

2024 Winter Ontario Swimming Championships  
Toronto, 29/2 - 3/3/2024

Event 13  
1/3/24 - 9:42

Women, 400m Medley

Open  
Results Prelim

Points: FINA 2024

Rank				AGE				Time	FinaPts	Score		
<b>13 years and younger</b>												
1.	XU, Huini			11	MAC			<b>5:18.04</b>	584	- Q		
	50m:	33.67	33.67	150m:	1:54.12	41.22	250m:	3:20.75	47.07	350m:	4:44.29	36.07
	100m:	1:12.90	39.23	200m:	2:33.68	39.56	300m:	4:08.22	47.47	400m:	5:18.04	33.75
2.	LENO, Alexandra			13	ESWIM			<b>5:24.53</b>	549	- Q		
	50m:	32.96	32.96	150m:	1:58.87	45.10	250m:	3:25.71	44.12	350m:	4:48.07	37.82
	100m:	1:13.77	40.81	200m:	2:41.59	42.72	300m:	4:10.25	44.54	400m:	5:24.53	36.46
3.	CHAI, Lily			12	MAC			<b>5:30.11</b>	522	- Q		
	50m:	35.13	35.13	150m:	2:00.05	43.34	250m:	3:26.67	44.49	350m:	4:51.80	39.23
	100m:	1:16.71	41.58	200m:	2:42.18	42.13	300m:	4:12.57	45.90	400m:	5:30.11	38.31
4.	RUS, Sophie			13	ROW			<b>5:34.91</b>	500	- Q x		
	50m:	33.13	33.13	150m:	1:55.16	43.76	250m:	3:28.21	50.16	350m:	4:57.09	38.75
	100m:	1:11.40	38.27	200m:	2:38.05	42.89	300m:	4:18.34	50.13	400m:	5:34.91	37.82
5.	PALACHIK, Jane J			12	WS			<b>5:36.77</b>	492	- Q x		
	50m:	33.15	33.15	150m:	1:58.13	44.52	250m:	3:30.84	50.50	350m:	5:01.85	39.35
	100m:	1:13.61	40.46	200m:	2:40.34	42.21	300m:	4:22.50	51.66	400m:	5:36.77	34.92
6.	WIELAND, Elena			13	ESWIM			<b>5:37.55</b>	488	- Q x		
	50m:	34.07	34.07	150m:	1:59.59	43.46	250m:	3:30.64	49.28	350m:	4:59.64	39.35
	100m:	1:16.13	42.06	200m:	2:41.36	41.77	300m:	4:20.29	49.65	400m:	5:37.55	37.91
7.	HO, Abigail			12	APEX			<b>5:43.91</b>	462	- Q x		
	50m:	35.21	35.21	150m:	2:01.10	42.90	250m:	3:33.45	47.78	350m:	5:04.69	40.01
	100m:	1:18.20	42.99	200m:	2:45.67	44.57	300m:	4:24.68	51.23	400m:	5:43.91	39.22
8.	HUDACIN, Emily K			13	BBST			<b>5:44.60</b>	459	- Q x		
	50m:	35.48	35.48	150m:	2:03.97	45.11	250m:	3:36.17	48.60	350m:	5:06.37	40.45
	100m:	1:18.86	43.38	200m:	2:47.57	43.60	300m:	4:25.92	49.75	400m:	5:44.60	38.23
9.	GREENAWAY, Molly			12	GSH			<b>5:46.67</b>	451	- Q x		
	50m:	33.94	33.94	150m:	2:02.97	45.94	250m:	3:40.23	51.72	350m:	5:08.26	38.11
	100m:	1:17.03	43.09	200m:	2:48.51	45.54	300m:	4:30.15	49.92	400m:	5:46.67	38.41
10.	KIM, Erin Y			12	DUCKS			<b>5:48.14</b>	445	- Q x		
	50m:	36.15	36.15	150m:	2:07.20	45.17	250m:	3:39.54	48.50	350m:	5:09.18	40.40
	100m:	1:22.03	45.88	200m:	2:51.04	43.84	300m:	4:28.78	49.24	400m:	5:48.14	38.96

**14 years**

1.	XU, Sunny			14	ROW			<b>5:13.89</b>	607	- Q		
	50m:	33.58	33.58	150m:	1:51.10	39.45	250m:	3:17.23	47.40	350m:	4:40.07	35.16
	100m:	1:11.65	38.07	200m:	2:29.83	38.73	300m:	4:04.91	47.68	400m:	5:13.89	33.82
2.	STOKLEY, Grier			14	LAC			<b>5:14.51</b>	604	- Q		
	50m:	31.84	31.84	150m:	1:50.75	41.79	250m:	3:16.13	45.19	350m:	4:38.50	36.34
	100m:	1:08.96	37.12	200m:	2:30.94	40.19	300m:	4:02.16	46.03	400m:	5:14.51	36.01
3.	STOKLEY, Lauren			14	LAC			<b>5:14.99</b>	601	- Q		
	50m:	32.98	32.98	150m:	1:54.18	42.27	250m:	3:17.64	43.03	350m:	4:39.44	37.87
	100m:	1:11.91	38.93	200m:	2:34.61	40.43	300m:	4:01.57	43.93	400m:	5:14.99	35.55

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Event 13, Girls, 400m Medley, Prelim, 14 years

Rank			AGE					Time	FinaPts	Score
4.	HARRISON, Ella A		14	CREST				<b>5:16.50</b>	592	- Q
	50m:	31.82 31.82	150m:	1:49.36 41.12	250m:	3:16.37 47.15	350m:	4:41.07 35.97		
	100m:	1:08.24 36.42	200m:	2:29.22 39.86	300m:	4:05.10 48.73	400m:	5:16.50 35.43		
5.	WARKENTIN, Katherine		14	ESWIM				<b>5:17.45</b>	587	- Q
	50m:	32.05 32.05	150m:	1:54.09 43.90	250m:	3:20.98 44.72	350m:	4:41.84 35.22		
	100m:	1:10.19 38.14	200m:	2:36.26 42.17	300m:	4:06.62 45.64	400m:	5:17.45 35.61		
6.	COOPER, Isabella		14	LSC				<b>5:17.81</b>	585	- Q
	50m:	32.26 32.26	150m:	1:51.93 42.50	250m:	3:19.60 46.11	350m:	4:43.33 37.60		
	100m:	1:09.43 37.17	200m:	2:33.49 41.56	300m:	4:05.73 46.13	400m:	5:17.81 34.48		
7.	LUPTON, Hallie C		14	BBST				<b>5:20.37</b>	571	- Q
	50m:	31.73 31.73	150m:	1:52.18 42.81	250m:	3:20.36 46.17	350m:	4:44.14 37.07		
	100m:	1:09.37 37.64	200m:	2:34.19 42.01	300m:	4:07.07 46.71	400m:	5:20.37 36.23		
8.	TOMORY, Zoe		14	LSC				<b>5:23.65</b>	554	- Q
	50m:	34.13 34.13	150m:	1:52.55 40.07	250m:	3:22.48 50.26	350m:	4:48.04 35.93		
	100m:	1:12.48 38.35	200m:	2:32.22 39.67	300m:	4:12.11 49.63	400m:	5:23.65 35.61		
9.	DU, Le Anne		14	ROW				<b>5:23.96</b>	552	- Q
	50m:	33.93 33.93	150m:	1:52.77 39.71	250m:	3:20.23 48.33	350m:	4:46.39 38.11		
	100m:	1:13.06 39.13	200m:	2:31.90 39.13	300m:	4:08.28 48.05	400m:	5:23.96 37.57		
10.	TAHIR, Hailey		14	OAK				<b>5:25.96</b>	542	- Q x
	50m:	32.53 32.53	150m:	1:53.09 43.53	250m:	3:23.75 48.50	350m:	4:49.67 36.85		
	100m:	1:09.56 37.03	200m:	2:35.25 42.16	300m:	4:12.82 49.07	400m:	5:25.96 36.29		
11.	MCINTOSH, Grace		14	GO				<b>5:35.24</b>	498	- R x
	50m:	34.16 34.16	150m:	2:00.60 46.20	250m:	3:33.13 47.30	350m:	4:58.09 38.40		
	100m:	1:14.40 40.24	200m:	2:45.83 45.23	300m:	4:19.69 46.56	400m:	5:35.24 37.15		
12.	WILLSON, Isabel		14	WAAC				<b>5:40.06</b>	477	- R x
	50m:	35.19 35.19	150m:	2:03.69 44.85	250m:	3:35.96 48.12	350m:	5:02.86 38.93		
	100m:	1:18.84 43.65	200m:	2:47.84 44.15	300m:	4:23.93 47.97	400m:	5:40.06 37.20		
13.	HUYNH, Tu anh		14	GO				<b>5:53.75</b>	424	- x
	50m:	35.14 35.14	150m:	2:06.74 47.51	250m:	3:40.56 47.96	350m:	5:11.99 42.24		
	100m:	1:19.23 44.09	200m:	2:52.60 45.86	300m:	4:29.75 49.19	400m:	5:53.75 41.76		

15 years

1.	CHAI, Amy		15	MAC				<b>5:09.55</b>	633	- Q
	50m:	32.24 32.24	150m:	1:51.07 41.07	250m:	3:14.34 43.19	350m:	4:34.45 36.05		
	100m:	1:10.00 37.76	200m:	2:31.15 40.08	300m:	3:58.40 44.06	400m:	5:09.55 35.10		
2.	YUEN, Abigail		15	NYAC				<b>5:20.20</b>	572	- Q
	50m:	32.53 32.53	150m:	1:52.44 41.32	250m:	3:20.76 46.65	350m:	4:44.07 36.87		
	100m:	1:11.12 38.59	200m:	2:34.11 41.67	300m:	4:07.20 46.44	400m:	5:20.20 36.13		
3.	TURTON-SUGDEN, Emma L		15	MMST				<b>5:24.81</b>	548	- Q x
	50m:	32.63 32.63	150m:	1:52.77 42.34	250m:	3:21.58 47.88	350m:	4:48.75 37.56		
	100m:	1:10.43 37.80	200m:	2:33.70 40.93	300m:	4:11.19 49.61	400m:	5:24.81 36.06		
4.	FERNANDEZ AYANEGUI, Marie (15		15	ESWIM				<b>5:30.51</b>	520	- Q x
	50m:	33.20 33.20	150m:	1:53.95 42.57	250m:	3:25.59 49.79	350m:	4:53.44 38.12		
	100m:	1:11.38 38.18	200m:	2:35.80 41.85	300m:	4:15.32 49.73	400m:	5:30.51 37.07		

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Event 13, Girls, 400m Medley, Prelim, 15 years

Rank			AGE					Time	FinaPts	Score		
5.	WU, Tulia		15	DUCKS				<b>5:34.10</b>	503	- Q x		
	50m:	35.86	35.86	150m:	2:01.39	43.89	250m:	3:30.71	46.57	350m:	4:56.67	38.84
	100m:	1:17.50	41.64	200m:	2:44.14	42.75	300m:	4:17.83	47.12	400m:	5:34.10	37.43
6.	FUKAMACHI-JONES, Nanami P		15	DUCKS				<b>5:34.37</b>	502	- Q x		
	50m:	33.61	33.61	150m:	1:52.54	39.49	250m:	3:25.61	53.55	350m:	4:57.17	38.66
	100m:	1:13.05	39.44	200m:	2:32.06	39.52	300m:	4:18.51	52.90	400m:	5:34.37	37.20

16 years and older

1.	BROUSSEAU, Julie		18	NKB				<b>4:48.23</b>	784	- Q		
	50m:	29.95	29.95	150m:	1:41.87	36.75	250m:	2:59.68	41.66	350m:	4:15.87	33.89
	100m:	1:05.12	35.17	200m:	2:18.02	36.15	300m:	3:41.98	42.30	400m:	4:48.23	32.36
2.	ORAVSKY, Laila M		17	BTSC				<b>4:59.04</b>	702	- Q		
	50m:	30.40	30.40	150m:	1:46.42	40.53	250m:	3:08.05	42.72	350m:	4:25.62	34.48
	100m:	1:05.89	35.49	200m:	2:25.33	38.91	300m:	3:51.14	43.09	400m:	4:59.04	33.42
3.	DREGHICI, Jessica		16	CW				<b>5:05.32</b>	660	20.00 Q		
	50m:	31.61	31.61	150m:	1:48.07	39.38	250m:	3:10.60	43.91	350m:	4:31.48	35.54
	100m:	1:08.69	37.08	200m:	2:26.69	38.62	300m:	3:55.94	45.34	400m:	5:05.32	33.84
4.	NICOLS, Jasmine		17	MAC				<b>5:05.45</b>	659	- Q		
	50m:	30.95	30.95	150m:	1:46.31	39.76	250m:	3:10.14	44.33	350m:	4:30.46	35.95
	100m:	1:06.55	35.60	200m:	2:25.81	39.50	300m:	3:54.51	44.37	400m:	5:05.45	34.99
5.	MULLINS, Keira		17	NKB				<b>5:05.47</b>	659	- Q		
	50m:	31.95	31.95	150m:	1:51.43	41.45	250m:	3:13.22	41.45	350m:	4:32.53	36.07
	100m:	1:09.98	38.03	200m:	2:31.77	40.34	300m:	3:56.46	43.24	400m:	5:05.47	32.94
6.	WANG, Angela Jiachen		16	MAC				<b>5:07.27</b>	647	- Q		
	50m:	31.06	31.06	150m:	1:47.92	41.02	250m:	3:11.11	43.99	350m:	4:32.08	36.24
	100m:	1:06.90	35.84	200m:	2:27.12	39.20	300m:	3:55.84	44.73	400m:	5:07.27	35.19
7.	LEIGH, Peyton		16	BROCK				<b>5:07.94</b>	643	- Q		
	50m:	31.96	31.96	150m:	1:49.79	40.42	250m:	3:15.38	46.96	350m:	4:36.05	34.03
	100m:	1:09.37	37.41	200m:	2:28.42	38.63	300m:	4:02.02	46.64	400m:	5:07.94	31.89
8.	COBURN, Willow R		16	CW				<b>5:08.31</b>	641	- Q		
	50m:	31.10	31.10	150m:	1:48.79	40.48	250m:	3:11.43	43.51	350m:	4:33.18	35.67
	100m:	1:08.31	37.21	200m:	2:27.92	39.13	300m:	3:57.51	46.08	400m:	5:08.31	35.13
9.	VROOM, Taira N		17	BTSC				<b>5:10.57</b>	627	- Q		
	50m:	31.44	31.44	150m:	1:49.88	41.14	250m:	3:15.44	45.60	350m:	4:36.50	35.89
	100m:	1:08.74	37.30	200m:	2:29.84	39.96	300m:	4:00.61	45.17	400m:	5:10.57	34.07
10.	KISSUK, Sophie		17	ESWIM				<b>5:11.64</b>	620	- Q		
	50m:	31.70	31.70	150m:	1:47.79	38.95	250m:	3:13.34	46.46	350m:	4:37.12	36.87
	100m:	1:08.84	37.14	200m:	2:26.88	39.09	300m:	4:00.25	46.91	400m:	5:11.64	34.52
11.	BURTON, Isabelle		16	LAC				<b>5:11.96</b>	619	- R		
	50m:	31.33	31.33	150m:	1:48.20	40.07	250m:	3:12.94	45.04	350m:	4:35.54	36.19
	100m:	1:08.13	36.80	200m:	2:27.90	39.70	300m:	3:59.35	46.41	400m:	5:11.96	36.42
12.	COLQUHOUN, Sydney S		17	BTSC				<b>5:12.80</b>	614	- R		
	50m:	31.31	31.31	150m:	1:48.19	41.21	250m:	3:13.78	46.71	350m:	4:37.42	36.05
	100m:	1:06.98	35.67	200m:	2:27.07	38.88	300m:	4:01.37	47.59	400m:	5:12.80	35.38

2024 Winter Ontario Swimming Championships  
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Event 13, Women, 400m Medley, Prelim, 16 years and older

Rank				AGE				Time	FinaPts	Score	
13.	DELILA, Matthews			17	GGST			<b>5:13.03</b>	612	-	
	50m:	33.84	33.84	150m:	1:51.87	39.21	250m:	3:17.25	46.65	350m: 4:38.64	34.56
	100m:	1:12.66	38.82	200m:	2:30.60	38.73	300m:	4:04.08	46.83	400m: 5:13.03	34.39
14.	DENES, Julia			16	BTSC			<b>5:13.98</b>	607	- X	
	50m:	32.55	32.55	150m:	1:50.73	39.81	250m:	3:16.29	46.50	350m: 4:38.66	35.98
	100m:	1:10.92	38.37	200m:	2:29.79	39.06	300m:	4:02.68	46.39	400m: 5:13.98	35.32
15.	SUN, Victoria			16	MAC			<b>5:14.02</b>	606	- X	
	50m:	33.28	33.28	150m:	1:55.28	42.39	250m:	3:19.16	42.90	350m: 4:39.63	35.72
	100m:	1:12.89	39.61	200m:	2:36.26	40.98	300m:	4:03.91	44.75	400m: 5:14.02	34.39
16.	BROUSSEAU, Merielle			18	NKB			<b>5:17.39</b>	587	- X	
	50m:	31.67	31.67	150m:	1:50.36	40.93	250m:	3:16.65	45.53	350m: 4:40.77	37.85
	100m:	1:09.43	37.76	200m:	2:31.12	40.76	300m:	4:02.92	46.27	400m: 5:17.39	36.62
17.	TOEWS, Avery			16	ESWIM			<b>5:17.82</b>	585	- X	
	50m:	31.73	31.73	150m:	1:50.68	41.08	250m:	3:16.96	46.86	350m: 4:41.94	37.79
	100m:	1:09.60	37.87	200m:	2:30.10	39.42	300m:	4:04.15	47.19	400m: 5:17.82	35.88
18.	YU, Victoria			16	NKB			<b>5:18.96</b>	579	- X	
	50m:	32.56	32.56	150m:	1:52.44	41.60	250m:	3:20.14	46.10	350m: 4:44.74	37.40
	100m:	1:10.84	38.28	200m:	2:34.04	41.60	300m:	4:07.34	47.20	400m: 5:18.96	34.22
19.	LUU, Kaitlyn			16	ESWIM			<b>5:20.95</b>	568	- X	
	50m:	31.35	31.35	150m:	1:49.89	41.22	250m:	3:19.96	49.08	350m: 4:45.39	36.41
	100m:	1:08.67	37.32	200m:	2:30.88	40.99	300m:	4:08.98	49.02	400m: 5:20.95	35.56
20.	OGNEVA, Ekaterina			17	RAMAC			<b>5:21.92</b>	563	- X	
	50m:	35.10	35.10	150m:	1:58.58	42.68	250m:	3:25.28	45.98	350m: 4:46.64	35.90
	100m:	1:15.90	40.80	200m:	2:39.30	40.72	300m:	4:10.74	45.46	400m: 5:21.92	35.28
21.	MOUSTGAARD, Maizie			16	NKB			<b>5:22.09</b>	562	- X	
	50m:	30.27	30.27	150m:	1:47.47	42.02	250m:	3:16.01	48.20	350m: 4:45.57	37.91
	100m:	1:05.45	35.18	200m:	2:27.81	40.34	300m:	4:07.66	51.65	400m: 5:22.09	36.52
22.	PULSIFER, Isla			16	SWOTT			<b>5:22.27</b>	561	- X	
	50m:	31.69	31.69	150m:	1:51.88	41.97	250m:	3:19.87	46.83	350m: 4:45.74	37.50
	100m:	1:09.91	38.22	200m:	2:33.04	41.16	300m:	4:08.24	48.37	400m: 5:22.27	36.53
23.	LUZ, Maria-Fernanda			16	YORK			<b>5:26.12</b>	541	- X	
	50m:	31.95	31.95	150m:	1:51.22	42.42	250m:	3:22.62	49.58	350m: 4:49.67	36.67
	100m:	1:08.80	36.85	200m:	2:33.04	41.82	300m:	4:13.00	50.38	400m: 5:26.12	36.45
24.	MCKINSTRY, Katie			17	TSC			<b>5:30.16</b>	522	- X	
	50m:	31.18	31.18	150m:	1:50.90	42.27	250m:	3:20.71	47.67	350m: 4:50.68	40.74
	100m:	1:08.63	37.45	200m:	2:33.04	42.14	300m:	4:09.94	49.23	400m: 5:30.16	39.48
DSQ	CHRISTIE, Claire			17	GGST			<b>5:11.35</b>		-	
	50m:	31.55	31.55	150m:	1:47.74	39.81	250m:	3:13.45	44.94	350m: 4:36.67	34.45
	100m:	1:07.93	36.38	200m:	2:28.51	40.77	300m:	4:02.22	48.77	400m: 5:11.35	34.68
DSQ	BROPHY, Fiona M			16	CPWD			<b>5:28.78</b>		- X	
	50m:	32.64	32.64	150m:	1:54.95	43.10	250m:	3:25.00	47.60	350m: 4:50.88	38.01
	100m:	1:11.85	39.21	200m:	2:37.40	42.45	300m:	4:12.87	47.87	400m: 5:28.78	37.90