

2024 Winter Ontario Swimming Championships
Toronto, 29/2 - 3/3/2024

Event 29
3/3/24 - 18:31

Women, 400m Freestyle

Open
Results Finals

Points: FINA 2024

Rank			AGE			Time	FinaPts	Score				
13 years and younger												
1.	XU, Huini		11	MAC		4:30.45	659	30.00				
	<i>Potential Provincial Record</i>											
	50m:	31.07	31.07	150m:	1:39.94	34.49	250m:	2:49.18	34.63	350m:	3:57.97	33.98
	100m:	1:05.45	34.38	200m:	2:14.55	34.61	300m:	3:23.99	34.81	400m:	4:30.45	32.48
2.	RATTEE, Zoe M		13	TSC		4:33.30	638	25.00				
	50m:	30.90	30.90	150m:	1:40.08	34.69	250m:	2:49.78	34.59	350m:	3:59.72	34.71
	100m:	1:05.39	34.49	200m:	2:15.19	35.11	300m:	3:25.01	35.23	400m:	4:33.30	33.58
3.	HORNBY, Kaia M		12	BTSC		4:37.17	612	20.00				
	50m:	31.13	31.13	150m:	1:40.30	34.50	250m:	2:50.92	35.59	350m:	4:02.51	35.77
	100m:	1:05.80	34.67	200m:	2:15.33	35.03	300m:	3:26.74	35.82	400m:	4:37.17	34.66
4.	BOURGEOIS, Sierra L		13	TBT		4:44.64	565	15.00				
	50m:	31.23	31.23	150m:	1:42.91	36.55	250m:	2:56.38	36.48	350m:	4:10.52	37.05
	100m:	1:06.36	35.13	200m:	2:19.90	36.99	300m:	3:33.47	37.09	400m:	4:44.64	34.12
5.	LENO, Alexandra		13	ESWIM		4:44.90	563	14.00				
	50m:	31.54	31.54	150m:	1:42.58	36.04	250m:	2:55.66	37.02	350m:	4:08.98	36.78
	100m:	1:06.54	35.00	200m:	2:18.64	36.06	300m:	3:32.20	36.54	400m:	4:44.90	35.92
6.	TIGERT, Sophie M		13	TSC		4:48.60	542	13.00				
	50m:	32.72	32.72	150m:	1:45.22	36.50	250m:	2:59.20	36.59	350m:	4:12.77	36.88
	100m:	1:08.72	36.00	200m:	2:22.61	37.39	300m:	3:35.89	36.69	400m:	4:48.60	35.83
7.	RANDALL HALL, Brianne		13	GMAC		4:51.89	524	- x				
	50m:	32.48	32.48	150m:	1:44.97	36.69	250m:	2:59.97	37.40	350m:	4:15.48	37.60
	100m:	1:08.28	35.80	200m:	2:22.57	37.60	300m:	3:37.88	37.91	400m:	4:51.89	36.41
8.	TRIPP, Helena T		13	KBM		4:55.89	503	- x				
	50m:	32.64	32.64	150m:	1:46.80	37.68	250m:	3:03.42	38.27	350m:	4:19.19	37.78
	100m:	1:09.12	36.48	200m:	2:25.15	38.35	300m:	3:41.41	37.99	400m:	4:55.89	36.70
9.	HAO, Sarah L		13	TSC		4:57.54	495	- x				
	50m:	32.76	32.76	150m:	1:47.98	38.06	250m:	3:04.46	38.59	350m:	4:20.71	38.14
	100m:	1:09.92	37.16	200m:	2:25.87	37.89	300m:	3:42.57	38.11	400m:	4:57.54	36.83
10.	SHAHI, Elika		13	RHAC		4:59.84	483	- x				
	50m:	33.38	33.38	150m:	1:47.62	37.51	250m:	3:04.95	39.06	350m:	4:22.82	39.07
	100m:	1:10.11	36.73	200m:	2:25.89	38.27	300m:	3:43.75	38.80	400m:	4:59.84	37.02

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Event 29, Women, 400m Freestyle, Final

14 years

1.	STEPANOFF, Paige M	14	TSC	4:28.56	673	25.00
	50m: 29.64	29.64	150m: 1:37.79	34.56	250m: 2:46.80	34.25
	100m: 1:03.23	33.59	200m: 2:12.55	34.76	300m: 3:21.33	34.53
					350m: 3:55.62	34.29
					400m: 4:28.56	32.94
2.	HARRISON, Ella A	14	CREST	4:30.40	659	20.00
	50m: 30.31	30.31	150m: 1:37.95	34.18	250m: 2:47.08	34.42
	100m: 1:03.77	33.46	200m: 2:12.66	34.71	300m: 3:21.87	34.79
					350m: 3:56.47	34.60
					400m: 4:30.40	33.93
3.	COOPER, Isabella	14	LSC	4:35.91	620	15.00
	50m: 31.46	31.46	150m: 1:41.02	35.29	250m: 2:52.39	35.62
	100m: 1:05.73	34.27	200m: 2:16.77	35.75	300m: 3:27.99	35.60
					350m: 4:02.74	34.75
					400m: 4:35.91	33.17
4.	STOKLEY, Lauren	14	LAC	4:35.94	620	14.00
	50m: 31.56	31.56	150m: 1:40.91	35.18	250m: 2:51.84	35.42
	100m: 1:05.73	34.17	200m: 2:16.42	35.51	300m: 3:27.29	35.45
					350m: 4:02.21	34.92
					400m: 4:35.94	33.73
5.	RYAN, Analise	14	NYAC	4:38.27	605	13.00
	50m: 31.00	31.00	150m: 1:41.20	35.92	250m: 2:52.45	35.72
	100m: 1:05.28	34.28	200m: 2:16.73	35.53	300m: 3:28.24	35.79
					350m: 4:03.64	35.40
					400m: 4:38.27	34.63
6.	WARKENTIN, Katherine	14	ESWIM	4:39.51	597	12.00
	50m: 30.66	30.66	150m: 1:39.20	34.89	250m: 2:50.93	36.36
	100m: 1:04.31	33.65	200m: 2:14.57	35.37	300m: 3:26.91	35.98
					350m: 4:03.65	36.74
					400m: 4:39.51	35.86
7.	TAHIR, Hailey	14	OAK	4:46.24	556	- x
	50m: 31.89	31.89	150m: 1:43.02	36.32	250m: 2:55.63	36.55
	100m: 1:06.70	34.81	200m: 2:19.08	36.06	300m: 3:32.73	37.10
					350m: 4:09.87	37.14
					400m: 4:46.24	36.37
8.	KLAKOV, Pola	14	NEW	4:48.00	545	- x
	50m: 31.86	31.86	150m: 1:44.17	36.72	250m: 2:57.92	36.74
	100m: 1:07.45	35.59	200m: 2:21.18	37.01	300m: 3:35.09	37.17
					350m: 4:11.89	36.80
					400m: 4:48.00	36.11
9.	AMARAL, Abigail	14	NKB	4:49.47	537	- x
	50m: 32.39	32.39	150m: 1:44.30	36.68	250m: 2:58.87	37.35
	100m: 1:07.62	35.23	200m: 2:21.52	37.22	300m: 3:36.31	37.44
					350m: 4:13.48	37.17
					400m: 4:49.47	35.99

15 years

1.	TIGERT, Leah L	15	TSC	4:26.83	686	30.00
	50m: 29.83	29.83	150m: 1:36.60	33.92	250m: 2:44.50	33.86
	100m: 1:02.68	32.85	200m: 2:10.64	34.04	300m: 3:19.04	34.54
					350m: 3:53.16	34.12
					400m: 4:26.83	33.67
2.	CABEZAS GARZON, Mariana	15	ESWIM	4:30.21	661	25.00
	50m: 30.70	30.70	150m: 1:38.64	34.69	250m: 2:47.88	34.90
	100m: 1:03.95	33.25	200m: 2:12.98	34.34	300m: 3:23.02	35.14
					350m: 3:57.69	34.67
					400m: 4:30.21	32.52
3.	THOMAS, Mia	15	ESWIM	4:30.29	660	20.00
	50m: 30.34	30.34	150m: 1:37.97	34.24	250m: 2:47.20	34.93
	100m: 1:03.73	33.39	200m: 2:12.27	34.30	300m: 3:22.34	35.14
					350m: 3:57.16	34.82
					400m: 4:30.29	33.13
4.	THORNE, Claire	15	NEW	4:38.08	606	15.00
	50m: 32.26	32.26	150m: 1:41.95	35.14	250m: 2:53.28	35.54
	100m: 1:06.81	34.55	200m: 2:17.74	35.79	300m: 3:29.28	36.00
					350m: 4:04.33	35.05
					400m: 4:38.08	33.75
5.	OPARA, Adaora I	15	MAC	4:39.69	596	14.00
	50m: 31.85	31.85	150m: 1:41.69	34.87	250m: 2:54.11	36.31
	100m: 1:06.82	34.97	200m: 2:17.80	36.11	300m: 3:30.83	36.72
					350m: 4:06.27	35.44
					400m: 4:39.69	33.42

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Event 29, Girls, 400m Freestyle, Final, 15 years

Rank			AGE					Time	FinaPts	Score		
6.	BARTON, Edith		15	NKB				4:40.17	592	13.00		
	50m:	32.40	32.40	150m:	1:42.86	35.72	250m:	2:54.16	35.52	350m:	4:05.86	35.64
	100m:	1:07.14	34.74	200m:	2:18.64	35.78	300m:	3:30.22	36.06	400m:	4:40.17	34.31
7.	SCHEFFEL, Brynn		15	BRANT				4:40.25	592	12.00		
	50m:	31.92	31.92	150m:	1:42.10	35.30	250m:	2:53.84	35.69	350m:	4:05.54	35.57
	100m:	1:06.80	34.88	200m:	2:18.15	36.05	300m:	3:29.97	36.13	400m:	4:40.25	34.71
8.	TURTON-SUGDEN, Emma L		15	MMST				4:43.34	573	- x		
	50m:	32.15	32.15	150m:	1:43.67	36.03	250m:	2:56.84	36.74	350m:	4:09.74	36.29
	100m:	1:07.64	35.49	200m:	2:20.10	36.43	300m:	3:33.45	36.61	400m:	4:43.34	33.60
9.	BROWN, Abbi		15	TBT				4:44.49	566	- x		
	50m:	32.00	32.00	150m:	1:43.49	36.13	250m:	2:56.17	36.42	350m:	4:09.32	36.43
	100m:	1:07.36	35.36	200m:	2:19.75	36.26	300m:	3:32.89	36.72	400m:	4:44.49	35.17
10.	FERNANDEZ AYANEGUI, Marie		15	ESWIM				4:52.86	519	- x		
	50m:	31.85	31.85	150m:	1:43.93	36.60	250m:	2:58.90	37.63	350m:	4:15.59	38.32
	100m:	1:07.33	35.48	200m:	2:21.27	37.34	300m:	3:37.27	38.37	400m:	4:52.86	37.27

16 years and older

1.	LEIGH, Peyton		16	BROCK				4:20.68	736	30.00		
	50m:	29.76	29.76	150m:	1:35.78	33.45	250m:	2:42.90	33.68	350m:	3:48.91	32.62
	100m:	1:02.33	32.57	200m:	2:09.22	33.44	300m:	3:16.29	33.39	400m:	4:20.68	31.77
2.	ORAVSKY, Laila M		17	BTSC				4:21.41	730	25.00		
	50m:	29.35	29.35	150m:	1:33.33	32.39	250m:	2:40.27	33.58	350m:	3:48.02	33.84
	100m:	1:00.94	31.59	200m:	2:06.69	33.36	300m:	3:14.18	33.91	400m:	4:21.41	33.39
3.	VROOM, Taira N		17	BTSC				4:26.87	686	20.00		
	50m:	29.63	29.63	150m:	1:36.18	33.81	250m:	2:44.58	34.19	350m:	3:53.13	34.02
	100m:	1:02.37	32.74	200m:	2:10.39	34.21	300m:	3:19.11	34.53	400m:	4:26.87	33.74
4.	TOEWS, Bevin		16	ESWIM				4:29.33	667	15.00		
	50m:	29.95	29.95	150m:	1:37.08	34.01	250m:	2:46.21	34.35	350m:	3:55.57	34.60
	100m:	1:03.07	33.12	200m:	2:11.86	34.78	300m:	3:20.97	34.76	400m:	4:29.33	33.76
5.	LJUCKANOV, Lilian		16	WS				4:29.66	665	14.00		
	50m:	30.04	30.04	150m:	1:37.09	34.25	250m:	2:46.25	34.73	350m:	3:55.65	34.75
	100m:	1:02.84	32.80	200m:	2:11.52	34.43	300m:	3:20.90	34.65	400m:	4:29.66	34.01
6.	ER, Melissa		17	ESWIM				4:30.62	658	13.00		
	50m:	30.38	30.38	150m:	1:38.77	34.60	250m:	2:48.61	34.59	350m:	3:58.94	34.75
	100m:	1:04.17	33.79	200m:	2:14.02	35.25	300m:	3:24.19	35.58	400m:	4:30.62	31.68
7.	GONGORA GAYTAN, Daniela		16	OAK				4:30.65	657	12.00		
	50m:	30.71	30.71	150m:	1:38.02	34.13	250m:	2:47.15	34.60	350m:	3:57.08	34.92
	100m:	1:03.89	33.18	200m:	2:12.55	34.53	300m:	3:22.16	35.01	400m:	4:30.65	33.57
8.	SUN, Victoria		16	MAC				4:36.09	619	- x		
	50m:	31.06	31.06	150m:	1:38.58	34.29	250m:	2:48.97	35.31	350m:	4:00.64	35.99
	100m:	1:04.29	33.23	200m:	2:13.66	35.08	300m:	3:24.65	35.68	400m:	4:36.09	35.45
9.	CHAMBERS, Jacqueline		17	LAC				4:40.71	589	- x		
	50m:	30.91	30.91	150m:	1:39.98	35.05	250m:	2:51.89	36.18	350m:	4:04.54	36.17
	100m:	1:04.93	34.02	200m:	2:15.71	35.73	300m:	3:28.37	36.48	400m:	4:40.71	36.17

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Event 29, Women, 400m Freestyle, Final, 16 years and older

Rank			AGE					Time	FinaPts	Score		
10.	HOCEVAR, Natalie		16	MSSAC				4:45.23	561	- x		
	50m:	31.52	31.52	150m:	1:41.84	35.90	250m:	2:55.48	36.98	350m:	4:09.33	36.53
	100m:	1:05.94	34.42	200m:	2:18.50	36.66	300m:	3:32.80	37.32	400m:	4:45.23	35.90