2:21.43 36.82	300m:	3:34.75 36.97	400m:	4:46.53 35.26			



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Event 29, Girls, 400m Freestyle, Final, 15 years

Rank			AGE					Time	FinaPts	Score		
10.	ER, Rosalie		15	ESWIM				4:47.79	547	-		
	50m:	33.34	33.34	150m:	1:46.23	36.99	250m:	2:59.91	37.13	350m:	4:13.45	36.66
	100m:	1:09.24	35.90	200m:	2:22.78	36.55	300m:	3:36.79	36.88	400m:	4:47.79	34.34

16 years and older

1.	LEIGH, Peyton		16	BROCK				4:18.86	751	30.00		
	50m:	29.76	29.76	150m:	1:34.88	32.83	250m:	2:41.09	33.09	350m:	3:47.19	32.88
	100m:	1:02.05	32.29	200m:	2:08.00	33.12	300m:	3:14.31	33.22	400m:	4:18.86	31.67
2.	ORAVSKY, Laila M		17	BTSC				4:19.44	746	25.00		
	50m:	29.75	29.75	150m:	1:34.75	33.00	250m:	2:41.07	33.32	350m:	3:47.59	33.20
	100m:	1:01.75	32.00	200m:	2:07.75	33.00	300m:	3:14.39	33.32	400m:	4:19.44	31.85
3.	SAVA, Helen Anne		18	RAMAC				4:25.00	700	20.00		
	50m:	30.46	30.46	150m:	1:37.26	33.90	250m:	2:45.90	34.44	350m:	3:53.36	33.27
	100m:	1:03.36	32.90	200m:	2:11.46	34.20	300m:	3:20.09	34.19	400m:	4:25.00	31.64
4.	EBLI, Julia A		17	TSC				4:25.10	699	15.00		
	50m:	29.75	29.75	150m:	1:36.14	33.36	250m:	2:43.51	33.69	350m:	3:52.40	34.19
	100m:	1:02.78	33.03	200m:	2:09.82	33.68	300m:	3:18.21	34.70	400m:	4:25.10	32.70
5.	ER, Melissa		17	ESWIM				4:29.98	662	14.00		
	50m:	30.54	30.54	150m:	1:38.46	34.42	250m:	2:48.66	35.21	350m:	3:57.89	34.14
	100m:	1:04.04	33.50	200m:	2:13.45	34.99	300m:	3:23.75	35.09	400m:	4:29.98	32.09
6.	GREAVES, Elizabeth		22	RCAQ				4:31.16	654	13.00		
	50m:	31.18	31.18	150m:	1:38.63	34.04	250m:	2:47.52	34.23	350m:	3:56.87	34.85
	100m:	1:04.59	33.41	200m:	2:13.29	34.66	300m:	3:22.02	34.50	400m:	4:31.16	34.29
7.	TOEWS, Bevin K		16	MAC				4:31.28	653	12.00		
	50m:	31.30	31.30	150m:	1:39.83	34.52	250m:	2:49.10	34.54	350m:	3:57.85	34.52
	100m:	1:05.31	34.01	200m:	2:14.56	34.73	300m:	3:23.33	34.23	400m:	4:31.28	33.43
8.	LJUCKANOV, Lilian		17	WS				4:31.51	651	11.00		
	50m:	30.06	30.06	150m:	1:37.97	34.70	250m:	2:47.78	35.03	350m:	3:57.92	35.09
	100m:	1:03.27	33.21	200m:	2:12.75	34.78	300m:	3:22.83	35.05	400m:	4:31.51	33.59
9.	GONGORA GAYTAN, Daniela		16	OAK				4:34.32	631	10.00		
	50m:	31.12	31.12	150m:	1:39.48	34.60	250m:	2:49.58	35.07	350m:	3:59.80	35.15
	100m:	1:04.88	33.76	200m:	2:14.51	35.03	300m:	3:24.65	35.07	400m:	4:34.32	34.52
10.	SHEMILT, Sydney		20	OAK				4:40.90	588	-		
	50m:	31.71	31.71	150m:	1:41.88	35.48	250m:	2:53.12	35.70	350m:	4:05.65	36.22
	100m:	1:06.40	34.69	200m:	2:17.42	35.54	300m:	3:29.43	36.31	400m:	4:40.90	35.25

